

DEPARTMENT OF EARLY CHILDHOOD,
FEDERAL AND SPECIAL PROGRAMS
Prekindergarten/Head Start

2026-2027

EARLY CHILDHOOD COMMUNITY RESOURCE GUIDE





VALUES

*Learning
Respect
Relationships
Excellence
Equity*

VISION

Future Ready

All students will graduate ready to thrive in a changing world—with the knowledge, skills, and confidence necessary to lead, adapt, and make a positive impact in their communities and beyond.

MISSION

To Unleash Potential

All students will receive a solid academic foundation, grounded in strong critical thinking skills, with opportunities to enhance and enrich their learning. All students will develop resilience, be adaptable, and have a lifelong passion for learning. All students will become effective communicators and collaborators predicated on meaningful relationships. All students will make a positive impact in their community and be ready for success in their personal and professional life.

Board of Education

Ms. Grace Rivera-Oven
President

Ms. Brenda Wolff
Vice President

Ms. Rita Montoya

Ms. Karla Silvestre

Mrs. Laura Stewart

Ms. Julie Yang

Ms. Natalie Zimmerman

Mr. Leul Dawit
Student Member

Montgomery County Public Schools

Thomas W. Taylor, Ed.D., M.B.A.
Superintendent of Schools

15 West Gude Drive
Rockville, Maryland 20850
www.montgomeryschoolsmd.org

Prekindergarten/Head Start Programs 2026–2027 Early Childhood Community Resource Guide

Department of Early Childhood, Federal and Special Programs
Prekindergarten/Head Start
Telephone: 240-740-4530

Table of Contents

24-Hour Emergency and Hotline Numbers	1
Important Phone Numbers and Information	1
Emergency Radio Stations	1
Regional Services Centers	1
Abuse.....	3
Adult Education, Employment, ESOL, and Literacy Services	3
Child Care.....	4
Crisis.....	4
Early Childhood Education/Child Development Programs	4
Emergency Financial Assistance.....	5
Family Support Services.....	6
Financial Counseling, Tax Preparation, and Small Business Services	6
Food, Clothing, and Furniture	7
Health Insurance/Coverage	8
Health Services.....	9
Housing	10
Immigration and Multicultural Services	11
Legal Services/Court Advocacy/Mediation	12
Mental Health	13
Missing and Exploited Children.....	14
Parenting/Parent Education	15
Pregnancy and Women’s Health	15
Registers.....	15
Senior Citizens	15
Social Security Administration	15
Social Services.....	16
Substance Abuse	16
Transportation	16
Unemployment	16
Utility Payments	16
Youth Support Programs	17

24-Hour Emergency and Hotline Numbers

Emergencies: Fire/Rescue, Police	911 (Voice / TTY)
Rape/Sexual Assault Victim Crisis Line	240-777-4357
Spouse Abuse/Abused Persons Crisis Line	240-777-4673
Child Welfare Services	240-777-4417
Aging and Disability Resource Unit	240-777-3000
Montgomery County Crisis Hotline, EveryMind	301-738-2255
Montgomery County Youth Crisis Hotline, EveryMind	301-738-9697
Maryland Crisis Hotline	1-800-422-0009
National Suicide Prevention Helpline	988 or 1-800-SUICIDE (784-2433)
Poison Control Center	1-800-222-1222
Montgomery County Crisis Center	240-777-4000, TTY: 240-777-4815
Montgomery County Emergency Management	240-777-2300

Important Phone Numbers and Information

Montgomery County Customer Service Center	311
Police Nonemergency	301-279-8000 (Voice / TTY)
Fire Nonemergency	240-683-6520
Potomac Edison Energy Company	1-800-544-4877
American Red Cross	301-588-2515 or MD Relay at 711
Verizon Telephone Repair	1-800-837-4966
Baltimore Gas and Electric (BG&E)	1-800-685-0123
PEPCO (to report outages or downed wires)	1-877-737-2662
Washington Gas (to report leaks or emergencies)	1-800-752-7520 or 703-750-1400
WSSC (24 hrs.) Maintenance	301-206-4002

Emergency Radio Stations

WMAL	630 AM & 105.9 FM	WTOP	103.5 FM
WAMU	88.5 FM	WASH	97.1 FM
WMZQ	98.7 FM	WBIG	100.3 FM
WTNT	730 AM & 94.9 FM		

Regional Services Centers

Bethesda-Chevy Chase Regional Services Center

4805 Edgemoor Lane
Bethesda, Maryland
240-777-8200, TTY: 240-777-8212

Customer Service Center, Montgomery County

311 or 240-777-0311

East County Regional Services Center

3300 Briggs Chaney Road
Silver Spring, Maryland
240-777-8400, TTY: 240-777-2545

Mid-County Regional Services Center

2425 Reedie Drive
Wheaton, Maryland
240-777-8101, TTY: 240-777-2545

Silver Spring Regional Center

One Veterans Place
Silver Spring, Maryland
240-777-5300 or 5301, TTY: 1-800-735-2258

Upcounty Regional Services Center

12900 Middlebrook Road, Suite 1000
Germantown, Maryland
240-777-8000, TTY: 240-777-8002

Takoma East Silver Spring Center (TESS)

8703 Flower Avenue
Silver Spring, Maryland
240-773-8260

Abuse

Crisis Hotlines

See page 1 for listings of 24-hour emergency and hotline numbers.

Abused Persons Program—240-777-4195

1301 Piccard Drive, Rockville
Crisis intervention, shelter, support, and advocacy for persons who are physically or emotionally abused. Counseling also provided for abusers. Services in Spanish are available. Services are for Montgomery County residents only.

Aging and Disability Services

Adult Protective Services—240-777-3000

401 Hungerford Drive, Rockville
Assessment, case management, and investigative services for vulnerable/disabled adults. 24-hour line, seven days a week.

Child Welfare Services—240-777-4417

1301 Piccard Drive, Rockville
Responds to reports of suspected abuse or neglect, 24 hours a day, seven days a week.

Family Justice Center—240-773-0444

Free coordinated support for families experiencing domestic violence including advocacy, legal services, counseling and basic needs assistance. Walk-ins welcome.

The Tree House—240-777-4699

7300 Calhoun Place, Suite 500, Rockville
Child assessment center for victims of abuse (physical/sexual) and/or neglect. Medical, mental health, forensic interviewing, and advocacy services.

Victim Assistance and Sexual Assault Program—240-777-1355

1301 Piccard Drive, Rockville
Rape crisis services, crisis counseling, crime victim counseling, hospital outreach for rape and sexual assault victims, victim assistance, individual and family counseling, advocacy, and assistance in obtaining crime compensation funds.
Crisis Line—240-777-4357

Adult Education, Employment, English for Speakers of Other Languages (ESOL), and Literacy Services

A Wider Circle—301-608-3504

9159 Brookville Road, Silver Spring
Job preparedness and wellness workshops.

Career Catchers—240-801-5811 x8

8720 Georgia Avenue, Suite 205, Silver Spring and
640 E. Diamond Avenue, Suite C, Gaithersburg
Employment counseling, skills training, mentoring, and workshops.

CASA of Maryland

734 University Boulevard East, Silver Spring—249-491-5754
14645 Rothgeb Drive, Rockville—240-491-5780
11425 Grandview Avenue, Silver Spring—301-933-4461
English classes, citizenship classes, and other computer and vocational skills training.

Gilchrist Immigrant Resource Center

11002 Veirs Mill Road, Suite 506, Wheaton, 240-777-4941
3300 Briggs Chaney Road, Silver Spring
240-777-8406
18330 Montgomery Village Avenue, Gaithersburg
240-777-4960

ESOL classes, citizenship and civic classes, multilingual computer classes, and seminars on small-business development and cultural programs.

Comunidad de Habla Hispana (Spanish-Speaking Community)—301-587-7217

8545 Piney Branch Road, Suite B, Silver Spring
Assists the Hispanic community in finding permanent employment. Provides individual counseling, immigration services, employment workshops, job development, referrals, and follow-up contact after job placement.

