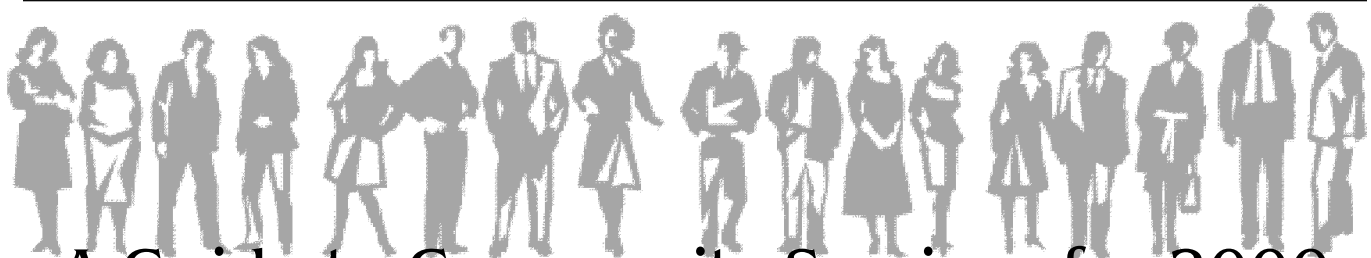
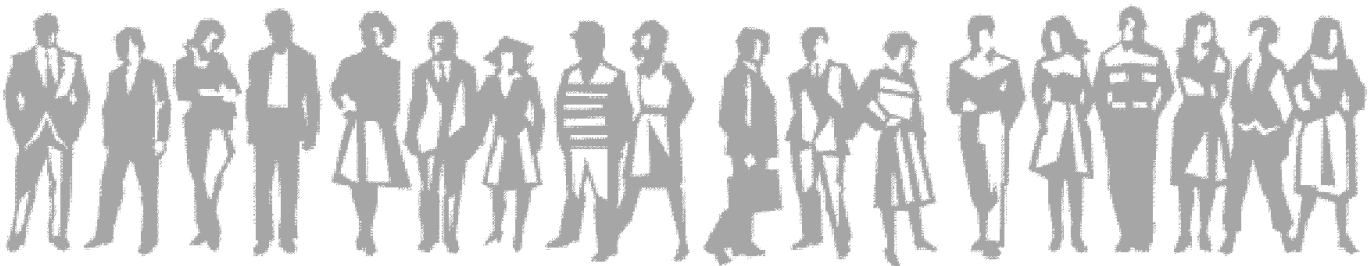
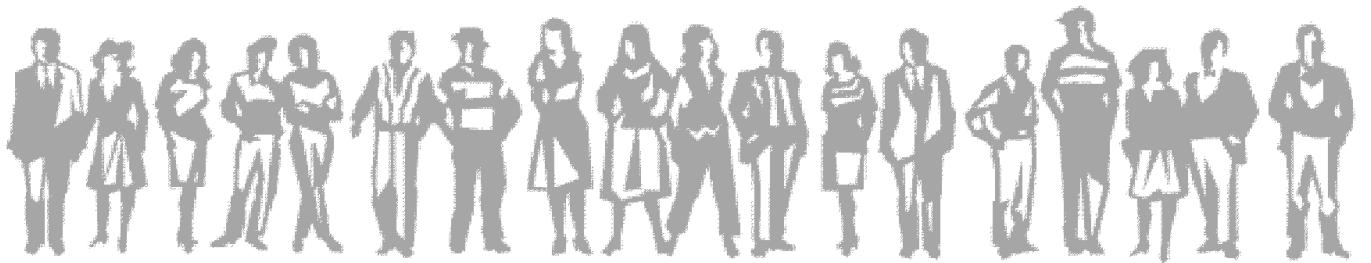
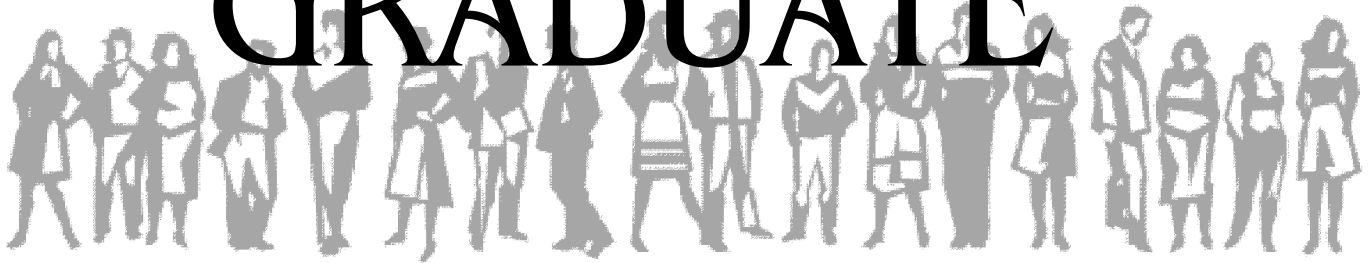


# INFORMATION FOR THE GRADUATE



## A Guide to Community Services for 2000

- Community Mental Health Resources • Further Education and Training
- Help with Basic Needs • Help with Jobs • Independent Living/Residential/Respite Services • Identification • Key Services for Individuals with Disabilities • Medical/Health/Emergency Information • Protecting Your Rights
- Social and Recreational Programs • Support Groups • Transportation •

Montgomery County Public Schools  
Rockville, Maryland



850 Hungerford Drive • Rockville, Maryland • 20850-1747 • 301-279-3381

Dear Student:

Your years in Montgomery County Public Schools are drawing to a close. As you graduate and move into the adult world, you will be looking for information on subjects such as further education, work opportunities, recreation, and independent living. This booklet identifies community agencies that you can contact for assistance or information that will help you to achieve your objectives.

I wish you good luck and all the best in the future.

Sincerely,

A large, stylized handwritten signature in black ink, which appears to read "Jerry D. Weast". The signature is written over the printed name and title.

Jerry D. Weast  
Superintendent of Schools

## Table of Contents

|  |    |
|--|----|
| Identification .....   | 1  |
| Transportation .....   | 1  |
| Help with Basic Needs .....  | 2  |
| Key Services for Individuals with Disabilities .....                     | 3  |
| Further Education and Training .....                                     | 4  |
| Montgomery College Continuing Education .....                            | 5  |
| Help with Jobs .....   | 5  |
| Medical/Health/Emergency Information .....                               | 10 |
| Hospitals .....  | 10 |
| Support Groups .....   | 11 |
| Community Mental Health Resources .....                                  | 14 |
| Adult Day Care/Independent Living/<br>Residential/Respite Services ..... | 16 |
| Social and Recreational Programs .....                                   | 19 |
| Protecting Your Rights ` .....   | 22 |

### How to Use This Booklet

The *Information for the Graduate* booklet is developed as a service to Montgomery County Public School (MCPS) graduates with disabilities and their families. Information on both public and private agencies is included. These agencies are not affiliated with Montgomery County Public Schools. These agencies are listed in alphabetical order under each major category.

## INFORMATION FOR THE GRADUATE

### Identification

#### Armed Services Registration

At age 18, all male citizens must register for possible military service at the nearest post office. A parent or guardian may represent persons with disabilities.

#### Maryland Identification Card

##### Express Offices:

Walnut Hill Shopping Center  
Gaithersburg, MD 20877  
Glenmont Shopping Center  
Georgia Avenue  
Wheaton, MD 20902

#### Motor Vehicle Administration

15 Metropolitan Grove Road  
Gaithersburg, MD 20878  
800-950-1682  
800-492-4574 (TDD)

Applicants must bring a social security card **plus** one other form of identification, such as an original or certified birth certificate, alien registration card certified by the school, military discharge papers, valid passport, or naturalization papers. Also, applicants must provide two proof-of-residence documents, such as a utility bill with name and address. If the proof of residence is in the parent's name, the parent or guardian should accompany the individual and bring his or her own ID or license along with the proof-of-residence documents.

#### MedicAlert Identification

##### MedicAlert Foundation

2323 Colorado Avenue  
Turlock, CA 95382  
800-825-3785 or 800-ID-ALERT  
209-669-2495 (FAX)  
[inquiries@medicalert.org](mailto:inquiries@medicalert.org) (email)  
[www.medicalert.org](http://www.medicalert.org)

MedicAlert Foundation is the nation's leading emergency medical information service and nonprofit membership organization open to all, especially individuals with medical conditions, drug allergies, or on medications. Membership benefits include: computerized confidential medical file. MedicAlert emblem or pendant or bracelet engraved with primary medical condition and call collect number to access 24-hour emergency response center. In an emergency, medical personnel call MedicAlert Foundation for the patient's medical data, which is transmitted immediately to speed diagnosis, accurate treatment and save lives. Fee is \$35 to join and \$15 annual renewal. Free record updates and twice-yearly newsletter.

### Social Security Cards

51 Monroe Street  
Rockville, MD 20850  
301-413-0400  
Wheaton Plaza  
11160 Viers Mill Road  
Wheaton, MD 20902  
301-427-2637 (Voice)  
301-933-8853 (TTY)  
800-772-1213 (General Information)

Applicants must bring a certified copy of their birth certificate and one other form of identification to the Social Security Administration to apply for cards.

### Transportation

#### METRO Cards

600 Fifth Street, NW Washington, DC 20001  
202-637-7000 (Customer Information 202-962-1245)  
(Voice - disabled fare cards) 202-638-3780  
(TDD - disabled fare cards)

Persons with disabilities may be able to get reduced-fare Metro cards. Applications may be obtained by calling. Applications are processed in person at the above location from 7:30 a.m. to 3:30 p.m., Monday through Friday. Applications are not accepted by mail. Call for additional information or locations.

