## Breakfast Items Offered Every Day

<table>
<thead>
<tr>
<th>Item</th>
<th>Calories</th>
<th>Carbs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Belgian Waffle w/ Syrup</td>
<td>200</td>
<td>35</td>
</tr>
<tr>
<td>Mini Pancakes w/ Syrup</td>
<td>200</td>
<td>35</td>
</tr>
<tr>
<td>Chicken Biscuit WG Sandwich</td>
<td>250</td>
<td>31</td>
</tr>
<tr>
<td>Turkey Ham+ &amp; Cheese on a Hawaiian Bun</td>
<td>270</td>
<td>30</td>
</tr>
</tbody>
</table>

## Lunch

### Monday
- **03/01**
  - Cheese Pizza: 320/330
  - Assorted Fresh Veggies w/ Ranch: 14/55

### Tuesday
- **03/02**
  - BBQ Pulled Chicken Sandwich w/ Corn & Green Beans: 359, 58
  - Tossed Salad w/ Ranch: 20/55, 4/3

### Wednesday
- **03/03**
  - Cheese Lasagna w/ Marinara Sauce & Roll: 259, 39
  - Spinach Romaine and Craisin Salad w/ Spinach Dressing: 64, 13

### Thursday
- **03/04**
  - Chicken Nuggets^ w/ Cheesy Spinach & Roll: 386, 34
  - BBQ Beef Sandwich w/ Corn & Green Beans: 375, 44

### Friday
- **03/05**
  - Turkey & Gravy w/ Sweet Potatoes, Green Beans & Corn: 229, 23
  - Baby Carrots w/Ranch: 80, 15

- **03/06**
  - Cheese Lasagna w/ Marinara Sauce & Roll: 259, 39
  - Spinach Romaine and Craisin Salad w/ Spinach Dressing: 64, 13

- **03/07**
  - Chicken Nuggets^ w/ Blueberry Bread: 482, 46
  - Assorted Fresh Veggies w/ Ranch: 14/55, 3/3

- **03/08**
  - Baby Carrots w/Ranch: 80, 15
  - Spinach Romaine and Craisin Salad w/ Spinach Dressing: 64, 13

- **03/09**
  - Assorted Fresh Veggies w/ Ranch: 14/55, 3/3

### Spring Break - March 25-29, 2024

### Holiday
- **04/01**
  - Chicken Walking Taco w/ Corn & Walking Taco Corn Chips: 206, 23

- **04/02**
  - Chik’n Parmesan^ w/ Penne Pasta & Roll: 413, 59

- **04/03**
  - Chicken Nuggets^ w/ Cheesy Spinach & Roll: 386, 34

- **04/04**
  - Spinach Romaine and Craisin Salad w/ Spinach Dressing: 64, 13

- **04/05**
  - Chicken Nuggets^ w/ Seasoned Potatoes: 380, 41

## Menu Key
- Cal = Calories
- Carb = Carbohydrates
- ~Beef
- ^Vegan
- WG = Whole Grain

This institution is an equal opportunity provider.