Division of Rehabilitation Services (DORS)—301-949-3750

11002 Viers Mill Road, Suite 605, Wheaton
Career assessment, testing, training, work experience, job placement, and follow-up for those with a substantial physical or mental health condition.
www.dors.maryland.gov

Ed Bohrer Parent Resource Center by JSSA—301-788-9879

35 North Summit Avenue, Gaithersburg
Adult education, parenting, and family support services.

Goodwill Industries/Job Training and Education—202-636-4225

2200 S. Dakota Avenue, N.W., Washington, D.C.
Job training for people with disabilities. Store hours:
Monday–Friday, 9:00 a.m.–5:00 p.m. Located on Metro bus line.

Language Outreach Program, Community Reach of Montgomery County—301-251-2136

Literacy and English classes.

Contact: Cecilia Rojas. crojas@cmrocks.org

Literacy Council of Montgomery County—240-665-0471

21 Maryland Avenue, Suite 320, Rockville

E-mail at info@lcmcmd.org website: www.lcmcmd.org

org. Individual tutoring for adults in ESOL, reading, and writing.

Montgomery Coalition for Adult English Literacy (MCAEL)—301-881-1338

Comprehensive listing of ESOL classes in the County
www.mcael.org

Montgomery College, Adult Education

Department—240-567-8950

900 Hungerford Drive, Suite 235, Rockville

Classes in English for Speakers of Other Languages (ESOL), GED, typing, etc., at various locations throughout the county.

Montgomery College, Educational Opportunity Center—240-567-5644

900 Hungerford Drive, Suite 250, Rockville

Offers academic aid, admissions counseling career counseling, financial aid counseling and FAFSA application assistance. Additional satellite locations—See mceoc@montgomerycollege.edu

Montgomery County Libraries—240-777-0001

Library website: www.montgomerycountymd.gov/library.

Service Workers Training + Education Partnership (STEP)—301-876-4419

828 Wayne Ave., Silver Spring

ESOL, basic culinary training, interview skills training and job assistance. Must have work authorization.

WorkSource Montgomery—301-761-1639

11510 Georgia Ave., Wheaton, or 240-406-5485

12900 Middlebrook Road, Germantown

Job and career counseling, workshops, and resource center services, including on-site employer recruitments at www.montgomeryworks.com.

Child Care

The ARC Montgomery County, Karasik and Family, Infant and Child Care Center—301-984-5777

10611 Tenbrook Drive, Silver Spring

Serves children 6 weeks to 10 years old. Integrates typically developing children and children with developmental disabilities and chronic medical conditions. Accepts Maryland Medical Assistance.

Child Care Scholarship (CCS)—1-877-227-0125

Child-care subsidies to provide assistance with child care costs to eligible working parents in Maryland.

LOCATE: Child Care—1-877-261-0060

Referrals to licensed child-care providers for individuals looking for child care.

www.MarylandFamilyNetwork.org

Working Parents Assistance (WPA)—240-777-1177

7300 Calhoun Place, Suite 700, Rockville

Subsidies to provide assistance with child-care costs to income-eligible parents working 35 hours or more a week.

Crisis

Crisis Hotlines

See page 1 for listings of 24-hour emergency and hotline information.

Crisis Center—240-777-4000

1301 Piccard Drive, Rockville

24-hour crisis-intervention counseling, shelter, and support.

EveryMind, Montgomery County Hotline—301-738-2255

24-hour crisis-intervention phone service that is confidential and anonymous.

EveryMind, Montgomery County Youth Crisis Hotline—301-738-9697

24-hour crisis-intervention hotline for youth under 21.

Montgomery County Information and Referral Hotline—311

Information on local government and community resources. Monday–Friday, 8:30 a.m.–5:00 p.m.

Suicide Prevention Lifeline—988

Early Childhood Education/Child Development Programs

Child Find Program, Early Childhood Disabilities Unit—240-740-2170

4511 Bestor Drive, Room 146, Rockville

Assists families with young children, 33 months or older with special needs. Free screening for children who may be delayed in their speech, motor, or cognitive development.

ChildLink—240-777-4769

Information and resources in Montgomery County for children from birth to 5 years old.

Department of Health and Human Services, Family Involvement Centers, 240-777-3997

Rockville: 1401 Rockville Pike, 2nd Floor
Gaithersburg: 18100 Washington Grove Lane
Silver Spring: 2450 Lyttonsville Road
A free, play-based program in an early childhood classroom setting for children of all abilities birth to five.

Early Head Start–Early Childhood Services, Rockville/ Silver Spring, 240-777-4769 or CentroNia, Langley Park/ Silver Spring, 301-543-8040 or Easterseals, Gaithersburg/ Germantown, 301-789-4357

An early-childhood program for low-income families with children from birth to 3 years old and for pregnant women.

Family Discovery Center by JSSA–301-424-2989

1010 Grandin Avenue, Rockville
A multi-generational program to promote adult learning and healthy child development in families with young children. Offers ESOL classes, as well as parenting, career development, health workshops and home visiting.

Judy Center Early Learning Hub

at Rolling Terrace ES–240-740-1940
at Summit Hall ES–301-284-4170
at Weller Road ES–301-287-8680
at Galway ES–240-740-09141
at Daly ES–240-740-0600
Early-childhood and school-readiness programs offering child care, prekindergarten/Head Start, parent-child activities, parent education, health services, and family support.

Montgomery County Infants and Toddlers Program–240-777-3997

1401 Rockville Pike, Rockville
Assessment services for children birth to 33 months old. Comprehensive early-intervention services for families with children birth to 4 years old to address special needs and maximize their children's developmental potential.

Montgomery County Public Schools (MCPS), Prekindergarten/Head Start Programs–240-740-4530

4910 Macon Road, Rockville
Early childhood program for eligible 3- and 4-year-old children, including education, health, parent involvement, and social services.

Reginald S. Lourie Center for Infants and Young Children–301-984-4444

12301 Academy Way, Rockville
Therapeutic nursery program for 3- and 4-year-old children who have severe social and emotional problems that interfere with their ability to attend a traditional preschool or nursery school program. Individual and family therapy are components of the program.

Emergency Financial Assistance

Bethesda Cares–301-907-9244

7728 Woodmont Avenue, Bethesda
Assistance to prevent eviction and utility shut offs. Referral preferred from DHHS or other service provider.

Bethesda Help–301-365-2022

Short-term emergency solutions only. Assistance with rent, utilities, transportation, and prescriptions.

Catholic Charities–301-942-1790

12247 Georgia Avenue, Wheaton
Assistance with prescriptions and emergency food. Appointment required.

Community Ministries of Rockville, Rockville Emergency Assistance Program (REAP)–301-917-6811

1010 Grandin Avenue, #A1, Rockville
Emergency financial assistance to residents within Rockville zip codes. Assistance with eviction, foreclosure, utility cut-off, and prescriptions. Family must apply to HHS first.

Damascus Help–301-253-4100

Emergency financial assistance (with written notice of eviction, foreclosure, or utility disconnection) and transportation to doctor appointments. Damascus/Clarksburg area only.

Department of Health and Human Services, Office of Home Energy Programs–240-777-4450

1301 Piccard Drive, Rockville
Assistance to low-income families with electric bills and home-heating costs.

Department of Health and Human Services, Emergency Services and Crisis Intervention for Homeless Families

240-777-4550, 1301 Piccard Drive, Rockville
240-777-3075, 8818 Georgia Avenue, Silver Spring
240-777-4448, 12900 Middlebrook Road, Germantown
Assistance (once a year) to families facing eviction or utility disconnection. Assistance with security deposit, food referrals, prescriptions, and burial assistance. Doors open from 8:30 a.m.–5:00 p.m. or Tuesday evenings by appointment only.

Department of Health and Human Services, Income Maintenance

240-777-4600, 1301 Piccard Drive, Rockville
240-777-3420, Middlebrook Road, Germantown
240-777-3100, 8818 Georgia Avenue, Silver Spring
Applications for food stamps, medical assistance, and TCA are processed.