#### METRO Access

1010 Wayne Avenue, Suite 510  
Silver Spring, MD 20910  
301-588-8184 (Voice)  
301-588-8186 (TDD)

Metro Access is a public transportation service sponsored by the Washington Metropolitan Area Transit Authority (WMATA), local governments, and local fixed-route transportation operators who provide curb-to-curb service for persons with disabilities who cannot use regular public transportation and have been certified as eligible to use paratransit service.

#### Para Transit Office

3950 Ferrara Drive  
Wheaton, MD 20906  
301-468-4446 Transit Information Center (Voice) 301-468-4109 (TTY)  
[www.dpwt.com/rideon](http://www.dpwt.com/rideon)

Persons using a wheelchair must arrange trips in advance by calling Metro Access at 301-588-8184. All trips must be arranged by 3:00 p.m. on the weekday before the trip. Trips for Saturday, Sunday, or Monday must be called in to Metro Access by 3:00 p.m. on Friday.

## INFORMATION FOR THE GRADUATE

### **TAXI Service**

Barwood Cab, Inc.  
4900 Nicholson Court  
Kensington, MD 20895  
301-984-1900

There is a 24-hour taxi service for persons with physical disabilities who use wheelchair-accessible vehicles. Reservations should be made two hours or more prior to the requested pick-up time.

## **Help with Basic Needs**

### **Child Care**

#### **Locate Child Care at**

Children's Resource Center  
332 West Edmonston Drive  
Rockville, MD 20852  
301-279-1773

#### **Montgomery County Child Care Services Subsidy Program: Purchase of Child Care (POC) Program, Working Parents Assistance (WPA) Program**

240-777-1155  
Provides financial services for child care for those who meet eligibility requirements.

### **Casa de Maryland, Inc.**

310 Tulip Avenue  
Takoma Park, MD 20912  
301-270-0442 (main office)

Offers referrals where needed. Does immigration work and helps with home buying.

734 University Blvd, East  
Silver Spring, MD 20903  
301-431-4177 (employment)  
301-431-1278 (housing)  
301-431-4185 (legal)  
301-431-4147 (HIV program - information related to AIDS)  
12900 Middlebrook Road  
Germantown, MD 20877  
240-777-3499

### **Crossway Community Share Care**

3015 Upton Drive  
Kensington, MD 20895  
301-929-2505  
Connects families with compatible child care.

### **Department of Health and Human Services (HHS)**

Provides help with a variety of needs. Some of them are listed below.

#### **Financial, Food Stamps, Medical Services**

1301 Piccard Drive  
Rockville, MD 20850  
240-777-4600 (main)

Information on food stamps, medical assistance or cash assistance.

12900 Middlebrook Road  
Germantown, MD 20877  
240-777-3071  
8818 Georgia Avenue  
Silver Spring, MD 20910  
240-777-3100

#### **Food, Clothing, Household Goods**

#### **Adventist Community Services**

501 Sligo Avenue  
Silver Spring, MD 20910  
301-585-6556

Service for low income families which provides food once per month; clothing once during a 13 month period and furniture once per year.

#### **Bethesda Help**

301-294-4888

Transportation, emergency food, clothing and shelter needs. Provides referrals to appropriate agencies. Must be resident of Bethesda, Chevy Chase, Kensington, Garrett Park, Glen Echo, or Cabin John.

#### **Damascus Help**

301-253-4100

Food, transportation, clothing, shelter, and furniture, available when possible. Must live in upper Montgomery County, from Goshen Road to Frederick County line to Howard County line.

#### **Gaithersburg Help**

301-216-2510

Emergency food, transportation, and/or financial help. Must live in general area of Gaithersburg.

#### **Germantown Help**

301-482-1320

Temporary emergency food relief organization

## INFORMATION FOR THE GRADUATE

### **Manna Food Center**

614 Lofstrand Lane  
Rockville, MD 20850  
301-424-1130

Emergency supplies of food to persons referred by bona fide organizations that serve the needs of the entire county.

### **Olney Help**

301-774-4334

Emergency food and some financial assistance for prescriptions and rent, clinics, and social services. Must be resident of 20832, 20833, 20860, 20861, and 20862.

### **Silver Spring and Wheaton Help**

301-585-4357

Emergency assistance with food, clothing, and finances.

### **Western/Upper Montgomery County (WUMCO) Help**

301-972-8481

Emergency transportation, emergency food, assistance with paper work, "trouble shooting" with agencies, and financial assistance with prescriptions, utilities, rent etc. Assists with financing for daycare, holiday food and toy baskets. Person must be resident of Poolesville, Dickerson, Barnesville, Boyds, or Beallsville.

### **Interfaith Clothing Center**

751 Twinbrook Parkway  
Rockville, MD 20851  
(located in Broome Middle School, ground level)  
301-424-3796  
301-424-2724 FAX

[ICC@communityministrymc.org](mailto:ICC@communityministrymc.org) (email)

Distributes donated clothing, house wares, and school supplies, free of charge, to low-income residents of Montgomery County. Call for hours and more information.

## **Key Services for Individuals with Disabilities**

### **Benefits INfoSource**

1400 Spring Street, Suite 400  
Silver Spring, MD 20910  
888-704-7113 (weekday)  
888-836-1776 (weeknight/weekends)

Provides information, assistance, and training about Social Security Administration's benefits, work incentives, and public health insurance under a grant from Maryland Developmental Disabilities Council through Independence Now.

### **Community Support Network (CSN)**

401 Hungerford Drive, 2nd floor  
Rockville, MD 20850  
240-777-1216 (Voice/TDD)  
240-777-3067 (FAX)

Assists students graduating from special education programs and their families in accessing adult services, including linkages with agencies and providers, planning, advocacy, and community resource information.

### **Department of Rehabilitation Services (DORS)**

Wheaton Plaza-North Office Building  
2730 University Boulevard, Suite LL1  
Wheaton, MD 20902  
301-949-3750  
301-949-5226 (TDD)

Helps eligible persons with disabilities get job training and placement. This state agency will refer individuals with disabilities to appropriate programs.

### **Department of Health and Human Services - Aging and Disability Services**

#### **Access Line**

240-777-3000 (Voice)  
240-777-3075 (TTY)  
24-hour assistance

Call the Disability Services AccessLine for trained counselors to identify the specific programs, services, and benefits available Countywide to serve people with disabilities. Programs include home care, respite, housing needs assessment, transportation, education, and much more.

### **Commission on People with Disabilities**

240-777-1246 (Voice)

Provides information for people with Disabilities

### **Developmental Disabilities Administration (DDA)**

Southern Maryland Regional Office  
312 Marshall Avenue, Suite 500  
Laurel, MD 20707  
301-362-5100 (Voice)  
301-362-5131 (TTY)

Provides residential, day, and support services to individuals with developmental disabilities, such as mental retardation, epilepsy, and cerebral palsy.

## INFORMATION FOR THE GRADUATE

### **Maryland Technology Assistance Program (TAP)**

2301 Argonne Drive  
Baltimore, MD 21218  
800-TECH-TAP

Provides information and consultation on securing products, devices, services, and other resources including funding for assistive technology and housing modifications for persons with disabilities. Provides training and re-training.

### **Metro Washington Relay Service**

202-855-1234 (TTY) Washington, D.C.  
202-855-1000 (Voice)  
800-735-2258 (TTY) Maryland  
800-828-1120 (TTY) Virginia  
800-828-1140 (Voice)  
800-855-2880 (TTY) AT&T Long Distance Relay  
800-855-2881 (Voice)  
800-855-2882 (ASCII)

Provides telephone communication assistance for individuals with hearing impairments.

### **Montgomery County Government Emergency Line Information Services**

101 Monroe Street, 2nd Floor  
Rockville, MD 20850  
240-777-6500  
240-777-6505 (TTY)

Provides information on a variety of Montgomery County community programs including, available activities, transportation options, Montgomery College courses and County Council meetings.

### **Supplemental Security Income (SSI) Benefits**

800-772-1213

Provides benefits for US citizens with disabilities who have limited resources and income.

## **Further Education and Training**

### **Adult Education**

#### **Montgomery County Public Schools**

Connecticut Park Center  
12518 Greenly Street  
Silver Spring, MD 20906  
301-929-2025  
301-279-3323 (TDD)

Offers courses in various subjects countywide. The Adult Education brochure, mailed to all residents in Montgomery County three times a year, is also available at all public libraries.

### **Adventist Community Services**

501 Sligo Avenue  
Silver Spring, MD 20910  
301-585-6556

Offers courses twice a year in GED, and life skills.

### **HEATH Resource Center**

One Dupont Circle, Suite 800  
Washington, DC 20036-1193  
202-939-9320 (Voice/TTY)  
800-544-3284 (Voice/TTY)

Operates the national clearinghouse on postsecondary education for individuals with disabilities. Provides specialized educational information to people with disabilities, their families, and professionals.

### **Maryland Apprenticeship and Training Program**

1100 N. Eutaw Street, Room 606  
Baltimore, MD 21201  
410-767-2246  
410-767-2220 (FAX)  
[dllr@dllr.state.md.us](mailto:dllr@dllr.state.md.us) (email)

Registration and certification agency for skilled trade programs in the state. Employers, associations, and unions are the training providers. To be considered for an apprenticeship you must be at least 16 years of age, available to work full time and attend classroom training two evenings per week for duration of the training. The length of training (two to five years) varies depending on the occupation. Reliable transportation is generally required. Examples of occupations are: electricians, plumbers, police officers, steam fitters, and structural.

