

Wellness Initiatives Deadline for 2027 Will Be Here Soon

An important deadline is coming up Friday, October 2, 2026.

The Montgomery County Public Schools (MCPS) Wellness Initiatives program offers incentives that can help reduce your health insurance costs for 2027 and beyond. If you are enrolled in an MCPS-provided medical insurance plan, complete both a biometric health screening and your insurance provider's online health risk assessment by October 2, 2026—and yearly thereafter—to take advantage of the premium cost reductions.

How do you earn the incentives?

- Earn a 1 percent premium cost share reduction by completing a biometric health screening. You can do this by seeing your doctor for an annual physical or, if you are a Cigna member, visiting a Quest Patient Services Center.
- Earn an additional 1 percent reduction by completing your medical plan's health risk assessment on its website.

Kaiser Permanente members: Be sure to log in to your incentive portal to consent to participate in the program. Without your consent, your information will not be reported.

Take the Wellness Initiative! [Learn more](#).