Eastern Montgomery Emergency Assistance Network (EMEAN)—301-879-2688

Emergency financial assistance (with written notice of eviction, foreclosure, or utility disconnection) or to purchase prescriptions. Referral preferred from DHHS, congregation, or other service provider. Serves zip codes 20903, 20904, 20905, 20866, and 20868.

Gaithersburg Help—301-216-2510

Assistance for the purchase of prescriptions. Other emergency needs are considered.

Interfaith Works Connections—240-641-6307

Emergency financial assistance for past due rent or utility (Pepco/Washington Gas) balances. IWConnections@iworksmc.org

Midcounty United Ministries (MUM)—301-929-8675

11002 Veirs Mill Road, Suite 710, Wheaton
Emergency assistance (with written notice of eviction, foreclosure, or utility disconnection) or to purchase prescriptions. Serves limited zip codes in Rockville, Kensington, Silver Spring and Wheaton.

Ministries United Silver Spring/Takoma Park (MUSST)—301-495-4699

8818 Georgia Avenue, Room 216, Silver Spring
Emergency financial assistance (with written notice of eviction, foreclosure, or utility disconnection) or to purchase prescriptions. Serves zip codes 20901, 20910, and 20912. First, call **240-777-3075**.

Olney Help—301-774-4334

Emergency financial assistance for evictions, foreclosure, utility disconnection, or to purchase prescriptions.

Salvation Army—301-515-5354

20021 Aircraft Drive, Germantown
Assists with food referrals and utility bills.
Social services provided.

Upper Montgomery Assistance Network (UMAN)—301-926-4422

Emergency financial assistance with written notice of eviction, foreclosure, or utility disconnection.

Western Upper Montgomery County Help, Inc. (WUMCO)—301-972-8481

Emergency financial assistance for rent and mortgage payments, medical expenses, utilities, car repairs, transportation, and prescription medicine. Poolesville, Beallsville, Barnesville, Dickerson, and Boyds. Only serves zip codes 20837, 20838, 20839, 20841, 20842.

Family Support Services

Department of Health and Human Services, Child Welfare Services—

Call **240-777-4417** to report abuse and neglect.

Call **240-777-1664** to obtain information and request foster care, adoption, and family-preservation services.

EveryMind, Youth Services—301-933-2818

3950 Ferrara Drive, Silver Spring

Individual, group, and family counseling, community education, and workshops to youth and their families in the Kennedy, Einstein, and Wheaton high school clusters. Provides support to local schools and students.

Sheppard Pratt, Healthy Families

Montgomery—240-398-1362

Serves first-time Montgomery County parents with home visits, case management, health education, child development services, and parent groups.

Mary's Center—240-485-3160

344 University Boulevard W, Silver Spring

Health care, dental, adolescent program, family literacy, social services, and mental-health services.

Montgomery County Muslim Foundation—301-760-7447

811 Russell Avenue, Suite G, Gaithersburg

Once-a-month food pantry, services for senior citizens, and youth services such as SAT classes and college-admission workshops.

Rockville Community Services—240-314-8310

Emergency assistance, parenting resources, counseling, and parenting classes for Rockville residents.

Financial Counseling, Tax Preparation, and Small Business Services

National Foundation for Credit

Counseling—1-800-388-2227

Call for a referral for debt counseling services. For Spanish, call **1-800-682-9832**, 9:00 a.m. –

5:00 p.m., Monday–Friday.

Maryland Small Business Development Center—

University of Maryland, College Park—

301-403-8300

Workshops, seminars, and information for start-up or existing businesses, www.marylandsbdc.org

Money Management International/Consumer Credit Counseling Information—1-800-747-4222 or 1-800-308-2227 or 866-839-9347

15847 Crabbs Branch Way, Rockville or
8403 Colesville Road, Suite 1100, Silver Spring
Budget counseling, financial education, bankruptcy counseling, credit reports, and debt payment plans.

Montgomery County Volunteer Income Tax Assistance Program (VITA)—240-777-1123

Free help with free income tax preparation for low-income county residents. Various locations during tax season.

Washington Metropolitan Area District Office of the U.S. Small Business Administration—202-205-8800

409 3rd Street, SW, Washington, D.C.
Free counseling, advice, and information on starting a business, financial assistance/loans, and management and technical assistance. Partners with programs for women entrepreneurs and minorities.
DCinfo@sba.gov

Food, Clothing, and Furniture

A Wider Circle—301-608-3504

9159 Brookville Road, Silver Spring
Furniture and household goods. Professional clothing and baby items. Monday–Saturday, 9 a.m.–5 p.m. By appointment only.

Adventist Community Services of Greater Washington—301-585-6556

501 Sligo Avenue, Silver Spring
Food pantry limited to once every 30 days. Monday–Thursday, 10:00 a.m.–12:30 p.m. Free clothing and diapers. By appointment only.

C-4 Clothes Closet and Baby Closet—301-989-8742

14015 New Hampshire Avenue, Silver Spring
Open Tuesday and Friday from 9:00–11:00 a.m. Thursdays 9:00–11:00 a.m. for people with disabilities and/or by appointment. Proof of residency and written referral is required.

Catholic Charities—301-942-1790

12247 Georgia Avenue, Silver Spring
8:00 a.m.–5:00 p.m., Monday–Friday, Food and clothing. Financial assistance and case management.

Congregation and Community Emergency Program, Interfaith Works—240-641-6308

Referral service for emergency assistance. Administers grants to prevent evictions, for utility services, and for prescriptions. Provides clothing.

Department of Health and Human Services, Income Maintenance

240-777-4600, 1301 Piccard Drive, Rockville
240-777-3420, 12900 Middlebrook Road, Germantown
240-777-3100, 8818 Georgia Avenue,
Silver Spring

Applications are processed for food stamps, medical assistance, and temporary cash assistance (TCA).

First Baptist Church of Kengar—301-942-3423

3922 Hampden Street, Kensington
Food pantry every third Saturday of the month, from 10:00 a.m.–2:00 p.m.

First Call for Help (United Way)—1-800-492-0618 or 211

Referrals to a wide variety of agencies for clothing, furniture, housing, food, and other services.
www.211md.org

Help/Fish Organizations

Bethesda	301-365-2022
Damascus	301-253-4100
Gaithersburg	301-216-2510
Germantown	301-482-1320
Olney	301-774-4334
Rockville	301-564-0800
Western Upper Montgomery County (W.U.M.C.O.)	301-972-8481

Emergency assistance that may include food, medicine, transportation, and/or help with utilities or rent. Each organization serves specific zip codes.

Interfaith Works Clothing Center—301-424-3796

751 Twinbrook Parkway, Rockville
Tuesday–Friday, 9:00 a.m.–3:00 p.m.
Saturdays 9:00 a.m.–12:00 p.m. Free clothing once a month. Must be county resident with referral and I.D.; Acceptable I.D.'s include a passport, Montgomery County I.D. or CASA I.D.. Diapers and food are available.

Lord's Table/Gaithersburg Community Soup Kitchen at Epworth United Methodist Church—301-926-0424

Open September through June. For information, call 1:00–5:00 p.m., Monday–Saturday. Soup kitchen is open from 3:30–4:30 p.m., Monday–Saturday. Closed on Thanksgiving.

Manna Food Center—301-424-1130

Call Monday–Friday, 8:00 a.m.–4:00 p.m. Must call by 3:00 p.m. the day before if you would like to receive food. Distribution centers and times:
www.mannafood.org

Gaithersburg: Church of the Redeemer
19425 Woodfield Road
Monday 2:00–4:30 p.m.

Gaithersburg: Gaithersburg Middle School
2 Teacher's Way, Room 200
Thursday, 5:00–7:00 p.m.