### **Montgomery College**

Disability Support Services  
Rockville Campus  
51 Mannakee Street  
CAB, Room 122  
Rockville, MD 20850  
301-279-5058 (Voice)  
301-294-9672 (TTY)  
Germantown Campus  
301-353-7734 (Voice/TTY)  
Takoma Park Campus  
301-650-1475 (Voice/TTY)

Provides a wide range of support services and adaptive equipment to qualified students with documented disabilities to ensure access to the college programs. Also has a Learning Center Program on the Rockville campus for students with specific learning disabilities who have the potential and motivation to succeed in college level classes, but require a developmental program in reading, composition, and study skills. Call the Rockville campus to request sign language interpreters for all campuses.

## INFORMATION FOR THE GRADUATE

### Montgomery College Continuing Education

#### The Challenge Program

Montgomery College  
Rockville Campus  
51 Mannakee Street  
Rockville, MD 20850  
301-251-7914

[sbassey@mc.cc.md.us](mailto:sbassey@mc.cc.md.us) (email)

Typical course offerings of: "Act for Yourself: Social Skills Through Drama", "Basic Keyboarding", "Keeping Fit", "Painting and Drawing", "Math or Reading Review", and "Writing Workshop" are the types of courses that help enable adults with developmental disabilities to function more independently in the home, at work, and in the community. Of equal importance, students will have the opportunity to increase their social and community awareness on the college campus.

#### Other Education/Training

For information about other postsecondary training at colleges and technical schools, contact your local public library or local college. Many colleges have services for students with disabilities.

#### School Records

School records may be needed to verify eligibility for services as an adult. Records will be kept at schools for five years after graduation. At the end of that time, some records are sent to MCPS Central Records to be put on microfilm. Contact the school principal if copies of records are needed. Psychological reports are available from the Department of Pupil Services, 301-279-3805, with a request signed by the person who authorized the assessment.

### Help with Jobs

#### Adolescent Employment Readiness Center, Children's National Medical Center

111 Michigan Avenue, NW,  
Suite 1301, Green  
Washington, DC 20010-2970  
202-884-3203  
202-884-3385 (FAX)

[vschuile@cnmc.org](mailto:vschuile@cnmc.org) (email)

Provides vocational counseling and career guidance to youth with chronic health problems and physical disabilities ages 12 to 21.

### American Foundation for Autistic Children Living and Learning Center

21515 Zion Road  
Brookeville, MD 20833  
301-258-8465  
301-548-0349 (FAX)

Provides a residential program for adults with autistic-type behaviors. Offers a day habilitation program.

#### Anchor Employment Services

Anchor Mental Health  
1001 Lawrence Street, NE  
P.O. Box 29058  
Washington, DC 20017-0058  
202-832-6280  
202-832-8216 (FAX)

Provides supported employment for qualified workers who are recovering from mental illness.

The Arc of Montgomery County  
603 Southlawn Lane  
Rockville, MD 20850  
301-294-6840 (vocational services)  
301-294-0669 (FAX)  
[asachs@arcmontmd.org](mailto:asachs@arcmontmd.org) email  
[www.arcmontmd.org](http://www.arcmontmd.org)

Provides work adjustment training, job placement, and on-site job coaching to adults with developmental disabilities.

#### Avenues Unlimited, Inc.

8547 Bradford Road  
Silver Spring, MD 20901  
301-585-2608 (Voice/TTY)  
301-585-2935 (FAX)  
[aveun@juno.com](mailto:aveun@juno.com) (email)

Helps job seekers with disabilities market their abilities to employers. Provides a rehearsal interview program that includes a videotaped interview with an employer representative in a career field of his/her choice. Provides videos and training workshops for and about job seekers with disabilities.

#### CHANGE, Inc.

115 Stoner Avenue  
Westminster, MD 21157  
410-876-2179  
410-857-4053 (FAX)

[Carrhaven@aol.com](mailto:Carrhaven@aol.com) (email)

Provides day services for individuals with developmental disabilities, including day habilitation, vocational support, and supported employment.



## INFORMATION FOR THE GRADUATE

### CHI Centers

10501 New Hampshire Avenue  
Silver Spring, MD 20903  
301-439-4330 (Voice)  
301-439-5366 (TDD)  
301-439-8117 (FAX)  
[centers@erols.com](mailto:centers@erols.com) (email)  
[www.erols.com/centers](http://www.erols.com/centers)

Provides work adjustment training, placement, and on-site supported employment for adults with developmental disabilities.

### Columbia Lighthouse for the Blind

1421 P Street, NW  
Washington, DC 20005  
202-462-2900  
202-667-8095 (FAX)  
[info@clb.org](mailto:info@clb.org) email

Provides services to individuals with visual impairments, including career counseling, job placement and post-placement services, independent living skills training, recreation classes, a volunteer program, and the Visionary Store with adaptive technology products.

### Commission for Women, Counseling and Career Center

255 North Washington Street, 4th Floor  
Rockville, MD 20850  
301-279-1800  
301-279-1034 (TTY)  
301-279-1318 (FAX)  
[www.com.co.mo.md.us/csw](http://www.com.co.mo.md.us/csw)

Helps men and women with job choices and career planning. Conducts workshops, provides individual career and personal counseling, posts job listings has displaced homemaker program, and many personal growth and coping classes.

### Community Services for Autistic Adults and Children (CSAAC)

751 Twinbrook Parkway  
Rockville, MD 20851  
301-762-1650  
301-762-5230 (FAX)

Provides supported employment, evaluation, and career planning, personal adjustment, habilitation, travel training, work training, and on-the-job training to individuals with autism.

### Community Support Services

204-206 North Adams Street  
Rockville, MD 20850  
301-545-5002  
301-545-5003 (FAX)

Provides supportive employment for individuals 21 and over who have developmental disabilities. Services may include job development, job coaching, community-based training, transportation, in-home support, and recreational services.

### Community Year of Montgomery County

Mental Health Association  
1000 Twinbrook Parkway  
Rockville, MD 20851  
301-424-0656 ext. 147  
301-738-1030 (FAX)  
[nvincent@mbamc.org](mailto:nvincent@mbamc.org) email

An AmeriCorps program that provides 17 to 25 year olds with the opportunity for an exciting and challenging year of full-time community services. Participants work in the areas of education, human services, and the environment. They receive a weekly stipend, and scholarship upon completion of the program. Program runs from September through July.

### Computer Learning and Resource Center, Inc.

1751 Elton Road, Suite 111  
Silver Spring, MD 20903  
301-431-1628  
301-431-1726 (FAX)  
[clarc@erols.com](mailto:clarc@erols.com) email

Provides vocational training which teaches up-to-date computer classes, supported employment services, and office skills. Has internet access, modern computer library, and resource center. Services are available to adults and older youths with a history of psychiatric illness.

## INFORMATION FOR THE GRADUATE

### Department of Labor, Licensing, and Regulation

Wheaton Plaza  
South Office Building  
Wheaton, MD 20915  
301-929-4385  
301-929-4363 (FAX)  
*Mailing Address:*  
P.O. Box 1317  
Wheaton, MD 20915

Gives free help with finding a job, job testing, counseling, and job market information. Unemployment insurance claims are filed by calling

301-929-4350.

### Developmental Services Group, Inc.

6355 Woodside Court  
Columbia, MD 21046  
410-381-7171  
410-381-5934 (TTY)  
410-381-0782 (FAX)

Offers an array of vocational rehabilitation services, which may include evaluation, day habilitation, work cooperatives, supported employment, and employee development services. Additionally has an outpatient clinic, psychosocial rehabilitation program, and brain injury services.

### Division of Rehabilitation Services (DORS)

Wheaton Plaza North Office Building  
2730 University Boulevard, West, Suite LL1  
Wheaton, MD 20902  
301-949-3750  
301-949-5226 (TTY)  
301-949-5876 (FAX)

Assists eligible persons with physical, mental, or emotional disabilities to get job training and placement. This state agency will refer individuals with disabilities to appropriate programs.

### Epilepsy Foundation of the Chesapeake Region (EFCR)

1738 Elton Road, Suite 320  
Silver Spring, MD 20903  
301-431-7740  
301-431-7742 (FAX)

Assists young adults in finding jobs and keeping jobs in their communities through individualized services, including supported employment, vocational support, on the job training, travel training and ongoing on-the-job supports.

### Epilepsy Foundation of the Chesapeake Region (EFCR)

300 E. Joppa Road, Suite 1103  
Towson, MD 21286  
800-492-2523  
410-828-7708 (FAX)

Will assist people with epilepsy and other disabilities achieve their personal goals and in reaching their maximum potential (includes employment and training).

### Fairfax Opportunities Unlimited, Inc.

6295 Edsall Road, Suite 175  
Alexandria, VA 22312  
703-461-6000  
703-461-7905 (TTY)  
703-461-3906 (FAX)

Provides vocational training and employment services for adults with physical and mental disabilities, including assessment, training, case management/referral, job placement, and job coaching/follow-up employment.

### Head Injury Rehabilitation and Referral Services

1 Church Street, Suite 102  
Rockville, MD 20850  
301-309-2228  
301-309-2278 (FAX)

Provides day treatment, vocational preparation, supported employment, and individual support services designed to meet the needs of individuals with acquired brain injuries.

### Housing Opportunities Commission (HOC)

10400 Detrick Avenue  
Kensington, MD 20895  
301-929-6700

Provides support towards employment and training services for HOC residents.

