

**Parent Involvement and Collaboration**  
**Bullying Behaviors**  
**Suggestion**

1. Encourage your children to speak up when they have a problem. We, at school, can't deal with the problem when we don't know it exists.
2. Encourage kind behaviors. Parents will sometimes write off behaviors as "cute" , "they'll grow out of it", or "that's how kids act".
3. Be involved in your child's texting and e-mailing. This is where a lot of bullying occurs and where a lot of things start. They can know if their child is one who is not being nice or if they are on the receiving end. Remember they are the parent the child really owns nothing they should not have access to and if knowing they are the parent is not enough then they should also remember they pay the phone bill or internet bill so they should have access to it all.
4. Don't be bully's themselves. Watch how they talk about other parents, students and members of the community.
5. Take your child to volunteer for those who are less fortunate. See that people no matter their situation (homeless, handicapped or jobless) are still people who have the same needs and emotional feelings.
6. Talk to child about characteristics of bullies/victims
7. Discuss with your children what things they should do if they think they are being bullied