Germantown:	Montgomery College, Germantown Campus 20200 Observation Drive Wednesday, 2:00–5:00 p.m.
Rockville:	Manna Choice Market at the Grove Universities at Shady Grove 9631 Gudelsky Drive, Biomedical Sciences and Engineering, Blvd. IV 2nd Wednesday of every month, 3:00–6:00 p.m.
Silver Spring:	Colesville Presbyterian Church 12800 New Hampshire Avenue Third Saturday of Every Month, 10:00 a.m.–12:00 p.m.
Silver Spring:	Manna Market 12301 Old Columbia Pike Mornings, Monday through Friday, 10 a.m.–12 p.m. Afternoons, Tuesday & Thursday, 2:00 p.m.–5:00 p.m. 1st Saturday of the month, 9:00 a.m.–12:00 p.m.
Silver Spring:	Manna Market at Pilgrim Church 2206 Briggs Road 3rd Monday of the month, 2:30–5:00 p.m.
Wheaton:	Glenmont United Methodist Church 12901 Georgia Avenue Tuesday, 3:00–6:00 p.m.

Midcounty United Ministries (MUM)—301-929-8675

11002 Veirs Mill Road, Suite 710, Wheaton
Food pantry Tuesday, Wednesday, Thursday, and
Saturday, 9:00–11:30 a.m.

Muslim Inter-Community Network (MICN)— 301-384-3454

15200 New Hampshire Avenue, Silver Spring
Clothing resource by appointment only. Food pantry last
Sunday of the month.

Nourish Now—301-330-0222

Provides food. Food pick-up must be scheduled 24 hours
in advance. Various locations.
nourishnow.org

Salvation Army—301-515-5354

20021 Aircraft Drive, Germantown
Food referrals and utility bills. Also, referrals for clothing.
sahelp.org

Share Food Network Program—301-864-3115 or 1-800-217-4273

Community-based, nonemergency food assistance program
offered at various locations throughout the area.
website: catholiccharitiesdc.org/share/

Shepherd's Table Soup Kitchen/Community Vision at Progress Place—301-585-6463

8106 Georgia Avenue, Silver Spring
Services provided include showers, clothes, counseling,
prescription assistance, and referrals. Dinner is from
6:00–7:30 p.m. daily.

St. Camillus Church—301-434-8400

1600 St. Camillus Drive, Silver Spring
Food pantry. Distribution is on Saturdays 10:00 a.m. to
12:00 p.m. Must bring photo identification.

St. Martin's Catholic Church—301-990-3203

201 S. Frederick Avenue, Gaithersburg
Food pantry. Distribution is on Mondays from 7:00
a.m.–12:00 p.m. Pick-up of line numbers from
6:00–10:00 a.m.

The East County Hub—301-679-1100

3300 Briggs Chaney Road, Silver Spring
Food and diaper distribution.

The Upcounty Hub—240-912-1077

12900 Middlebrook Road, Germantown
Weekly food distribution and monthly diaper distribution
by appointment.

Women, Infants, and Children (WIC), Community Clinic, Inc.

Supplemental food to nursing and pregnant women
and children 5 years old and under, at various county
locations:

Gaithersburg

200 Girard Street, Suite 212B **301-840-8339**

Germantown

12850 Middlebrook Rd., Suite 108 **301-515-7576**

Takoma Park/Langley Park

1401 University Boulevard, East,
Suite 300, Hyattsville **301-439-7373**

Wheaton

2730 University Boulevard, West
Suite LL10 **301-933-6680**

Health Insurance/Coverage

Department of Health and Human Services, Office of Eligibility and Support Services (OESS)

Applications processed for uninsured and undocumented
children and adults to access health-care services. Contact
the healthcare eligibility unit in your area:

Rockville

1401 Rockville Pike **240-777-3120**

Germantown

12900 Middlebrook Road, 2nd Floor **240-777-3591**

Silver Spring

8630 Fenton Street, 10th Floor **240-777-3066**

PRESCRIPTION PROGRAMS

Gaithersburg HELP–301-216-2510

Funding assistance for medication for residents of Gaithersburg zip codes.

MedBank–301-628-3422

For all uninsured Montgomery County residents. www.medbankus.org and www.pparx.org.

WUMCO HELP–301-972-8481

Emergency prescription assistance for residents of zip codes, 20837, 20838, 20839, 20841 and 20842.

Health Services

Catholic Charities Health Center–301-434-8985

12247 Georgia Avenue, Silver Spring
Medical care for uninsured and underinsured.

Community Clinics, Inc. (CCI)

Low-cost health care for documented and undocumented Montgomery County residents who are not eligible for county services, do not have access to health care, or do not have health insurance. Call the clinic in your area for an appointment:

Takoma Park

7676 New Hampshire Avenue, Suite 220A **301-431-2972**

Gaithersburg

220 Girard Street, Suite 100 **301-216-0880**

Silver Spring

8630 Fenton Street, Suite 1200 **301-585-1250**

Wheaton

2730 University Blvd., W., Suite LL10 **240-641-9458**

Department of Health and Human Services, Health Centers

Case-management services to eligible pregnant women. Eligibility determined at service eligibility units. Contact your local clinic:

Germantown UpCounty Regional Services Center

12900 Middlebrook Road, 2nd Floor **240-777-3380**

Silver Spring Health Center

8630 Fenton Street, 10th Floor **240-777-3160**

School Health Services Center

4910 Macon Road, Rockville **240-740-4430**

for school-age children 3 to 18 years old only.

Low-cost health care for documented and undocumented Montgomery County residents who are not eligible for county services, do not have access to health care, or do not have health insurance. Call the clinic in your area for an appointment.

Department of Health and Human Services, Dennis Avenue Health Center–240-777-1790

2000 Dennis Avenue, Suite 14, Silver Spring
Specialty services for communicable diseases and epidemiology. Testing for tuberculosis (TB), HIV/AIDS, and sexually transmitted diseases (STDs).

240-777-1760 for STDs

240-777-1800 for TB

240-777-1050 for Immunization Services

240-777-1869 for HIV/AIDS

Holy Cross Health Centers

301-557-1950 13415 Connecticut Avenue, Suite 100, Aspen Hill

301-557-1870 7987 Georgia Avenue, Silver Spring

301-557-1832 220 Perry Parkway, Suite 5 Gaithersburg

Primary care medical center for children and adults. Affordably priced. For uninsured or families enrolled in Maryland Medicaid, Maryland Physicians Care.

Mary's Center–240-485-3160 or 844-796-2797 or 301-422-5900

344 University Boulevard, W., Silver Spring or 8908 Riggs Road, Adelphi
Health care and mental-health services. maryscenter.org

Mercy Health Clinic–240-773-0300

7 Metropolitan Court, Suite 1, Gaithersburg
Medical services to uninsured low-income residents of Montgomery County. Eligibility screenings are conducted via the service eligibility units (SEU). No emergency appointments.

Mobile Medical Care–301-493-2400

Low-cost family health care for the uninsured in Montgomery County. Call for details on paperwork that you need to bring with you to the appointment and for exact locations in Silver Spring, Rockville, Bethesda, and Gaithersburg.

Montgomery Cares–301-628-3405

www.montgomerycares.org
Lists low-cost clinics for low-income, uninsured adults.

Montgomery County Cancer Control Program–240-777-1222

For colon rectal cancer.

Muslim Community Center–301-384-3454

15200 New Hampshire Avenue, Silver Spring
Full clinic, adults only.

Proyecto Salud

Primary medical care for uninsured non-English-speaking adults. www.proyectosalud.org

Olney

18111 Prince Philip Drive, Suite 312 **301-260-1073**

Wheaton

11002 Viers Mill Road, Suite 700 **301-962-6173**

Su Familia—1-866-783-2645, or**1-866-SU FAMILIA**

National Helpline, 9:00 a.m.–6:00 p.m. Free, reliable, and confidential health information in English and in Spanish. Information on a wide range of health topics and referrals to low-fee health providers in locations, based on your zip code.

DENTAL SERVICES**Catholic Charities Dental Clinic—301-933-0868**

12247 Georgia Avenue, Silver Spring

Community Clinic, Inc.**Gaithersburg**

200 Girard Street, Suite 206 **866-877-7258**

Silver Spring

8630 Fenton Street, Suite 1200 **301-585-1250**

Department of Health and Human Services, Dental Services—240-777-1875

1401 Rockville Pike, 3rd Floor, Rockville

For low-income children, 2 to 18 years old, income-eligible seniors and adults, and eligible maternity clients. Sliding scale. Must meet eligibility requirements.

