

RULES FOR SAFETY

- 1) I always tell my parents or the person in charge where I am going.
- 2) I never talk to strangers or go anywhere with someone I don't know without my parents' permission.
- 3) I say NO when someone tries to trick me.
- 4) I say NO when someone tries to touch me in a way that makes me feel uncomfortable.
- 5) No one has the right to touch my private parts. These are the parts of my body that are covered by my bathing suit.
- 6) I tell my parents or a grown up I trust when I feel confused or frightened.
- 7) I don't keep secrets that scare me or make me uncomfortable.
- 8) A friend who asks me to lie, is not a friend.
- 9) I ask for help if I am confused about my feelings.
- 10) I know that I can say NO, GET AWAY, and TELL SOMEONE if I am scared or uncomfortable.

**Montgomery County, Maryland
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