Comprehensive Health Education in Grade 7

Disease Prevention and Control

Standard

Maryland State Curriculum Content Standard 7: Students will demonstrate the ability to apply prevention and treatment knowledge, skills, and strategies to reduce susceptibility and manage disease.

Indicators and Objectives

II. Communicable Disease – Analyzing Influences
1. Describe the benefits of and barriers to practicing healthy behaviors.
a. Predict how sexual behaviors and practices influence contraction of STIs and HIV/AIDS.
□ Abstinence
□ Monogamy
☐ Protected and unprotected sexual activity including sexual intercourse
☐ Multiple partners
b. Discover how other behaviors and practices influence contraction of STIs and HIV/AIDS.
☐ Alcohol and drug use
☐ Sharing needles (e.g., piercings, drugs, tattoos)
☐ Mother to child
□ Occupational exposure
☐ Medical staff

III. STIs and HIV/AIDS—Accessing Information

- 1. Compare STIs, (e.g., syphilis, gonorrhea, chlamydia, herpes, and human papillomavirus [HPV]), based on their symptoms, effects on the body, treatment, and prevention.
- a. Describe specific symptoms of bacterial, viral, and parasitic STIs, and their impact on the body.
- b. Evaluate ways to prevent STIs including abstinence from sexual activity.
- 2. Explain HIV/AIDS as a communicable disease.
- a. Describe how HIV is transmitted.
- b. Describe specific symptoms of HIV/AIDS and effects on the body including response of the immune system.
- c. Explain the progression from HIV to AIDS.
- d. Analyze HIV/AIDS contraction as it relates to other STIs—epidemic, target population, trends in data, etc.