## INFORMATION FOR THE GRADUATE

### **International Association of Machinist Center for Administering Rehabilitation and Employment Services(IAM CARES)**

1320 Fenwick Lane, Suite 703  
Silver Spring, MD 20910  
301-495-5967  
301-495-5969 (FAX)  
301-495-5968 (TTY)  
[iamcares@iamcaresdc.org](mailto:iamcares@iamcaresdc.org) email  
[www.iamcaresdc.org](http://www.iamcaresdc.org)

Provides workforce development services. These services include benefits counseling, job search skills training, job search assistance, job referral, resume preparation, job placement, and community workforce development. Through an in-house computer training lab also offers computer update skills training to individuals who have basic computer skills.

### **Independence Now, Inc.**

Montgomery County Division  
1400 Spring Street, Suite 400  
Silver Spring, MD 20910  
301-587-4162  
301-588-3951(FAX)  
[in@clark.net](mailto:in@clark.net) (email)  
[www.md-cils.org](http://www.md-cils.org)

Offers independent living and advocacy services for persons with all disabilities. Will assist individuals of any age who have disabilities, to achieve their self-selected goals.

### **Jewish Social Service Agency**

6123 Montrose Road  
Rockville, MD 20852  
301-816-2628 Vocational Services  
301-881-3700 Social Services  
301-881-5623 (TDD)  
301-881-4453 (FAX)

Provides vocational skills training, career development and career counseling to people with disabilities.

### **Job Corps**

Job Corps  
6401 Golden Triangle Drive, Suite 450  
Greenbelt, MD 20770  
301-982-1150  
301-614-9520 (FAX)  
[dceswa00@jcdc.jobcorps.org](mailto:dceswa00@jcdc.jobcorps.org) email

Provides comprehensive vocational training and education program for young adults (ages 16-24). It is primarily residential in nature, but some urban nonresidential programs exist for qualified applicants. In addition to vocational training, drivers education, two-year college program, medical and dental care, intensive orientation, occupational exploration, world-of-work counseling, personal counseling and recreation are provided.

### **Job Training and Tryout(JT&T)**

603 Southlawn Lane  
Rockville, MD 20850  
301-294-6840  
301-294-0669 (FAX)

Offers a transitional employment program for adults with mild developmental disabilities. Services include career planning, job development, on-the-job training, work adjustment training, and time-limited follow-up support services.

### **Jobs Unlimited, Inc.**

#### **Upscale Resale Thrift Shop**

1075 Rockville Pike

#### **Talbot Center**

Rockville, MD 20852  
301-738-7723  
301-738-7725 (FAX)

Promotes vocational (entrepreneurial services) opportunities for persons with long-term mental illness. Provides job vocational training program for persons with long-term mental illness gaining them jobs in upscale resale shop doing a variety of tasks.

### **Kennedy Institute, Maryland Supported Employment Program**

51 Monroe Street, Suite 708  
Rockville, MD 20850  
301-424-3202 or 424-3203  
301-424-4239 (FAX)  
[mse@kennedyinstitute.org](mailto:mse@kennedyinstitute.org) (email)

Provides supported employment options for individuals with developmental disabilities.

## INFORMATION FOR THE GRADUATE

### **Kennedy Institute, Positive Alternative Program**

1320 Fenwick Lane, Suite 300  
Silver Spring, MD 20910  
301-562-1375  
301-562-1380 FAX

Services include adult literacy classes, both remedial and GED preparation, job club/work readiness groups, life skills, relapse prevention/aftercare, vocational evaluations, job development, placement and follow-up services, drug testing, and group and individual counseling.

### **Mainstream, Inc.**

6930 Carroll Avenue  
Takoma Park, MD 20912  
301-891-8777  
301-891-8778 (FAX)

[info@mainstreaminc.org](mailto:info@mainstreaminc.org) [email](#)

Assists qualified job seekers with any kind of physical, mental, sensory or emotional disability find competitive employment. These services include one-on-one career counseling and planning, job search skills and disability issues training, assistance with resume and cover letter preparation and more. Job seekers have access to Mainstream's Career Resource Center to practice and improve computer skills, construct and update cover letters and resumes, conduct job searches and access the internet. In addition the resource center provides the latest job listings as well as access to computers, fax machine, typewriter, copier and assistive technologies.

### **Montgomery County Conservation Corps**

12210 Georgia Avenue  
Wheaton, MD 20902  
301-929-5554  
301-929-5560 (FAX)

[www.co.md.md.us/hhs/mccc/](http://www.co.md.md.us/hhs/mccc/)

Participants, ages 17 to 24, learn and work full time in conservation, landscape, carpentry and woodworking. Corps members who earn from \$5.50 to \$6.50 per hour, also attend GED and/or computer as well as participate in life skills development workshops. Corps members can complete a basic six-month component or stay on and complete the 12-month advanced program. Applicants can call for an appointment.

### **Montgomery County Chamber-Workforce Corporation**

451 Hungerford Drive, Suite 515  
Rockville, MD 20850  
301-738-0015  
301-738-8792 (FAX)

Works to ensure that Montgomery County has a well-prepared, educated, and adaptable work force.

### **Job Opportunities for the Blind (JOB)**

#### **National Federation for Blind**

1800 Johnson Street  
Baltimore, MD 21230  
410-659-9314

The National Federation of the Blind in partnership with the United States Department of Labor operates a free program called (JOB). Now, drawing on a formidable commitment from governmental, not-for-profit, and private sector partners (the first of these being United Parcel Service), the program will train otherwise job-ready clients who are blind from state vocational rehabilitation agencies in the information access technology they need for jobs. Once trained, the clients will have an opportunity to apply and be actively considered for jobs with a leading private-sector employer.

#### **Operation Job Match**

2021 K Street, NW, Suite 715  
Washington, DC 20006  
202-887-0136  
202-296-3425 (FAX)

Provides job seeking skills, job preparation, job development, and follow-up services to individuals with multiple sclerosis and other adult-onset, physical disabilities.

### **Job Opportunities for the Blind (JOB)**

6355 Woodside Court  
Columbia, MD 21046-1071  
410-381-7171  
410-381-5934 (TDD)  
410-381-0782 (FAX)

[www.dsgrehabilitation.com](http://www.dsgrehabilitation.com) (email)

Provides job readiness training, job placement, skilled signing staff, and transportation training to consumers who are deaf and live in the Baltimore/Washington area.

## INFORMATION FOR THE GRADUATE

### Rehabilitation Opportunities, Inc.(ROI)

5-5 Metropolitan Court  
Gaithersburg, MD 20878  
301-417-2435  
301-417-0505

Offers work adjustment training, job placement services and follow-up, transportation arrangements, and counseling to people with disabilities in Prince George's and Montgomery Counties.

### Rock Creek Foundation for Mental Health

700 Roeder Road  
Silver Spring, MD 20910  
301-585-1282  
301-589-3469 (FAX)

[www.capaccess.org](http://www.capaccess.org) (email)

Provides mental health and vocational services to adults with developmental and behavioral difficulties and to individuals with long-term mental illness.

### SEEC

707 Conservation Lane, Suite 200  
Gaithersburg, MD 20878  
301-527-0440  
301-527-0119 (FAX)  
[sseec@aol.com](mailto:sseec@aol.com) email

Provides job placement and supported employment services to adults with developmental disabilities, including those with severe and profound conditions. Also provides living arrangements and recreational day programs.

### Spinal Cord Injury Network

51 Monroe Street, Plaza West 9  
Rockville, MD 20850  
301-424-8335  
301-424-8858 (FAX)

Helps individuals with spinal cord injuries and other related conditions get back into the community by providing information, referrals, peer counseling, and support groups. Offers a personal assistance registry for persons needing attendants.

### St. Luke's House, Inc., Back to Work Program

6040 Southport Drive  
North Bethesda, MD 20814  
301-493-4200 ext.233  
301-493-6209 (FAX)  
[abramson@stlukeshouse.com](mailto:abramson@stlukeshouse.com) (email)

Helps individuals recovering from mental illness to choose, find, and keep a job. Provides vocational evaluation, job placement, supported employment assessment, and supported employment.

### Target Community and Educational Services

111 Stoner Avenue  
Westminster, MD 21157  
410-848-9090  
410-848-7409 (FAX)

Provides work adjustment training, job development and placement, vocational skills training and evaluation to individuals with disabilities in Carroll and Montgomery Counties.

### Threshold Services, Inc. (TSI)

"Working Solutions"  
1398 Lamberton Drive  
Silver Spring, MD 20902  
301-754-1102

Supported employment helps people choose, get and keep jobs.

### TLC Outcomes Neuro Rehabilitation Center

9975 Medical Center Drive  
Rockville, MD 20850  
301-294-9205  
301-294-9209 (FAX)

Provides vocational programs, vocational evaluation, employee development, community employment services, speech/language therapy, and individual supports.

### TransCen, Inc.

451 Hungerford Drive, Suite 700  
Rockville, MD 20850  
301-424-2002  
301-279-0086 (Job Announcements)  
301-309-2435 (TTY)  
301-251-3762 (FAX)

Provides information, referral and consultation to youth in transition and their families. Contracts with the Department of Rehabilitation Services (DORS) to provide paid internships and job-search assistance for out-of-school youth up to age 23. Training available to employers.

### United Cerebral Palsy (UCP) of Central Maryland

5736 Industry Lane  
Frederick, MD 21704  
301-663-8700 (Voice)  
800-826-6501 (Voice)  
800-451-2452 (TDD)

Provides assessment, job placement, and supported employment services in the community for individuals with developmental disabilities.

