

# Force Field Analysis

**Force Field Analysis** is a tool used to analyze current behaviors/beliefs that may be “driving” the group to reach the target goals, and those practices/beliefs that are preventing groups from reaching the goal. Once the preventers have been identified, action plans may be written to address the issues.

**Goal:** Score 80% or above on our unit test.

<b>Drivers:</b> What are we currently doing that is helping us reach our goal?	<b>Preventers:</b> What is keeping us from reaching our goal?
Studying before the test	Off-task behavior
Paying attention in class	Incomplete work
Taking notes	Irresponsibility
Asking for help	Choosing not to study
Completing our homework	Leaving materials in school
Completing our study packet	Avoiding help
Knowing how to study	Poor attitude
Commitment	Lack of effort
How do we maintain and strengthen the drivers?	How do we reduce the preventers?

## Next steps: Action Plan

What needs to be accomplished?	Who will be responsible for the task?	When will task be completed?
Complete all homework assignments	Students Parents	Every night
Finish study guide questions	Students	By next Thursday

# Force Field Analysis

Goal: \_\_\_\_\_  
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Drivers	Preventers
How do we maintain and strengthen the drivers?	How do we reduce the preventers?

Who	What	When