



ELIZABETH GABRIELSON  
WELLNESS

## Coconut Curry Popcorn

*Serves 2-3*

### **Ingredients:**

- 1/3 cup popcorn kernels
- 2 tablespoons melted coconut oil or spray oil
- 1 tablespoon curry powder
- 1/4 cup unsweetened shredded coconut
- 1/2 teaspoon salt

### **Directions:**

1. Pop popcorn using stove, microwave or air popper.
2. Pour melted oil over the popcorn. Stir or shake to coat.
3. Add curry powder, shredded coconut and salt. Stir to combine and enjoy!