## INFORMATION FOR THE GRADUATE

### United Cerebral Palsy (UCP) of Prince George's and Montgomery Counties

Wm. Irwin Buck Center  
3901 Woodhaven Lane  
Bowie, MD 20715  
301-262-4993  
301-262-4982 (FAX)

[www.ucppgmc.com](http://www.ucppgmc.com)  
[www.high-school-high-tech.com](http://www.high-school-high-tech.com)

Provides information, referral, transition and employment services.

This includes supported employment for adults with physical disabilities, and for adults who are mentally retarded.

## Medical/Health/ Emergency Information

### Emergency Assistance

Dial 911 for Fire, Ambulance and Police.  
911 emergency, for TDD users call will automatically transfer to TDD  
301-762-1007 - non emergency number for TDD users

### Medicaid

240-777-3100 Silver Spring  
240-777-4600 Rockville  
240-777-3420 Germantown

### Hospitals

#### Holy Cross

1500 Forest Glen Road Silver Spring, MD 20910  
301-754-7000 Main  
301-754-7500 Emergency Room  
301-754-7406 (TTY)

#### Montgomery General

18101 Prince Philip Drive  
Olney, MD 20832  
301-774-8882 Main  
301-774-8900 Emergency  
301-774-6264 (TTY)  
1-888-376-8881 Physician Referral and  
Community Education

#### National Rehabilitation Hospital (NRH)

3 Bethesda Metro Center, Suite 950  
Bethesda, MD 20814-5356  
301-581-8030  
102 Irving Street, NW  
Washington, DC 20010  
202-877-1000  
202-726-7701 (FAX)

### Suburban

8600 Old Georgetown Road  
Bethesda, MD 20814  
301-896-3100 Main  
301-896-3880 Emergency  
301-896-2010 (TDD)  
301-896-7329 (FAX)  
202-625-3333 Poison Control Center

### Shady Grove Adventist

9901 Medical Center Drive  
Rockville, MD 20850  
301-279-6000 Main  
301-279-6053 Emergency  
301-279-6405 (TDD)  
301-340-7102 (FAX)  
[www.adventisthealthcare.com](http://www.adventisthealthcare.com)

### Washington Adventist

7600 Carroll Avenue  
Takoma Park, MD 20912  
301-891-7600 Main  
301-891-5070 Emergency  
301-891-5081 (TDD)  
301-891-5991 (FAX)  
[www.adventisthealthcare.com](http://www.adventisthealthcare.com)

### Montgomery County Crisis Intervention Center

1301 Piccard Drive  
Rockville, MD 20850  
301-315-4000 Immediate Crisis Line  
301-738-2255 Supportive Listening Line  
301-315-4673 Abused Persons Crisis Line  
240-777-4815 TTY Crisis Line  
240-777-1355 Sexual Assault Crisis Line  
301-770-0193 Open Door Runaway Program

**Lines open 24 hours a day**

### Montgomery Volunteer Dental Clinic

14015 New Hampshire Avenue  
Silver Spring, MD 20904  
301-384-9795  
301-384-2350 (FAX)

Provides basic/routine dental services to impoverished Montgomery County residents between the ages of 19 and 59. Must provide previous year tax form for proof of income. (Age, residence, income and no dental insurance usually verified through referral agencies).



## Support Groups

### Al-Anon/Alateen

c/o St. Paul's Episcopal Church  
Rock Creek Church Road and Webster Street, NW  
Washington, DC 20011  
202-882-1334

Provides support for individuals who have a family member with an alcohol problem, a meeting directory for the Washington metropolitan area, Al-Anon/Alateen family groups and information service.

### Alcoholics Anonymous (AA)

WAIA Central Office  
4530 Connecticut Avenue, NW, #111  
Washington, DC 20008  
202-966-9115

[www.smart.net/~alassoc/AA/dcdir.htm](http://www.smart.net/~alassoc/AA/dcdir.htm)

Provides supports for sobriety. Will give time and place of a meeting near you. A directory of *Where and When* AA closed and open meetings are held in Maryland, Virginia, and Washington, D.C., published quarterly.

### The Arc of Montgomery County

11600 Nebel Street  
Rockville, MD 20852  
301-984-5777  
301-881-1548  
301-816-2429 (FAX)  
[asachs@arcmontmd.org](mailto:asachs@arcmontmd.org) (email)  
[www.arcmontmd.org](http://www.arcmontmd.org)

This is a DDA funded service providing direct services and support to adults with developmental disabilities who are living in their own homes. This program helps individuals develop maximal self-sufficiency in addressing issues of day-to-day life in their communities.

### Community Services for Autistic Adults and Children (CSAAC)

751 Twinbrook Parkway  
Rockville, MD 20851  
301-762-1650  
301-762-5230 (FAX)  
[csaac@csaac.org](mailto:csaac@csaac.org) (email)

Provides information and referral services as well as residential, vocational, and community services for adolescents and adults.

### Federation of Families for Children's Mental Health

Montgomery County Chapter  
17717 Cliffbourne Lane  
Derwood, MD 20855  
301-963-0625

Parents and other members of families with a child with a serious emotional disturbance can get help. Information and support from family members with similar experiences as well as from trained professionals is available from and through the Montgomery County (Maryland) Federation of Families for Children's Mental Health. Information includes available resources and advice on how to get them. Call MaryJo or Bill Quinlan at 301-963-0625.

### Florence Crittenton Services of Greater Washington

815 Silver Spring Avenue  
Silver Spring, MD 20910  
301-565-9333

Offers PEARLS program for teen mothers. Includes weekly educational parenting groups at community sites in the metropolitan area.

### Learning Disabilities Association of Montgomery County, Inc. (LDAMC)

P.O. Box 623  
Rockville, MD 20848-0623  
301-933-1076 (answering service)  
301-654-6874 (FAX)  
[\\_ldamc@ldamc.org](mailto:_ldamc@ldamc.org) (email)

Provides information on services for children and adults with learning disabilities, and to the professionals who work with individuals with learning disabilities, parent advisory service on educational problems, parent groups, tutor referral service, and newsletter to members. Also has a young adult social/career group.

### Montgomery County Council of Parent-Teacher Associations (MCCPTA) Special Needs Committee

Many schools have on their PTA Executive Board, a special needs chairperson who provides information and support to parents. Call your school PTA president or the Special Education Parent Information and Training Center (PITC) at 301-657-4969.

## INFORMATION FOR THE GRADUATE

### **NAMI Montgomery County, MD**

10730 Connecticut Avenue, First Floor  
Kensington, MD 20895-2147  
301-949-5852  
301-949-5853 (FAX)  
[amimcmd@erols.org](mailto:amimcmd@erols.org) (email)

Provides support by phone and through meetings held several times each month. We educate our members about recent improvements in medication, treatment, housing, and rehabilitation through monthly educational meetings, a monthly newsletter and maintenance of a lending library. We educate the general public about mental illness and try to eliminate the stigma it carries. We advocate for nondiscriminatory federal, state and local policies. Our members also serve on county and state policy-making and advisory commissions.

### **Narcotics Anonymous (NA)**

202-399-5316

Provides supports for staying off of drugs. A meeting directory of *Where and When* NA closed and open meetings are held in Maryland, Virginia, and Washington, D.C., is published quarterly.

### **National Association of the Deaf**

814 Thayer Avenue  
Silver Spring, MD 20910-4500  
301-587-1788 (Voice)  
301-587-1789 (TTY)  
301-587-1791 (FAX)  
[nadinfo@nad.org](mailto:nadinfo@nad.org) email  
[www.nad.org](http://www.nad.org)

Nation's largest organization safeguarding the accessibility and civil rights of 28 million deaf and hard of hearing Americans in education, employment, health care, and telecommunications.

### **National Federation of the Blind of Maryland**

5843 Bluesky  
Elkridge, MD 21075  
410-379-6130

Provides advocacy/referral for persons who are blind/visually impaired. Conducts public education on blindness. Scholarships available for persons who are blind or visually impaired.

### **Parent's Place of Maryland**

7257 Parkway Drive, Suite 210  
Hanover, MD 21076  
410-712-0900  
410-712-0902 (FAX)  
[www.somerset.net/parentsplace](http://www.somerset.net/parentsplace) (email)

Parent's Place is a statewide, parent-directed resource center whose sole purpose is to enhance the ability of individuals with disabilities to participate as fully as possible in home, school, and community life through education, information, individual assistance and support activities for their parents and families.

### **Parents Supporting Parents**

P.O. Box 30  
Kensington, MD 20895  
301-949-4352

Parent-to-parent support for parents of children and adolescents with emotional disorders. Also provides workshops on coping skills information and a quarterly newsletter.

### **Parent Information and Training Center(PITC), MCPS**

Lynnbrook Center  
8001 Lynnbrook Drive  
Bethesda, MD 20814  
301-657-4969

Provides information, referral and advisory services with follow up; parent training and outreach.

### **Potomac Community Resources**

9200 Kentsdale Drive  
Potomac, MD 20854  
301-365-0561  
301-365-3104 (FAX)  
[pcrhello@earthlink.net](mailto:pcrhello@earthlink.net) (email)

Provides programs and supports for teens and adults with developmental disabilities and their caregivers. Social and recreational programs include a performance band, a music enjoyment group, partnership with Best Buddies, tennis, basketball and other sports, an expressive movement class, social skills groups, photography club, and various special events throughout the year. A support group and information and referral are available for caregivers. Also works closely with Montgomery county and other organizations to enhance the quality and quantity of services for individuals with developmental disabilities.



