



ELIZABETH GABRIELSON  
WELLNESS

## Ranch Popcorn

### Ingredients:

- 4 cups popped popcorn
- 1 tsp oil
  
- ½ tsp dried dill
- ½ tsp dried chives
- ½ tsp garlic powder
- ½ tsp onion powder
- ¼ tsp salt
- ¼ tsp pepper

### Directions:

1. Prepare popcorn in either the microwave or traditionally on the stove. Spray or drizzle oil onto popcorn, tossing evenly to coat.
2. In a small bowl, combine the ingredients to your seasoning of choice.
3. Sprinkle seasoning over popcorn and toss to coat once more. Serve warm.