Howard University Dental Clinic— 202-806-0007, 202-806-0008 for new patients, 202-806-0308 for children, or 202-806-0011 for braces

600 W. Street, N.W., 2nd floor, Washington, D.C.

Complete exams and x-rays for children and adults of all ages. Emergency clinic is available 9:00 a.m.–1:00 p.m., Monday–Friday, \$80 cash fee. Arrive by 8:00 a.m. Limited number of patients seen per day.

Muslim Community Center (MCC)**Medical Clinic—Dental Services—301-384-2166**

15200 New Hampshire Avenue, Silver Spring
Adults only.

HEARING AND VISION SERVICES**Shepherd's Table Eye Clinic—301-585-64636**

8106 Georgia Avenue, Silver Spring

Clinic hours are Tuesdays, by appointment only.

**IMMUNIZATION CLINICS FOR CHILDREN
2 MONTHS–18 YEARS OLD****Dennis Avenue Health Center—240-777-1050**

2000 Dennis Avenue, Silver Spring

Bring copy of immunization record. Tuesdays by appointment only. Minimal fees may apply.

WOMEN'S HEALTH SERVICES

(See *Pregnancy and Women's Health* for additional listings)

Holy Cross Hospital OB/GYN Department—

301-754-7630

1500 Forest Glen Road, Silver Spring

Prenatal services. Call service eligibility unit first.

Screening, and follow-up for income-eligible women.

Hours of operation: 8:00 a.m.–4:00 p.m., Monday–Friday.

Housing**EMERGENCY SHELTER/TEMPORARY HOUSING****Crisis Center—240-777-4000, TTY 240-777-4800**

1301 Piccard Drive, Rockville

Emergency shelter for single adults, 24 hours a day, 7 days a week. Assists families after regular business hours (5:00 p.m.–8:30 a.m. and weekends).

Department of Health and Human Services, Housing Stabilization Services

240-777-4550, 1301 Piccard Drive, Rockville

240-777-3075, 8818 Georgia Avenue, Silver Spring

240-777-4448, 12900 Middlebrook Road, Germantown

All referrals for emergency shelters are made through this office 8:30 a.m.–5:00 p.m., Monday through Friday, and Tuesday 5:00 p.m.–7:00 p.m. or the Crisis Center after hours.

RENTAL HOUSING**City of Rockville, Moderately Priced Dwelling Unit (MPDU) Rental Program—240-314-8300**

111 Maryland Avenue, Rockville

Individuals apply directly to the City of Rockville to obtain an eligibility certificate.

Department of Health and Human Services, Rental Assistance Program (RAP)—240-777-4400

1301 Piccard Drive, Rockville

Monthly help with rental costs for low-income, disabled, elderly, or for households of two or more. Monthly help with rental costs.

Housing Opportunities Commission (HOC)—

240-627-9400, 10400 Detrick Avenue, Kensington
240-627-9489, 231 East Deer Park Drive, Gaithersburg
 Information on affordable housing and rental assistance programs for low- and moderate-income families and rental communities that are operated by HOC or private landlords that offer below-market rental units to low- and moderate-income households. www.HOCMC.org

Montgomery County Department of Housing and Community Affairs, Moderately Priced Dwelling Units (MPDU) and Rental Program—240-777-0311

1401 Rockville Pike, Fourth Floor, Rockville
 Rent-controlled units are located in all-rental subdivisions and are offered for rent to eligible households.

Rockville Housing Enterprise—301-424-6265

Public housing and Housing Choice voucher programs.

HOME-OWNERSHIP PROGRAMS**City of Rockville, Moderately Priced Dwelling Unit Program—240-314-8200**

111 Maryland Avenue, Rockville
 This purchase program is managed by the City of Rockville.

Housing and Community Initiatives, Inc., Reach, and First Time Home Buyers Closing Cost Assistance Program—301-590-2765

640 E. Diamond Avenue, Suite C, Gaithersburg
www.hcii.org Education for first-time homebuyers.

Maryland Department of Housing and Community Development (MD DHCD)—1-800-756-0119 or 301-429-7400

Manages the Maryland Mortgage Program, the Down Payment and Settlement Expense Loan Program, and the Home-ownership Opportunities for Individuals with Disabilities Program.

Montgomery County Department of Housing and Community Affairs, Moderately Priced Dwelling Units (MPDU) and Rental Program—311

1401 Rockville Pike, Fourth Floor, Rockville
 Home purchasing program for moderate-income families.

OTHER**Housing Initiative Partnership (HIP), Inc—301-916-5946 or 301-840-3275**

12900 Middlebrook Road, Suite 1500, Germantown
 125 Summit Ave., Suite 100, Gaithersburg
 HUD-approved housing counseling services for tenants, homebuyers, and homeowners

Landlord-Tenant Affairs—311

1401 Rockville Pike, 4th Floor, Rockville
 Handles disputes between landlords and tenants and information on tenant rights.

Rebuilding Together Montgomery County—301-947-9400

18225A Flower Hill Way, Gaithersburg
 Free critical home repairs, energy-efficiency upgrades, and accessibility modifications to vulnerable county residents.
www.rebuildingtogethermc.org

Immigration and Multicultural Services**American Immigration Lawyers Association—202-507-7600**

1331 G Street, N.W., Suite 300, Washington, D.C.
 Legal services offered.
www.aila.org

Asian-Pacific American Legal Resource Center (Helpline)—202-393-3572

1627 K Street, NW, Suite 610, Washington, DC
 Direct legal services in English, Korean, Hindi/Urdu, Chinese and Vietnamese, including family law, housing, and public affairs. By appointment only.

Asian Pacific Islander Domestic Violence Resource Project (DVRP)—Office: 202-833-2232 Hotline: 202-833-2233

Free assistance for survivors of domestic violence from Asian Pacific Islander communities in the DC metropolitan area through multilingual services in over 10 different languages such as Hindi, Korean, Japanese, Mandarin, and Nepali.
 Address: P.O. Box 14268, Washington, D.C. 20044
www.dvrp.org

Ayuda

Legal assistance with immigration and domestic violence issues for the Spanish-speaking community.

Silver Spring

8757 Georgia Avenue, Suite 800 **240-594-0600**

Washington, D.C.

1990 K Street, NW, Suite 500 **202-387-4848**

CASA of Maryland—301-431-4185 or 240-491-5763

8151 15th Avenue, Langley Park
 Immigration counseling, social services assistance, referrals, English language classes, and adult literacy instruction services. Legal representation of low-income workers in employment cases.

Catholic Charities—301-942-1790

12247 Georgia Avenue, Wheaton
 Reduced-fee legal services to low-income immigrants.

Center for Applied Legal Studies, Georgetown University Law Center—202-662-9000

600 New Jersey Avenue, NW, Suite 332, Washington DC
Asylum clinic only. Free legal representation to eligible customers for asylum deportation hearings in immigration court. By appointment only.

Gilchrist Immigrant Resource Center—240-777-4941 or 240-777-8406 or 240-777-4960

11002 Veirs Mill Road, Suite 506, Wheaton
3300 Briggs Chaney Road, Silver Spring
18330 Montgomery Village Avenue, Gaithersburg
ESOL classes, citizenship and civic classes, multilingual computer classes, and seminars on small-business development and cultural programs.

Comunidad de Habla Hispana—301-587-7217

8545 Piney Branch Road, Suite B, Silver Spring
Assists the Hispanic community in finding employment. Full range of services related to immigration such as notary public, document translation, and assistance with forms.

Department of Health and Human Services, Latino Health Initiative—240-777-3221 Helpline—301-270-8432

8630 Fenton Street, 10th Floor, Silver Spring
Legal assistance, medical insurance, school enrollment and other services. Family reunification and navigation services.

Islamic Center of Maryland—240-912-4976

19411 Woodfield Road, Gaithersburg
Counseling services for men, women, and children for personal, familial, marital, and social challenges. Services are provided at no cost to families.

Islamic Society of the Washington Area (ISWA)—301-879-0930

2701 Briggs Chaney Road, Silver Spring
Social services for low-income Muslim families; domestic-violence-prevention programming, including referrals, family counseling, and temporary shelter to Muslim families.