## INFORMATION FOR THE GRADUATE

### **United Cerebral Palsy (UCP) of Prince George's and Montgomery Counties**

Wm. Irwin Buck Center  
3901 Woodhaven Lane  
Bowie, MD 20715  
301-262-4993  
301-262-4982 (FAX)

[www.ucppgmc.com](http://www.ucppgmc.com)  
[www.high-school-high-tech.com](http://www.high-school-high-tech.com)

Provides information and referral service; summer day respite for children; transition, and employment services; and support group for families of children with cerebral palsy.

### **Volunteers for the Visually Handicapped (VH)**

8720 Georgia Avenue, Suite 210  
Silver Spring, MD 20910  
301-589-0894  
301-589-7281 (FAX)

[vh@tidalwave.net](mailto:vh@tidalwave.net) email

Provides information and referral, short-term counseling, sale of items for visually impaired, volunteer readers and shoppers, and tape recording services. Also offers training in Braille, mobility and computer literacy.

## **Community Mental Health Resources**

### **Addiction and Mental Health Center**

Montgomery General Hospital  
18101 Prince Philip Drive  
Olney, MD 20832  
301-774-8800 Mental Health  
301-774-8888 Crisis Intervention, 24 hours, for emergencies

Provides inpatient and outpatient psychiatric and addiction treatment persons 13 years and older.

### **Charter Behavioral Health System of Maryland at Potomac Ridge**

14901 Broschart Road  
Rockville, MD 20850  
301-251-4500

Provides inpatient and outpatient programs for adults and adolescents with chemical dependence or psychiatric illness. Offers Operation Runaway: a community outreach program to assist adolescents and parents to solve the problems of the runaway.

### **Child Center and Adult Services, Inc.**

Shady Grove Professional Building  
16220 Frederick Road, Suite 502  
Gaithersburg, MD 20877  
301-978-9750  
301-978-9753 (FAX)

Provides support groups, counseling, therapy, and psychological evaluations for children and adults in individual, family, and group settings.

### **Children of Separation and Divorce (COSD) Center**

966 Hungerford Drive, Suite 11A  
Rockville, MD 20850  
301-610-5666  
2000 Century Plaza, Suite 121  
Columbia, MD 21044  
301-384-0079  
301-596-1677 (FAX)

Helps families of separation, divorce, and remarriage to adjust and cope. Provides individual, family and group counseling, and parent education courses.

### **Community Connections, Youth in Transition Program**

8210 Houston Court, #7  
Takoma Park, MD 20912  
301-585-6118

Provides assessment, counseling, crisis intervention, and life-skills training to youth who are in the process of transitioning to adulthood. Must be 18 years of age or older.

### **Community Psychiatric Clinic (CPC), Mental Health**

#### **Bethesda Outpatient Clinic**

8311 Wisconsin Avenue, Suite C-19  
Bethesda, MD 20814  
301-656-5220

#### **Chestnut Lodge**

500 West Montgomery Avenue  
Rockville, MD 20850  
301-424-8300

Provides in-patient psychiatric service, day treatment programs and mental health clinics.

#### **Gaithersburg Outpatient Clinic**

15944 Luanne Drive  
Gaithersburg, MD 20877  
301-656-5220

Provides outpatient psychotherapy and group counseling.

## INFORMATION FOR THE GRADUATE

### **Germantown Outpatient Clinic**

12900 Middlebrook Road  
Germantown, MD 20874  
301-656-5220

Provides outpatient psychotherapy and group counseling

### **Wheaton Outpatient Clinic**

2424 Reedie Drive  
Wheaton, MD 20902  
301-656-5220

Provides outpatient psychotherapy and group counseling

### **Department of Health and Human Services**

401 Hungerford Drive, Fifth Floor  
Rockville, MD 20850  
240-777-1245 (Voice/TTY)  
301-315-4190 (main)  
301-315-4000 24-Hour Crisis Hotline  
240-777-1132 Addiction Services

Provides crisis intervention and ongoing services for persons who have drug and/or alcohol addictions.

### **The Family Services Agency, Inc.**

620 East Diamond Avenue, Suite J  
Gaithersburg, MD 20877  
301-840-2000  
301-840-9621 (FAX)

Provides family counseling, help with finding daycare, a before- and after-school program, and health services

### **Kennedy Institute, Family and Personal Support Services**

Lone Oak Center  
1010 Grandin Avenue  
Rockville, MD 20851  
301-251-2860  
301-251-8559 (FAX)

Programs include Community Options, Community Companions, CSLA Community Living for those over age 21, homeless case management, respite, supported employment, in-home support services for those 16 and older.

### **Lifetime Assistance Plan of MD/DC**

912 Thayer Avenue, Suite 303  
Silver Spring, MD 20910  
301-587-7815 ext.22

Provides case management, including assistance in the following activities: housing, jobs, benefits, advocacy, financial planning, psychiatric and medical.

### **Maryland Health Partners**

1-800-888-1965

Individuals receiving Medical Assistance or who have no insurance may call for information on referrals and eligibility for mental health services.

### **Mental Health Association (MHA) of Montgomery County**

1000 Twinbrook Parkway  
Rockville, MD 20851  
301-424-0656

Private, nonprofit organization that manages programs for children through seniors with long-term mental illness.

### **Montgomery House**

The Family Services Agency, Inc.  
640 East Diamond Avenue, Suite D  
Gaithersburg, MD 20877  
301-963-1700  
301-963-6137 (FAX)

Helps persons with mental illness or emotional problems learn work skills and how to get and keep a job in the community. Rehabilitation center for the chronically mentally ill. Offers day programs, life skills and social training. Also has a residential program.

### **The Pastoral Counseling and Consultation Centers of Greater Washington**

P.O. Box 18221  
Washington, DC 20036  
202-234-0202

Provides mental health counseling at seven centers in the metropolitan area, including centers in Silver Spring and Bethesda/Kensington. Sliding fee scale.

### **The Rock Creek Foundation for Mental Health**

700 Roeder Road  
Silver Spring, MD 20910  
301-585-1282

Provides psychosocial rehabilitation and employment training as well as residential services for individuals with behavioral and emotional impairment and long-term mental illness.

## INFORMATION FOR THE GRADUATE

### Threshold Services: Mental Health Services

751 Twinbrook Pkwy  
Rockville, MD 20850  
301-838-4100  
301-315-8331 (FAX)

Provides psychiatric treatment; medications; individual, family and group psychotherapy; and psychological assessments. Psychiatrists and therapists on staff.

### Rockville Youth, Family, and Community Services

32 Courthouse Square  
Rockville, MD 20850  
301-309-3390  
301-309-3009 (TDD)  
301-424-2173 (FAX)

Provides emergency social services, community outreach, counseling, crisis intervention, court advocacy, and information and referral services.

### St. Luke's House, Inc.

6040 Southport Drive  
North Bethesda, MD 20814  
301-493-4200 ext. 233  
301-493-6209 (FAX)  
[abrahamson@stlukeshouse.com](mailto:abrahamson@stlukeshouse.com) (email)

Offers a comprehensive psychiatric treatment and rehabilitation program that can be individualized to each adult's needs. Services include psychiatric rehabilitation, outpatient mental health treatment, comprehensive vocational services, crisis services, independent living skills training, housing, case management, and family and natural supports.

### St. Luke's House, Inc., Career Transition Program (CTP)

8555 16<sup>th</sup> Street, Suite 601  
Silver Spring, MD 20910  
301-493-0047 Career Transition Program  
301-565-0527 (FAX)

Provides support to high school students with emotional disabilities as they transition to postsecondary education, the workforce, independent living, and/or other post-high school goals.

### Threshold Services, Inc. (TSI)

1398 Lamberton Drive, Suite 3  
Silver Spring, MD 20902  
301-754-1102

Provides residential housing (supervised apartments and group homes), employment help and community rehabilitation services to adults with long-term mental illness.

## Adult Day Care/ Independent Living/ Residential/Respite Services

### The Arc of Montgomery County

11600 Nebel Street  
Rockville, MD 20852  
301-984-5777 (main)  
301-984-5781 (residential)  
(301) 984-5792 (family and community resources)  
301-816-2426 (FAX)  
[asachs@arcmontmd.org](mailto:asachs@arcmontmd.org) (email)  
[www.arcmontmd.org](http://www.arcmontmd.org)

**Residential Services-** The residential program provides a continuum of services in community-based houses and apartments throughout Montgomery County. Program participants receive hands-on support and training in activities of daily living, recreation and leisure activities, housekeeping, food preparation, money management and self-advocacy.

**Respite Services** - Relief care provided to families who have a family member with developmental disabilities and/or chronic illness; ranges from temporary relief up to intermittent custodial care.

### CALMRA

5020 Sunnyside Avenue, Suite 206  
Beltsville, MD 20705  
301-982-7177

Provides residential services to adults with developmental disabilities who live with their families and whose families, because of age, health, or other reasons, can no longer care for them.

### Canine Companions for Independence (CCI)

P.O. Box 205  
Farmingdale, N.Y. 11735-0205  
516-694-6938 (Voice/TDD)  
516-694-0308 FAX

CCI has a unique program of providing highly trained assistance dogs for individuals with disabilities. The dogs enable CCI's graduates to lead more independent and satisfying lives by helping them overcome physical and social barriers.

## INFORMATION FOR THE GRADUATE

### Caroline Center West

15222 Dino Drive  
Burtonsville, MD 20866  
301-476-9310  
301-476-9805 (FAX)

[info@carolinecenter.org](mailto:info@carolinecenter.org) email

Provides the following services: day habilitation, medical day, residential respite, transportation, seniors and youth services, and homes that are supervised by registered nurses and licensed practical nurses 24-hours per day. Call to obtain an application, must have a primary diagnosis developmental disability.

