

# **Physical Providers 2024–2025**

Updated: 9/3/24

You must have your Physical Authorization Form with you to receive a renewal physical. The MVA and MCPS require a **ONE-YEAR** DOT card. Please see your depot secretary if your physical is due and you have not received a physical authorization form. You may only visit one of the MCPS-approved providers below.

It is **YOUR** responsibility to submit your updated DOT card to the MVA. You may use the myMVA eServices portal at: <https://mymva.maryland.gov/TAP/IND/>

## **Briggs Chaney Clinic**

13823 Outlet Drive  
Silver Spring, Maryland 20904  
P: 301-890-8000 | Fax: 301-890-1485  
Monday–Friday 9:00 a.m.–7:00 p.m.  
Saturday & Sunday 9:00 a.m.–5:00 p.m.  
Holidays 10:00 a.m.–4:00 p.m.

## **Frederick Health Employer Solutions**

490-L Prospect Blvd  
Frederick, MD 21701  
P: 240-566-3001 | F: 240-566-3003  
Monday–Friday 7:00 a.m.–5:00 p.m.

## **Carroll Occupational Health (Westminster)**

700 B Corporate Center Ct  
Westminster, MD 21157  
P: 410-871-0470 | F: 410-871-0743  
Monday–Friday 7:00 a.m.–5:00 p.m.

## **Tru Health Now (formerly Medical Access)**

12321 Middlebrook Drive #101  
Germantown, Maryland 20874  
P: 301-428-1070 | F: 301-428-3192  
Monday–Friday 8:00 a.m.–8:00 p.m.  
Saturday & Sunday 8:00 a.m.–4:00 p.m.

Please note: You **CANNOT** drive for MCPS with an **expired** DOT card. If you have existing medical conditions, take a letter from your primary care physician when you go for your DOT physical examination. Examples would be a heart condition, diabetes, high blood pressure, etc.