Your Benefits at a Glance

The chart below is a brief overview of your benefit options for 2026. For more information, refer to the appropriate section in this benefits summary.

Benefit	Your Options
Protecting Your Health	
Medical	
Open Access Plus Health Plans	 Cigna Open Access Plus (OAP) with Preferred Care Management Cigna Open Access Plus (OAP) without Preferred Care Management
Health Maintenance Organizations (HMO Health Plans	 Cigna Open Access Plus In-Network (OAPIN) with Preferred Care Management Cigna Open Access Plus In-Network (OAPIN) without Preferred Care Management Kaiser Permanente HMO
Prescription Drug	 CVS Caremark Prescription Drug (only available to Cigna plan participants) Kaiser Permanente Prescription Drug (only available to Kaiser Permanente plan participants)
Dental	CareFirst Preferred Dental Plan (PPO)
	Aetna Dental Maintenance Organization (DMO)
	Kaiser Permanente Preventive Dental Coverage
	(included in medical plan; available only to Kaiser Permanente medical plan participants)
Vision	Davis Vision (provided through CareFirst)
	Kaiser Permanente Vision Plan (included in medical plan; available only to Kaiser Permanente medical plan participants)
Wellness Initiatives	Health Risk Assessments
	Biometric Health Screenings
Protecting Your Income	
Flexible Spending Accounts	Medical spending account (up to \$3,300/year)
	Dependent care account (up to \$5,000/year or \$2,500/year if filing separately)
Basic Term Life Insurance	MetLife—
	Employee (83 percent paid by MCPS)—2 times annual salary
	Dependent (paid by MCPS)—\$2,000/spouse, \$1,000/each eligible dependent child
	up to age 23
Optional Life Insurance	MetLife—
	Employee—1 times annual salary (paid by employee)
	Dependent—\$10,000/spouse or each eligible dependent child (paid by employee)
Protecting Your Future	FILE V
Defined Contribution Plans	Fidelity—You can elect a percentage of your gross bi-weekly pay or a flat dollar
403(b) Tax Sheltered Savings Plan	amount to contribute to one or both plans up to annual Internal Revenue Service
457(b) Deferred Compensation Plan	(IRS) limits (available at www.netbenefits.com/mcps)
Defined Benefit Pension Plans	By completing the appropriate forms, you are enrolled in state and/or county-sponsored pension plans.