### CHI Centers

10501 New Hampshire Avenue  
Silver Spring, MD 20903  
301-439-4330 (Voice)  
301-439-5366 (TDD)  
301-439-8117 (FAX)

[www.erols.com/centers](http://www.erols.com/centers)

Provides residential services in alternative living units, community supported living, and group homes for adults with developmental disabilities.

### Community Connections, Youth in Transition Program

8210 Houston Court, #7  
Takoma Park, MD 20912  
301-585-6118  
301-589-4860 (FAX)

Serves young adults, ages 18 to 22, who have a history of mental, emotional, or cognitive impairments.

Provides a supervised apartment setting for learning and practicing independent living skills.

### Community Services for Autistic Adults and Children (CSAAC)

751 Twinbrook Parkway  
Rockville, MD 20851  
301-762-1650  
301-762-5230 (FAX)

Offers a residential program for adults with autism. Housing units are located throughout Montgomery County.

### Community Support Services (CSS)

204-206 North Adams Street  
Rockville, MD 20850  
301-545-5002  
301-545-5003 (FAX)

Offers community integrated residential services to individuals based on need. Individuals served may own or lease their own home or live in a unit owned or leased by CSS.

### Crossway Community

3015 Upton Drive  
Kensington, MD 20895  
301-929-2505

Provides two-year residential program, education programs, training and life skills services for children and parents.

### Epilepsy Foundation of the Chesapeake Region

1738 Elton Road, Suite 320  
Silver Spring, MD 20903  
301-431-7740

Provides supports to children and adults with disabilities to enhance their independent living skills.

### Full Citizenship of Maryland

7711 Garrison Road, Suite 201  
Landover Hills, MD 20784  
301-306-0966

Provides individualized community living supports and assistance to individuals with developmental disabilities.

### Grafton School

#### Central Office

P.O. Box 1300  
Stephens City, VA 22655  
888-955-5205  
11710 Hunters Lane  
Rockville, MD 20852  
301-231-7866  
301-231-7874 (FAX)

**Adult Day Program** - Adults have community placements with stipends and when not working there is full community integration.

**Residential Program** - Has four group homes in Rockville area with 24-hour around the clock supervision focusing on community integration. Primarily for children ages 5 to 21.

### Head Injury Rehabilitation and Referral Services, Inc.

One Church Street, Suite 102  
Rockville, MD 20850  
301-309-2228  
301-309-2278 (FAX)

Provides alternative living units with 24-hour supervision, community supported living arrangements, and drop-in, independent living support services to adults or older adolescents who have acquired a brain injury and who are medically stable.

## INFORMATION FOR THE GRADUATE

### **Department of Housing and Community Affairs (DHCA)**

100 Maryland Ave., 4th floor  
Rockville, MD 20850  
240-777-3600  
240-777-3677 (FAX)  
[\\_www.co.mo.md.us/hca](http://www.co.mo.md.us/hca)

Plans and implements activities which prevent and correct problems that contribute to the physical decline of residential and commercial areas, maintains marketplace which is fair to all parties, increases the supply of affordable housing, and maintains existing housing in safe manner.

### **Housing Opportunities Commission (HOC)**

301-929-6700 Main  
Helps with finding low to moderate-income housing.

### **Housing Unlimited, Inc.**

4928 Wyaconda Rd., Suite 15  
Rockville, MD 20852  
301-230-2825  
301-230-2826 (FAX)

Offers permanent affordable housing for adults with mental illness in Montgomery County.

### **Independence Now, Inc.**

#### **Montgomery County Division**

1400 Spring Street, Suite 400  
Silver Spring, MD 20910  
301-587-4162  
301-588-3951 (FAX)  
888-704-7113 Questions about Social Security Work  
Incentives and other benefits  
[in@clark.net](mailto:in@clark.net) (email)  
[www.md-cils.org](http://www.md-cils.org)

Provides independent living and advocacy services to people with disabilities. Make accessibility modifications to rental units for Montgomery County residents. Also, provides a toll free information and assistance line to answer questions about Social Security Work Incentives and other benefit issues.

### **Jewish Foundation for Group Homes, Inc.**

6010 Executive Boulevard, Suite 800  
Rockville, MD 20852  
301-984-3839  
301-770-4712 (FAX)  
301-984-3449 (TDD)

Serves adults who have mental retardation, mobility impairments, deafness/hearing impairments, learning disabilities, or chronic mental illness. Provides group homes or drop-in support and case management to individuals that reside in apartments and alternative living units.

### **Jubilee Association of Maryland**

11141 Georgia Avenue, Suite 324  
Wheaton, MD 20902  
301-949-8628  
301-949-4628 (FAX)

Provides community residential services to adults who have developmental disabilities. Group homes, training and support services are available to people who live in non-group-home settings.

### **Kennedy Institute: Family and Personal Support Services, Respite Program**

801 Buchanan Street, N.E.  
Washington, DC 20017  
202-529-7600

Provides staffed residences in houses or apartments as well as the development of private-pay residential arrangements. Community Living apartment programs in Rockville area.

### **Kennedy Institute, Community Options Program**

1010 Grandin Ave.  
Rockville, MD 20851  
301-251-2860

A day program for Montgomery County adults over the age of 21 with severe and profound mental retardation. Participants qualify through DDA and have use of the Mobile Transport program.

### **Med Source**

2090 Old Farm Drive, #1E  
Frederick, MD 21702-5400  
301-322-8460

Provides individuals with developmental disabilities opportunities to live in community-based residential environments.

## INFORMATION FOR THE GRADUATE

### National Children's Center

Adult Services Program  
6200 Second St., NW  
Washington, DC 20011  
202-722-2300  
202-722-2383 (FAX)  
410 University Blvd., West  
Silver Spring, MD 20901  
202-722-2391  
202-722-2533 (FAX)

[www.washingtonpost.com/wp/ncc](http://www.washingtonpost.com/wp/ncc)

**Residential Services** - Provides a range of residential services for individuals with developmental disabilities, including a 24-hour supervised program, a Transitional Living Unit (8-21 year olds), group homes, independent apartments, and supervised apartments.

**Adult Day Services** - A day program that provides adults with mental retardation and/or multiple disabilities a therapeutic program of life survival skills and behavioral adjustment.

### Paws With A Cause

P.O. Box 146  
Mt. Airy, MD 21771  
301-831-9390 (Voice/TDD)  
Headquarters  
4646 South Division  
Wayland, Michigan 49348  
800-253-PAWS(7297)  
Email:paws@alliance.net

Trains assistance dogs nationally for people with disabilities and provides lifetime team support, which encourages independence, and promotes awareness through education.

### Rock Creek Foundation for Mental Health

700 Roeder Road  
Silver Spring, MD 20910  
301-589-8303

Provides a variety of supported community living services for individuals with disabilities.

### St. Luke's House, Inc.

6040 Southport Drive  
N. Bethesda, MD 20814  
301-493-4200 ext. 234  
301-493-6209 (FAX)

Residential facilities located throughout Montgomery County for adults with mental illness. Rehabilitation services also provided to persons living in their own homes. Applications to this program are made by calling Maryland Health Partners, 1-800-888-1965.

### SEEC

707 Conservation Lane, Suite 200  
Gaithersburg, MD 20878  
301-527-0440  
301-527-0119 (FAX)  
[sseec@aol.com](mailto:sseec@aol.com) email

Community Living Program provides support and assistance to individuals with disabilities so that they may live in the community in a home of their choosing.

### Target Community and Educational Services

111 Stoner Avenue  
Westminster, MD 21157  
410-848-9090  
410-848-7409 (FAX)

Offers residential services to adults with developmental disabilities through an apartment program or an alternative living unit in Montgomery and Carroll Counties. Also offers individual and family support services.

### Threshold Services, Inc. (TSI)

1398 Lamberton Drive, Suite 3  
Silver Spring, MD 20902  
301-754-1102

Serves adults who have severe and persistent mental illness. Individuals live in their own homes or in units owned or rented by TSI. Services include counseling, service planning and coordination, skill development, recreation activities, and medication monitoring.

## Social and Recreational Programs

### American Red Cross

2020 East-West Highway  
Silver Spring, MD 20910  
301-588-2515 ext. 707

Offers health and safety classes in first aid, lifeguarding and provides information on water safety as well as HIV/AIDS. Call for information concerning eligibility and costs. Also offers volunteer opportunities.

### Adventist Health Care

Manor House at Sligo Creek  
8301 Barron Street  
Silver Spring, MD 20912  
301-439-8300 (Voice)  
301-439-8347 (FAX)

Manor House, an adult program, operates weekdays from 7:30am to 5:00pm to serve each individual's healthcare, recreational and social needs. A shuttle for participants is available to and from the centers.



## INFORMATION FOR THE GRADUATE

### Bethesda Academy of Performing Arts (BAPA)

7300 Whittier Boulevard  
Bethesda, MD 20817  
301-320-2550  
301-229-3739 (TTY)

The Arts Access Program offers classes in the performing arts and performance opportunities for individuals with special needs. Social skills classes are also available.

### B'nai B'rith Youth Organization

Richard Anderman Shalom Chapter  
for Special Needs  
6101 Montrose Road, Suite 202  
Rockville, MD 20852  
301-984-6073

Offers a social group for persons with disabilities who are 13 to 21 years of age. Programs focus on social and community service activities. (One parent must be Jewish.)

### CHI Centers

10501 New Hampshire Avenue  
Silver Spring, MD 20903  
301-439-4330

Organizes recreational outings for individuals with developmental disabilities.

301-445-3350 - Vacation programs

Sponsors the Milton Lodge vacation program in Delaware, providing vacations for persons with developmental disabilities 18 and over.

