

WELLER ROAD ELEMENTARY SCHOOL COUNSELING NOTES

Dear Weller Road Families,

Red Ribbon Week is October 24th to October 28th. This is a time for schools and communities to focus on drug and alcohol abuse prevention. At Weller Road students will be participating in activities in their classrooms. During the next week, I will send home a variety of information for you to read and discuss. It is my hope to provide you with information that will help you in starting a developmentally appropriate dialogue with your children regarding drug and alcohol use. Every student all receive a temporary and removable red ribbon tattoo to wear. Each day during Red Ribbon Week students will be provided an opportunity to dress up in support of being drug-free. The following themes have been chosen; please encourage your child to dress up:

Monday, October 24th: "Put a Cap on Drugs" Day (everyone wears a hat)

Tuesday, October 25th: "Use your head, don't do drugs" (everyone wears a crazy hairdo)

Wednesday, October 26th: "Follow your dreams, don't do drugs" (everyone wears their pajamas)

Thursday, October 27th: "Living Drug-Free is No Sweat" (everyone wears sweat suits)

Friday, October 28th: "Sock it to drugs" (everyone wears crazy socks)

Other Activities:

- Each classroom will be working throughout the week on a door decorating contest promoting Red Ribbon Week. The class with the most creative door at the end of the week will receive a prize.
- Families will be asked to discuss with children a questionnaire that will be sent home. This discussion is confidential and it is *not* expected that answers will be written and returned.
- We will be hosting a canned food drive for families in need in our community. If you can help, please have your child bring in a canned food item.

I look forward to an informative and productive Red Ribbon Week. Please keep the lines of communication open—**the best prevention starts early and starts at home!**

Sincerely, Sarah Catucci, Counselor