

When can we expect to see measurable results from the FitTime intervention program, and what are the specific duration guidelines for students?

Results for individual FIT groups should be available after each intervention cycle, which is typically 6-8 weeks. Schools use this information to set goals for additional FIT cycles and student regrouping, and to monitor progress. FIT goals are unique to students' needs at each grade level/school building, so there is no central monitoring tool for FIT goal outcomes. Directors in the Division of School Leadership and Improvement monitor school-specific FIT progress as part of their School Improvement monitoring.