### Jewish Community Center

6125 Montrose Road  
Rockville, MD 20852  
301-881-0100  
301-881-0012 (TDD)  
301-881-5512 (FAX)

**Hevra Young Adult Group:** For young adults ages 18-26 with minimal disabilities. Group meets twice per month for socialization and activities out in the community.

**Independent Living Skills:** A variety of classes offered for adults 18 and over to enhance independent living skills in swimming, dance, art, cooking, money management, relationships, etc.

### Kennedy Institute: Family and Personal Support Services

1010 Grandin Avenue  
Rockville, MD 20851  
301-251-2860

**Companions-**Provides an after school social/recreational program for individuals with disabilities up to the age of 21.

**Take a Break-**A respite program one Saturday and one weeknight per month.

**Community Options-**An adult day program for individuals with severe and profound disabilities.

### Making Connections

35 Wisconsin Circle, 205A  
Chevy Chase, MD 20815  
301-656-9140

A friendship and social organization for individuals with cognitive and other developmental disabilities.

### Melwood Access Adventures

9035 Ironsides Road  
Nanjemoy, MD 20662  
301-870-3226  
301-870-2620 (FAX)  
[accessadventures@erols.com](mailto:accessadventures@erols.com) (email)

Fun, friendships and vacations for adults and children with developmental and physical disabilities. Year-round adult program provides travel and traditional camp opportunities. Inclusive children's weekend respite and summer camp opportunities for those who are 8-16 years of age.

### Mighty Special Music Makers

5914 Walhonding Road  
Bethesda, MD 20816  
301-229-0829  
301-229-2197 (FAX)  
[prmem@earthlink.net](mailto:prmem@earthlink.net) (email)

This is a year-round serious music performance program for adults with and without disabilities. Playing all genres of music on professional percussion and symphonic instruments, persons with disabilities do not need to have had a music education. Instruments are provided. Rehearsals are once a week. Interns, band aides, high school and college students, and adults must have musical training. Player's fee is \$100 yearly and instrument fee is \$75 for each of the three semesters. Band aides pay no fee. Orchestra plays with professional musicians.

## INFORMATION FOR THE GRADUATE

### Montgomery County Department of Recreation

12210 Bushey Drive  
Silver Spring, MD 20902  
240-777-6804 General information  
240-777-6960 Therapeutic information  
240-777-6974 (TTY)  
240-777-6977 (FAX)

Offers a range of activities: swimming, social clubs, sports, music arts, dance, camps, etc. Seasonal brochures are available. Registration required for all activities. Call for information about costs. Therapeutic recreation programs and mainstreaming are available for individuals with disabilities.

### Potomac Community Resources

9200 Kentsdale Drive  
Potomac, MD 20854  
301-365-0561  
301-365-3104 (FAX)  
[prchello@earthlink.net](mailto:prchello@earthlink.net) (email)

Provides programs and supports for teens and adults with developmental disabilities and their caregivers. Social and recreational programs include a performance band, a music enjoyment group, partnership with Best Buddies, tennis, basketball and other sports, an expressive movement class, social skills groups, photography club, and various special events throughout the year. Also works closely with Montgomery county and other organizations to enhance the quality and quantity of services for individuals with developmental disabilities.

### Randolph Hills Nursing and Adult Day Care Center

4011 Randolph Rd.  
Wheaton, MD 20902  
301-933-2500  
301-933-2504 (FAX)

The center accommodates 35 individuals ages 18 and over in a medical-social model with a registered nurse and trained therapeutic recreation personnel. Transportation to and from the center provided daily.

### Rock Creek Foundation for Mental Health Socialization Program

700 Roeder Road  
Silver Spring, MD 20910  
301-585-1282

Offers a socialization program for individuals ages 18 and older.

### SEEC

Values In Action  
707 Conservation Lane, Suite 200  
Gaithersburg, MD 20878-2982  
301-527-0440  
301-527-0119 (FAX)  
[sseec@aol.com](mailto:sseec@aol.com) email

Values in Action provides recreational and therapeutic support for those 16 and older. This medical day care program provides community based recreation as a way to meet your habilitation and rehabilitation needs.

### Special Needs Library

6400 Democracy Boulevard  
Bethesda, MD 20817  
( lower level of the Davis Community Library)  
301-897-2212 (Voice)  
301-897-2217 (TDD)

Loans recorded books, magazines, record players, and cassette players to people eligible for the Library of Congress talking book program for the blind and physically handicapped. Reading materials at various skills levels available for persons with disabilities. Microcomputer instructions available for persons with special needs.

### Special Olympics Maryland

8300 Guilford Road, Suite A  
Columbia, MD 21046  
410-290-7611 (Maryland)  
301-924-6965 (Montgomery County)  
410-3891-4483 (FAX)  
[www.somd.org](http://www.somd.org) email

Provides a year-round sports program for children and adults with developmental disabilities.

### YMCA

#### Swimming Lessons, Bethesda - Chevy Chase

9401 Old Georgetown Road  
Bethesda, MD 20814  
301-530-3725

Offers a Saturday morning adaptive swim program for children and adults.



## Protecting Your Rights

### ADA Information Center of the Mid-Atlantic Region

451 Hungerford Drive, Suite 607  
Rockville, MD 20850  
301-217-0124 (Voice/TTY)  
800-949-4232 (Voice/TTY)

Provides training, information, and technical assistance on the Americans with Disabilities Act (ADA). Operates a toll-free hotline staffed by specialists who can answer specific questions on the ADA. Callers may order ADA and disability-related publications, which are provided free or at cost.

### ADA-Hotline (Disability Rights Education Defense Fund)

800-466-4232 (Voice/TDD)  
Provides technical assistance about the Americans with Disabilities Act.

### Architectural and Transportation Barriers Compliance Board,(The Access Board)

1331 F Street, NW  
Suite 1000  
Washington, DC 20004-1111  
800-872-2253 (Voice)  
202-272-5434 (Voice)  
202-272-5449 (TDD)  
800-993-2822 (TTY)

Gives specific information about mandated requirements for accessible design in new construction and alterations.

### Department of Justice, Americans with Disabilities Act (ADA)Information Line

800-514-0301 (Voice)  
800-514-0383 (TDD)  
Produces publications about the ADA.

### Job Accommodation Network

President's Committee on Employment of Persons  
with Disabilities  
P.O. Box 6080  
Morgantown, W. VA 26506-6080  
800-526-7234 (Voice)  
800-ADA-WORK (Voice/TDD)  
Informational referral service on available jobs and accommodations.

### Maryland Disability Law Center

1800 N. Charles Street, Suite 202  
Baltimore, MD 21201  
410-727-6352  
410-727-6387 (TTY)  
800-233-7201 (Hotline)  
410-727-6389 (FAX)

### Southern Maryland Branch

1400 Mercantile Lane, Room 242  
Largo, MD 20774  
301-925-9871 (Voice)  
301-925-9874 (TTY)  
800-870-6362 (Hotline)  
301-925-8618 (FAX)

Advocates for the interests of persons with disabilities in Maryland.

### Montgomery County Division of Consumer Affairs

100 Maryland Avenue, Room 330  
Rockville, MD 20850  
240-777-3636

Assists consumers with disputes; provides pre-purchase information and merchant complaint records; publishes numerous consumer education brochures and provides speakers to community groups.

### Montgomery County Department of Health and Human Services Accountability and Customer Services, ADA Compliance

401 Hungerford Dr.  
Rockville, MD 20850  
240-777-1098  
240-777-1398 (TTY)  
240-777-3099 (FAX)

Provides information, referral, and technical assistance on accessibility, nondiscrimination mandates, and legal issues. Investigates Americans with Disabilities Act compliance complaints about county programs and services.

### Montgomery County Human Relations Commission

110 N. Washington Street  
Rockville, MD 20850  
240-777-8450 (Voice)  
240-777-8480 (TTY)  
240-777-8460 (FAX)

Investigates discrimination and harassment complaints in the business sector.

**National Information Center for  
Children and Youth with Disabilities  
(NICHCY)**

Box 1492  
Washington, DC 20013-1492  
202-884-8200  
800-695-0285

Provides national information about disabilities and resources, legal rights, and support groups, including lists of local, state, and national organizations. Provides disability information on individuals from birth to 21.

**United States Equal Employment  
Opportunity Commission (EEOC)**

10 South Howard Street, 3<sup>rd</sup> Floor  
Baltimore, MD 21201  
800-669-4000 Outside of Baltimore  
410-962-3932 Baltimore  
410-962-6065 (TTY)

Handle employment related complaints based on discrimination involving race, religion, sex, national origin, age over 40, equal pay, sexual harassment, and disability.



**Transition Services Unit  
Office of Instruction and Program Development  
Department of Special Education  
301-517-8278**

**December 1999**

This document is available in an alternate format, upon request, under the Americans with Disabilities Act, by contacting the Department of Communications at 301-279-3391 and TDD at 301-279-3323, or at the address below.

Individuals who need accommodations, including sign language interpretation or other special assistance, in communicating with the Montgomery County Public Schools may contact Interpreter Services at 301-517-8155 (phone/TDD) or 301-517-8159 (fax).

In accordance with relevant laws and regulations, the Montgomery County Public Schools prohibits discrimination on the basis of race, color, national origin, marital status, religion, sex, age, disability or sexual orientation in employment or in any of its education programs and activities. Make inquiries or complaints concerning discrimination to the Diversity and Training Unit at 301-279-3167 and TDD 301-279-3323, or at the address below.

Montgomery County Public Schools  
850 Hungerford Drive  
Rockville, Maryland 20850-1744