Comprehensive Health Education in Grade 7

Alcohol, Tobacco, and Other Drugs

Standard

Maryland State Curriculum Content Standard 2: Students will demonstrate the ability to use drug knowledge, decision-making skills, and health-enhancing strategies to address the non-use, use and abuse of medications, alcohol, tobacco, and other drugs.

Indicators and Objectives

II. Inhalants – Analyzing Influences

- 1. Examine the effects of inhalant use and demonstrate advocacy skills to reduce abuse of drugs.
- a. Describe inhalants.
- b. Analyze the physical, psychological, and social consequences of inhalant use.
- c. Formulate an argument to convince peers not to use inhalants.

III. Other Drugs and New Drug Trends—Accessing Information

- 1. Access information and create awareness about current youth drug trends.
- a. Identify youth drug trends using valid and current health resources.
- b. Organize the drug trend information into legal, social, physical, and psychological effects.
- c. Create an awareness campaign of youth drug trends.

V. Alcohol—Decision Making

- 1. Examine physical, psychological, social, and legal consequences of the use of alcohol.
- a. Organize consequences of alcohol use into legal, physical, psychological, and social categories.
- b. Identify multiple ways to recover from addiction.
- c. Demonstrate decision-making skills related to living an alcohol-and drug-free lifestyle.
- d. Evaluate how peers influence individual choices to use or abstain from alcohol.