Korean Community Service Center of Greater Washington—240-683-6663

847 Quince Orchard Blvd. #J, Gaithersburg
Monday–Friday, 9:00 a.m.–4:00 p.m. Comprehensive services free to Korean-American and Chinese families and new immigrants. Appointment necessary.

Maryland Vietnamese Mutual Association—301-588-6862

10770 Columbia Pike, 3rd Floor, Suite E17, Silver Spring
Offer health immigration, education and advocacy services.

Muslim Community Center—301-384-3454 and 301-384-2166 for clinic

15200 New Hampshire Avenue, Silver Spring
Clinic is open seven days a week, 9:00 a.m. to 5:00 p.m. Must have an appointment. Services are sliding scale for the uninsured, 18 and older; dental clinic, eye clinic, and domestic violence counseling.

Spanish Catholic Center, Catholic Charities

301-942-1790, 12247 Georgia Avenue, Wheaton
301-740-2523, 201 E. Diamond Avenue, 3rd Floor, Gaithersburg

Employment services, translation of documents, and immigration information. Silver Spring location offers low-cost medical clinic and counseling services.

TESS Community Center—240-773-8260

8703 Flower Avenue, Silver Spring
Social services to the community: income tax help, legal aid, food, public assistance, and problem solving. Services are provided in Spanish and English.

Vietnamese American Services—301-646-5862

12621 Old Columbia Pike, Silver Spring
Services the Vietnamese community with health supports, advocacy and resources.

Women's Law Center of Maryland, Inc., Multi-Ethnic Domestic Violence Project (MEDOVI)—410-396-3294

Free services focusing on the special needs of foreign-born victims of domestic violence. For a list of other services, please call **410-321-8761**.

Legal Services/Court Advocacy/ Mediation

(See immigration and multicultural services for additional legal services resources.)

Abused Person's Program—240-777-4815 or 240-777-4195

Help to obtain protection and peace orders, crisis and ongoing counseling, shelter, support, and advocacy services to victims of partner-related domestic abuse. Telephone and walk-in crisis counseling and accessible shelter for victims and their dependent children are available 24 hours a day.

Bar Association of Montgomery County, Bar Foundation Pro Bono Program—301-424-7651

Three clinic locations:

Tess Community Service Center
8513 Piney Branch Road, Silver Spring

Gilchrist Center Wheaton
11002 Veirs Mill Road, Suite 506, Wheaton

Gilchrist Center Gaithersburg Library
18330 Montgomery Village Avenue, Gaithersburg

Bar Association of Montgomery County, Lawyer Referral Service—301-279-9100

With referral from other social service agency—standard fee is \$50 for first 50 minutes of initial consultation. Reduced fees: \$25 for first 30 minutes, for income-eligible clients with referral. No obligations after initial consultation.

Catholic Charities Legal Network—202-350-4305

Pro bono legal services by appointment. Clients may be seen at different sites in Montgomery County, Prince Georges County, and Washington, D.C. Spanish-speaking clients should call **202-772-4325**.

Circuit Court, Civil Department—240-777-9401

Judicial Center, 50 Maryland Avenue, Lobby Level, Rockville
Addresses legal issues such as foreclosures, federal tax liens, mechanics liens, lawsuits, automobile liens, and judgments. Low-income persons can request a waiver for court filing fees.

Circuit Court, Domestic Violence Assistance Project, House of Ruth Legal Clinic—240-777-9077 or 9078

Free civil representation for protective and peace orders.

Circuit Court, Family Law Self-Help Center—240-777-9426 or 240-777-9079

50 Maryland Avenue, Room 1500, South Tower, Rockville
No telephone services. Free walk-in clinic for general legal information, advice on forms and how to fill out forms, as well as limited legal advice to income-eligible customers who are representing themselves in family law cases such as divorce, custody, visitation, name change, and guardianship. Pro se staff does not represent customers in court. Low-income customers can request a waiver for court filing fees.

Family Justice Center—240-773-0444

Free coordinated support for families experiencing domestic violence including advocacy, legal services, counseling and basic needs assistance. Walk-ins welcome.

Family Law Hotline—1-800-845-8550

Legal advice and referrals, and assistance completing legal forms.

House of Ruth, Maryland Domestic Violence Legal Clinic Hotline—410-889-7884

Free domestic violence legal services.

Maryland Legal Aid—240-314-0373

600 Jefferson Plaza, Suite 430, Rockville
Family law and consumer issues.

Maryland Volunteer Lawyers Service—1-800-510-0050

Free legal assistance for IRS and Medicaid disputes and foreclosure assistance.

Montgomery County Family Justice Center—240-773-0444

600 Jefferson Plaza, Suite 500, Rockville
Offers comprehensive services to victims of intimate partner violence, including law enforcement, legal, social services, and counseling.

Montgomery County Mediation Program—240-777-7300

State's Attorney's Office: 50 Maryland Avenue, North Tower, 5th floor, Rockville
Free service provided by the State's attorney's office as a nonjudicial means of resolving disputes without court involvement. Monday–Friday, 8:00 a.m.–5:00 p.m.

Office of the Public Defender, Montgomery County Court—301-563-8900

191 East Jefferson Street, Rockville
Administrative fee applies: adult \$50 and juvenile \$25.

State of Maryland, Office of Child Support Enforcement—1-800-332-6347

51 Monroe Street, Rockville
Services in all phases of the process of obtaining child support, 8:00 a.m.–4:00 p.m., Monday–Friday.

Women's Law Center of Maryland—410-321-8761

Free legal assistance and education programs for women and their families.

Mental Health

(For 24-hour emergency hotlines, see page 1.)

Advanced Behavioral Health—301-345-1022

16220 Frederick Road, Suite 310, Gaithersburg
Group and individual counseling for children and adults.

Andromeda Trans Cultural Health**Services—202-291-4707**

1400 Decatur Street, N.W., Washington, D.C.
Psychiatric and counseling services for adults, including drug and alcohol services. English and Spanish spoken. Sliding-scale payment available.

Bloom Health Centers—703-440-7611

Offices in Bethesda and Rockville.
Accept most major insurance. Provide in person and telehealth counseling.

Catholic Charities—301-942-1790

12247 Georgia Avenue, Wheaton
Counseling services to refugees and immigrants.

Congruent Counseling Services—410-740-8066

Individual, group and family therapy for young children, adolescents and adults. Accepting most private insurance (not medical assistance).

Counseling Plus—301-565-9001

11002 Viers Mill Road, #601, Silver Spring
Counseling in English and Spanish, including substance abuse and DUI counseling. For adults only.

Department of Health and Human Services, Adult Behavioral Health Program—240-777-1770

11002 Veirs Mill Road, Suite 705, Wheaton
Counseling for medical assistance or uninsured adults/ couples with bilingual/bicultural therapists.

Department of Health and Human Services, Child and Adolescent Mental Health Services

240-777-1432, 7300 Calhoun Place, Rockville
240-777-1450, 8818 Georgia Avenue, Suite 501, Silver Spring
Services in English and Spanish for children (5 and older) and adolescents who are uninsured or receive Medical Assistance.

Department of Health and Human Services, Linkages to Learning—Main office 240-777-1731

1401 Rockville Pike, Suite 310, Rockville
Counseling, health, and social services provided on site. The program works only with non-Head Start/Pre-K families or families with older siblings in the school community. Serves many MCPS elementary and middle schools.

Families First Counseling and Psychiatry—240-304-3327

17904 Georgia Ave., Suite 200, Olney
Counseling for children, adolescents, adults and families.

Jewish Social Services Agency (JSSA)—240-800-5772

301-881-3700, 6123 Montrose Road, Rockville
301-838-4200, 200 Wood Hill Road, Rockville
Offers a full array of mental health and wellness programs and services, including counseling, home care and hospice services for families and the elderly.

Montgomery County Commission for Women—240-777-8333

21 Maryland Avenue, Suite 330, Rockville
Short-term counseling and advocacy in English, French, and Arabic.

Montgomery County Hotline—301-738-2255

Supportive conversation for nonemergency purposes.

