

Retiring This Year? Complete Your Wellness Initiatives *After* You Retire and *After* You Are Covered by a Retiree Medical Plan

In addition to employees, the Wellness Initiatives program is available to retirees who are not yet eligible for Medicare. If you plan to participate in the program for 2027 as a retiree, there are a couple of things you need to know.

To participate in Wellness Initiatives in 2027 and reduce your share of your health insurance premiums, you must complete a biometric health screening and health risk assessment after you have retired and have enrolled in a retiree medical plan. You are required to complete the screening and assessment no later than **October 2, 2026**. These requirements apply even if you already completed them for 2027 while you were still an active employee.

Employee and retiree insurance benefits are administered separately. As a result, any biometric health screening or health risk assessment completed while you were employed by Montgomery County Public Schools will not count toward the Wellness Initiatives incentives once you retire.

Important note for 10-month employees retiring July 1, August 1, or September 1, 2026: You will need to complete your screening and assessment for 2027 on October 1 or October 2, 2026. This is because your retiree medical plan will not be effective until October 1, 2026. To find out how, visit the [Wellness Initiatives for Retirees web page](#).