

# **Julius West Middle School**

## **Boys Basketball Expectations**

### **2011-2012**

**Attitude:** Players need to be positive in their actions and words, team-oriented in their approach, demonstrate the ability to lead as well as to learn, and be respectful of all players on the court.

**Classroom:** Players first priority is their school work.

**Conditioning:** Players should be able to run up and down the court at a fast pace, several times, without becoming winded or tired.

**Athletic Ability:** Agility, speed, quickness, endurance, reaction time.

**Skills:** Ball handling, defensive movement, shooting, rebounding.