



Rolling Terrace Judy Center
705 Bayfield Street
Takoma Park, MD 20912
240-740-1940

CONTACT

Site-Based Coordinator
Dr. Tenaeya Rankin-Weathers
Tenaeya_S_Rankin-Weathers@mcpsmd.org

Family Services Coordinator
Alejandra Obando
Alejandra_Obando@mcpsmd.org

Parent Educator
Claudia Silva Ruschel
claudia_silvaruschel@mcpsmd.org

Office Assistant III
Paola Mayorga Flores
Paola_G_MayorgaFlores@mcpsmd.org

APRIL IS AS BUSY AS A BEE!!!

This month's learning and family engagement will focus on strengthening early literacy skills and exploring the new Spring season.

Will your child turn 4 years old by Sept. 1st? If so, sign up for onsite **PreK/Head Start Registrations** at the Rolling Terrace Judy Center.

Parents and caregivers are invited to two workshops beginning this month: **Nutrition Classes** and **Family Resiliency Workshops**. Learn more information below and reserve your seats!

REMINDERS

April 1st-6th:
Spring Break

April 15th:
Early Release Day
for Students

NATIONAL AQUARIUM

Judy Center families are invited to join us for a field trip to the National Aquarium in Baltimore, MD.

Thursday, April 30, 2026

We will leave Rolling Terrace promptly at 9:00 a.m.
Lunch will be served at the aquarium.
Sign up during playgroups or call
240-740-1940.

UPCOMING EVENTS

PLAYGROUPS

Tuesdays:

April 7th, 14th, 21st, 28th
2:00 pm - 3:00 pm

Wednesdays:

April 8th, 15th, 22nd, 29th
10:00 a.m. - 11:00 a.m.
RTES, LC 5

SING & SWING A STORY

Friday, April 10th
10:00 a.m.-10:45 a.m.
RTES, LC 5

MY GYM PE

Friday, April 17th
10:00 a.m. - 10:45 a.m.
RTES, LC 5

RTES Market Day (Food Distribution)

Tuesday, April 21st
3:00 p.m.-4:30 p.m.

KINDERMUSIK

Friday, April 24th
10:00 a.m.-10:45 a.m.
RTES, LC 5

EFNEP Nutrition Class

Friday, April 10th, 17th, 24th
11:30 a.m.-1:30 p.m.
RTES, LC 5

PEP Family Resiliency

Wednesdays, April
22nd, 29th
1:00 p.m.-3:00 p.m.
RTES, LC 5

Parent/ Family Advisory Committee Meeting

Thursday, April 23rd
9:30 a.m.-11:00 a.m.

Learn and grow with us. Sign up, below!

NUTRITION CLASSES

Learn easy, healthy tips for your family

6-week series

Fridays, starting April 10
11:45 am -1:15 pm

To register:

<https://forms.gle/m99yLTLVf9JdSvj6>



The University of Maryland, invites you to learn how to adopt a healthy lifestyle offered assisting to a 6-session course offered by UMD's Expanded Food and Nutrition Education Program (EFNEP).
Now available here at our Judy Center!

Nutrition Classes

Consist of 6 classes on consecutive Fridays
April 10, 17, 24 and May 1, 8 and 15
All individuals who complete at least 5 classes will receive an official certificate of participation from the University of Maryland Extension

We will learn to

- ✓ Pick healthy food from the stores and fast food restaurants
- ✓ Plan and save so your food budget last for the entire month.
- ✓ Plan and prepare delicious and nutritious snacks and meals for the whole family.
- ✓ Incorporate more physical activity daily.

WANT TO PARTICIPATE?
REGISTER WITH MS. ALEJANDRA OBANDO,
FAMILY SERVICE COORDINATOR
ALEJANDRA_OBANDO@MCPSMD.ORG
TEL: 240-740-1940

UNIVERSITY OF MARYLAND EXTENSION | EFNEP | Judy Center Learning Hub at Rolling Terrace ES

University programs, activities, and facilities are available to all without regard to race, color, sex, gender identity or expression, sexual orientation, marital status, age, national origin, political affiliation, physical or mental disability, religion, protected veteran status, genetic information, personal appearance, or any other legally protected class.

REGISTRATION FOR PRE-K/HEAD START

AT ROLLING TERRACE ELEMENTARY
JUDY CENTER EARLY LEARNING HUB

Will your child be 3 or 4 by September 1st?
CALL 240-740-1940 TO SCHEDULE AN APPOINTMENT to receive in-person registration support.

List of required documents attached.

Date: Monday, April 20th
Time: 9:00 am- 4:00 pm
Where: RT Judy Center (LC5)

Families must be income eligible. Families of children with disabilities are encouraged to apply.

Maryland | PMS | Maryland State Department of Education

PRE-K/HEAD START REGISTRATION

Enroll your 3- or 4-year-old for the upcoming school year.

Monday, April 20, 2026

Rolling Terrace Judy Center, LC 5

Time: By Appointment (please call 240-740-1940)

PARENTING WORKSHOPS

FAMILY RESILIENCY PROGRAM

8-week series

Wednesdays starting April 22

Time: 1:00-3:00 pm

To register: tinyurl.com/RollingTES



pep Programa de Resiliencia Familiar

Un programa GRATUITO de 8 sesiones para padres y cuidadores de niños y niñas de escuela primaria Rolling Terrace, diseñado para aprender herramientas que fortalezcan las conexiones familiares y apoyen la salud mental.

Los días miércoles, 1-3pm
Se ofrecerán refrigerios y cuidado de niños GRATIS.
En la escuela primaria Rolling Terrace

En LC5, al lado de la oficina del Centro Judy

Los talleres se presentarán únicamente en español.

Reserve su espacio escaneando este código

También puede registrarse visitando: tinyurl.com/RollingTES

El Programa de Apoyo y Apoyo para Madres, Padres y Cuidadores (PEP) por sus siglas en inglés es una programación sin costo de apoyo que brinda apoyo a las familias a través de programas educativos. Para más información: 240-200-5376
*Solo se entregará una tarjeta por hogar/familia.