Montgomery County Access to Behavioral Health Services—240-777-1770

Information about mental-health providers for Montgomery County residents who have Medical Assistance or no insurance. Primary point of access for all referrals for adult and adolescent mental health clinics. Evaluation, assessment, and referrals.

National Alliance on Mental Illness (NAMI)—301-949-5852

11718 Parklawn Drive, Rockville
Free education, support and advocacy for all affected by mental illness. Helpline for mental-illness questions or concerns, **301-949-9630**.
www.namimc.org

Orchard Mental Health Group—240-363-4357

Counseling for adults and children (5 years and up)

Pro Bono Counseling—Your Mental Health Connection—410-825-1001

Referral service for uninsured, low-income families to mental-health providers who provide care on a volunteer basis, at no cost.

Reginald S. Lourie Center for Infants and Young Children—301-984-4444

12301 Academy Way, Rockville
Prevention, information, and treatment for families and for children with behavioral, emotional, movement and coordination, and/or speech and language problems.

Sheppard Pratt, Mental Health Center—301-840-3263

610 East Diamond Avenue, Gaithersburg
Counseling and psychiatric services for children, adolescents, and adults.

Vesta, Inc., Horizon Outpatient Clinic

240-296-5858 or 240-296-6353,
Silver Spring and Germantown
Counseling and psychiatric services for children, adolescents, and adults.

Willow Oak Therapy Center—301-251-8965

15701 Crabbs Branch Way, Rockville
Individual, couples, and family therapy. Accepts Medical Assistance and private insurance, and offers a sliding-scale fee.

Missing and Exploited Children**Child Find of America—1-800-426-5678**

A nonprofit organization whose mission is to locate missing children, prevent child abduction through education, and resolve parental abduction through mediation.

National Center for Missing and Exploited Children—1-800-843-5678

National hotline 24-hours a day, seven days a week. Reports missing children and sightings of missing children. Reports child pornography, prostitution, child sex tourism, and child molestation by a nonfamily member.

Parenting/Parent Education

Ed Bohrer Parent Resource Center by JSSA—240-778-9879

35 North Summit Avenue, Gaithersburg
Adult education services, social services, and referrals.
Free to Montgomery County residents.

NAMI—301-949-5852

9210 Corporate Blvd, Suite 170, Rockville
Free classes and support groups for parents of children with mental illness.

Prekindergarten/Head Start “Totline”—240-740-4580

For Prekindergarten/Head Start families. Call staff psychologists from 9:00 a.m.–5:00 p.m., Monday–Friday, to discuss concerns about your child.

Pregnancy and Women’s Health

Centro Tepeyac—301-325-8893

12247 Georgia Avenue, Silver Spring
Pregnancy testing, prenatal classes, counseling, maternity clothes, and baby supplies.

Department of Health and Human Services, Maternity Partnership Program

240-777-3591, Germantown
240-777-3120, Rockville
240-777-3066, Silver Spring
Prenatal and child health education and care coordination. Enrollment through service eligibility unit (SEU).

Planned Parenthood Clinic—301-208-1300,

19650 Clubhouse Road, Suite 101, Gaithersburg
Services for the insured and uninsured. HIV testing, annual exams, family planning, pregnancy testing, and counseling on sliding-scale fee.

Rockville Women’s Center—301-770-4444 or 240-779-1585

12530 Parklawn Drive, #170, Rockville
Pregnancy testing, testing for STDs, counseling, and parenting program that includes material assistance. Services are free.

Shady Grove Pregnancy Center—301-963-6223

16220 Frederick Road, Suite 118, Gaithersburg
Free pregnancy testing, counseling, maternity and baby clothes, and equipment.

Sheppard Pratt, Healthy Families

Montgomery—240-398-1362

640 E. Diamond Avenue, Gaithersburg
Comprehensive, home-visiting support program for first-time parents. Referrals should be made during pregnancy.

Registers

Maryland State, Division of Vital Records—410-764-3038

6764B Reisterstown Road, Baltimore, Maryland
Birth, death, marriage, and divorce certificates. Check, cash, or money order accepted.
health.maryland.gov/vsa/pages/dvr.aspx

Montgomery County Circuit Court

50 Maryland Avenue, Rockville
Marriage and business certificate applicants, call **240-777-9460**, and for verification of divorce decrees and family cases, call **240-777-9426**.

Register of Wills—240-777-9600

50 Maryland Avenue, Suite 3220, Rockville
Instructions on procedures in the administration of estates, and preparation of all required forms.

Senior Citizens

Department of Health and Human Services, Aging and Disability Unit, Information and Assistance Center/ Adult Protective Services—240-777-3000

Information and services for adults over 18 with physical and emotional disabilities, and for elderly adults.

State Health Insurance Assistance Program (SHIP)—301-255-4250

Free information and counseling for seniors, the disabled, and their families on Medicare, Medicaid, managed care, HMOs, long-term care insurance, claims, and appeals.

Social Security Administration

1-800-772-1213 National Number

10230 New Hampshire Avenue, Suite 304, Silver Spring—1-877-512-3848 or 315 North Washington Street, Rockville—1-866-838-5341

Assistance in applying for all social security programs: retirement benefits, spouse survivor benefits, disability pension, Supplemental Security Income (SSI), Medicare, and Medicaid benefits. All ages served, 9:00 a.m.–4:00 p.m., on Monday, Tuesday, Thursday and Friday; and 9:00 a.m.–12:00 p.m., on Wednesday. www.ssa.gov

Social Services

Montgomery County Department of Health and Human Services, Income Maintenance

240-777-4600, 1301 Piccard Drive, Rockville

240-777-3420, 12900 Middlebrook Road, Germantown

240-777-3100, 8818 Georgia Avenue, Silver Spring

Applications for SNAP (food stamps), medical assistance, and temporary cash assistance (TCA) are processed.

Montgomery County Department of Health and Human Services—Rockville Office

1301 Piccard Drive, Rockville

Crisis, Income, and Victim Services,

Income Supports: **240-777-4600**

Children, Youth and Family Services:

240-777-1101; Fax 240-777-1494

Crisis Center: **240-777-4000**

Crisis Prevention and Intervention: **240-777-4550**

Rental Assistance Program: **240-777-4400**

Office of Home Energy Programs: **240-777-4450**

Substance Abuse

Addictions Service Coordination (ASC)—240-777-4710

255 Rockville Pike, Suite 145, Rockville

Drug and alcohol assessments and referrals for

Montgomery County uninsured adult residents.

Alcoholics Anonymous—202-966-9115 or

www.aa-dc.org

Oficina Intergrupala Hispana—**301-587-6191** or **240-821-3145** for Spanish-speakers

A fellowship of men and women who share their experiences, strengths, and hope to help each other recover from alcoholism. Call for information on group meetings in the area.

Al-Anon/Alateen—202-635-2023

A fellowship of relatives and friends of alcoholics who share experiences, strengths, and hope to solve common problems. Call for information on group meetings for adults and teens.

Department of Health and Human Services, Outpatient Addictions Services (OAS)—240-777-1680

1500 East Gude Drive, Rockville

Outpatient substance abuse treatment to adults. Services to the uninsured. Must complete a screening process prior to enroll. Call **240-777-4710** for screening appointment first at 255 Rockville Pike, Rockville.

Narcotics Anonymous—1-800-543-4670

For the Help Line, call **202-399-5316**. Offers support services and group meetings for those seeking support for recovery from drug abuse.

Naranon—1-800-477-6291

Offers information and support groups for family and friends of drug abusers. www.naranon.org

Screening and Assessment Services for Children and Adolescents—240-777-1430

Free substance-abuse screening and assessment services and referrals for children and adolescents.

Transportation

Call-N-Ride Program—311

Subsidized transportation program for the elderly, disabled, and low-income persons.

Medicaid Transportation Program—240-777-5890

Transportation for persons with disabilities who have Medical Assistance to get to and from medical appointments/doctors offices, and clinics.

Metrorail and Metrobus Information—

202-637-7000 or www.wmata.com

Route information and schedules. 24-hour automated service.

Ride On Bus Information—240-777-7433, or 311

Hours of operation are Monday–Friday,

7:00 a.m.–5:00 p.m.,

www.montgomerycountymd.gov/dot-transit/

Unemployment

Maryland State Office of Unemployment Insurance (OUI)—301-313-8000

www.dtlr.maryland.gov/employment/unemployment.shtml

To file a claim for benefits for people who are unemployed through no fault of their own and are ready and able to work.

Go online, set up profile and begin job search. <https://mwjobs.maryland.gov>.

Utility Payments

Department of Health and Human Services, Housing Stabilization Services

Assistance (once a year) for families facing eviction or utility disconnection. Assistance with security deposit, food referrals, medical bills, prescriptions, burial assistance, and homeless shelter services.

240-777-4550, 1301 Piccard Drive, Rockville

240-777-4448, 12900 Middlebrook Road, Germantown

240-777-3075, 8818 Georgia Avenue, Silver Spring

**Department of Health and Human Services,
Office of Home Energy Programs—240-777-4450**

1301 Piccard Drive, Rockville

Assistance to low-income families with home-heating costs and utility bills.

PEPCO—202-833-7500

Call with billing questions or to make payment arrangements. Payments can be placed in a night depository box at 200 West Gude Drive, Rockville. At this location, from 10:00 a.m.–2:00 p.m., staff is available for the following purposes only: payments to restore service or for the delivery of documentation if required in opening a new account.

Youth Support Programs

Identity, Inc.—301-963-5900

620 East Diamond Avenue, Suite K, Gaithersburg

Offers school-based programs, GED Prep, workforce development, recreation, mental health counseling and other services for Latino Youth and their families.

Latin American Youth Center—301-495-0441

8700 Georgia Ave., Suite 500, Silver Spring

Provide comprehensive and innovative programs that address youths' social, academic and career needs.

Sheppard Pratt, Bridges to Wellness—240-672-2381

620 E. Diamond Avenue, Suite H, Gaithersburg

Mental health and social services programming for children 5 to 18 years old and their families at a variety of school and community sites located in Gaithersburg, Germantown, and Olney.

MCPS NONDISCRIMINATION STATEMENT

Montgomery County Public Schools (MCPS) prohibits illegal discrimination based on race, ethnicity, color, ancestry, national origin, nationality, religion, immigration status, sex, gender, gender identity, gender expression, sexual orientation, family structure/parental status, marital status, age, ability (cognitive, social/emotional, and physical), poverty and socioeconomic status, language, or other legally or constitutionally protected attributes or affiliations. Discrimination undermines our community's long-standing efforts to create, foster, and promote equity, inclusion, and acceptance for all. The Board prohibits the use of language and/or the display of images and symbols that promote hate and can be reasonably expected to cause substantial disruption to school or district operations or activities. For more information, please review Montgomery County Board of Education Policy ACA, *Nondiscrimination, Equity, and Cultural Proficiency*. This Policy affirms the Board's belief that each and every student matters, and in particular, that educational outcomes should never be predictable by any individual's actual or perceived personal characteristics. The Policy also recognizes that equity requires proactive steps to identify and redress implicit biases, practices that have an unjustified disparate impact, and structural and institutional barriers that impede equality of educational or employment opportunities. MCPS also provides equal access to the Boy/Girl Scouts and other designated youth groups.*

It is the policy of the state of Maryland that all public and publicly funded schools and school programs operate in compliance with:

- (1) Title VI of the federal *Civil Rights Act of 1964*; and
- (2) Title 26, Subtitle 7 of the Education Article of the Maryland Code, which states that public and publicly funded schools and programs may not
 - (a) discriminate against a current student, a prospective student, or the parent or guardian of a current or prospective student on the basis of race, ethnicity, color, religion, sex, age, national origin, marital status, sexual orientation, gender identity, or disability;
 - (b) refuse enrollment of a prospective student, expel a current student, or withhold privileges from a current student, a prospective student, or the parent or guardian of a current or prospective student because of an individual's race, ethnicity, color, religion, sex, age, national origin, marital status, sexual orientation, gender identity, or disability; or
 - (c) discipline, invoke a penalty against, or take any other retaliatory action against a student or parent or guardian of a student who files a complaint alleging that the program or school discriminated against the student, regardless of the outcome of the complaint.**

Please note that contact information and federal, state, or local content requirements may change between editions of this document and shall supersede the statements and references contained in this version. Please see the online version for the most up-to-date information at www.montgomeryschoolsmd.org/info/nondiscrimination.

For inquiries or complaints about discrimination against MCPS students***	For inquiries or complaints about discrimination against MCPS staff***
Department of Student Conduct and Appeals Student Welfare and Compliance Team Division of Equity and Organizational Development 850 Hungerford Drive, Suite 200, Rockville, MD 20850 240-740-3215 SWC@mcpsmd.org	Human Resource Compliance Officer Division of Human Resources and Talent Management Department of Compliance and Investigations 15 West Gude Drive, Suite B400, Rockville, MD 20850 240-740-2888 DCI@mcpsmd.org
For student requests for accommodations under Section 504 of the Rehabilitation Act of 1973	For staff requests for accommodations under the Americans with Disabilities Act
Section 504 Coordinator Division of Specialized Support Services, Department of School Counseling 850 Hungerford Drive, Room 170, Rockville, MD 20850 240-987-8031 504@mcpsmd.org	ADA Compliance Coordinator Division of Human Resources and Talent Management Department of Compliance and Investigations 15 West Gude Drive, Suite B400, Rockville, MD 20850 240-740-2888 DCI@mcpsmd.org
For inquiries or complaints about sex discrimination under Title IX, including sexual harassment, against students or staff***	
Department of Student Conduct and Appeals, Title IX Team Division of Equity and Organizational Development 850 Hungerford Drive, Suite 200, Rockville, MD 20850 240-740-3215 TitleIX@mcpsmd.org	

*This notification complies with the federal *Elementary and Secondary Education Act*, as amended.

**This notification complies with the *Code of Maryland Regulations* Section 13A.01.07.

***Discrimination complaints may be filed with other agencies, such as the following: U.S. Equal Employment Opportunity Commission (EEOC), Baltimore Field Office, GH Fallon Federal Building, 31 Hopkins Plaza, Suite 1432, Baltimore, MD 21201, 1-800-669-4000, 1-800-669-6820 (TTY); Maryland Commission on Civil Rights (MCCR), William Donald Schaefer Tower, 6 Saint Paul Street, Suite 900, Baltimore, MD 21202, 410-767-8600, 1-800-637-6247, mccr@maryland.gov; Agency Equity Officer, Office of Equity Assurance and Compliance, Office of the Deputy State Superintendent of Operations, Maryland State Department of Education, 200 West Baltimore Street, Baltimore, MD 21201-2595, oeac.msde@maryland.gov; or U.S. Department of Education, Office for Civil Rights (OCR), 61 Forsyth St. S.W., Suite 19T10, Atlanta, GA 30303, 404-974-9406 and TDD: 800-877-8339, OCR.Atlanta@ed.gov, 1-800-421-3481, 1-800-877-8339 (TDD), OCR@ed.gov, or www2.ed.gov/about/offices/list/ocr/complaintintro.html.

This document is available, upon request, in languages other than English and in an alternate format under the *Americans with Disabilities Act*, by contacting the MCPS Office of Communications at 240-740-2837, 1-800-735-2258 (Maryland Relay), or PIO@mcpsmd.org. Individuals who need sign language interpretation or cued speech transliteration may contact the MCPS Office of Interpreting Services at 240-740-1800, 301-637-2958 (VP) mcpsinterpretingservices@mcpsmd.org, or MCPSInterpretingServices@mcpsmd.org.



Published by the Division of Communications
for the Department of Early Childhood, Federal and Special Programs
Prekindergarten/Head Start
0010.26 • Editorial, Graphics & Publishing Services • 7/26 • 1,800
Copyright © 2026 Montgomery County Public Schools, Rockville, Maryland

