Springbrook High School
An International Baccalaureate World and Information Technology School

EXPECT BELIEVE ACHIEVE

Extracurricular Activities
2016-2017

Dr. Arthur Williams, Principal
John Weinshel, Signature Program Coordinator
Daniel Feher, Athletic Director
**Academic**
- Blueprint Newspaper
- Creative Writing Club
- Chemistry Club
- Debate Team
- Forensics Team
- It’s Academic
- Library Media Center Student Advisory Group
- Literary Magazine
- Math Team
- Minority Scholars
- Physics Club
- Yearbook

**Cultural, Religious, Political**
- African Immigrant & Refugee Foundation & SHS
- Arabic Club
- Ethiopian Student Association
- Gay-Straight Alliance
- German Club
- Identity
- Muslim Student Association
- The P.R.O.U.D (Black Student Union)
- VIBE (Dance Group - mixture of Contemporary & Traditional)
- Wahla Squad (African Dance Team)

**The Environment & Outdoors**
- Green Team
- Marine Biology Club

**Honor Societies**
- French National Honor Society/La Société
- Honoraire de Français
- National Honors Society
- Spanish Honor Society

**Miscellaneous**
- Adventure Club
- Chess Club - “Knights of the Brook”
- Game Design Club
- Model UN

**Service**
- Best Buddies
- Creativity Activity Service (CAS Club)
- Community Bridges Group (Female Empowerment)
- Crossroads (Christian Student Group)
- ESTAR Mentoring Club
- Freshman Class Sponsor
- Junior Class Sponsor
- Peace Club
- Project Linus Club
- Senior Class Sponsor
- SGA (Student Government Association)
- Sophomore Class Sponsors
- Sources of Strength (Suicide Prevention Program)
- Springbrook Ambassadors

**Technology**
- Morning Announcements Crew
- Robotics Club
- Springbrook Women in Technology

**Visual & Performing Arts**
- Band
- Ceramics Club
- Chambers Singers Club
- Dance Team
- Drama Club
- Glass and Clay Club
- Latino Dance Club
- International Thespian Society

**Athletics**
- Fall Sports
- Winter Sports
- Spring Sports
Academics

Blueprint Newspaper: Sponsor-Brendan Raden
The Blueprint is our highly acclaimed student-run school newspaper. Students hold a variety of leadership positions within the program.
http://blueprintnewsonline.com/

Creative Writing Club: Sponsor-Ashton Palmer
Students will explore their creativity by writing short stories, poems, and responding to exciting and unique prompts. They will share and provide support and critique of one another’s work, while honing their craft.

Chemistry Club: Sponsor-Dr. Melanie Rock
Students will explore their interest in chemistry by doing fun, engaging activities, sometimes revolving around food :)! All the activities allow them to expand their understanding of the chemistry around us.

Debate Team: Sponsor-Ross White
Team members work on a pre-arranged topic and compete against other schools. The format is called public forum. Each team has two members and they alternate with the team from the opposing team. Meets are usually held the 3rd Wednesday of the month.

Forensics Team: Sponsor-Chris Day/Toni Reid
The Forensics team is a competitive speech and acting team dedicated to improving the speaking and acting skills of students

It’s Academic: Sponsor-Susan Bahr
Meets on Tuesdays at lunch in Mrs. Bahr’s room-G-209. The It's Academic club competes at quiz bowl tournaments throughout the year, where participants answer questions covering a broad range of subjects, from history to chemistry to even sports. These competitions test not only your depth of knowledge in certain areas, but also your ability to buzz quickly, similar to Jeopardy. It’s Academic itself is a televised academic quiz bowl competition aired on NBC. Anyone who enjoys
trivia or competition, regardless of skill level, is welcome to join us at our weekly meetings, where we practice with buzzers and answering questions.

**Library Media Center Student Advisory Group: Sponsor – Julie Simon**
The offers insight and suggestions on how the library media center program can better support students’ educational experience. The group meets weekly after school.

**Math Team: Sponsor- Michael Price**
Math team participants compete with all Montgomery County Public Schools in region wide math competitions. The work individually and in teams to answer collegiate level questions in math subjects ranging from Algebra to Calculus.

**Minority Scholars: Sponsor-Kareef Overton**
The Minority Scholars Program (MSP) is a student driven initiative aimed at reducing the achievement gap by expanding the number of African American and Latino students in honors, Advanced Placement and International Baccalaureate courses.

**Physics Club: Sponsor- Melissa Rooney**
The Physics Club is designed as a space where students can explore fun Physics and Engineering projects. These experiments will explore topics like motion, forces, energy, electricity, circuits, magnetism, and projectile motion that can be applied to everyday activities. This club will meet on twice each month during lunch.

**Yearbook: Sponsor- Brendan Raden**
Members of the club will work collaboratively to produce this year’s yearbook. Students will help with advertising, creating, organizing, designing, and editing the yearbook for the 2016-2017 school year.
Cultural, Religious, Political

Gay- Straight Alliance: Sponsor -Emily Dillon
GSAs provide a safe space for students to be themselves and not be judged because of who they are. In the GSA Club we discuss LGBTQ issues in the world and how it affects our lives. The club is a welcoming place for anyone to attend.

German Club: Sponsor -Martin Baker
The German Club, which will meet Friday lunchtimes bi weekly, is open to all students, not just those who take German at SHS. We seek to promote German language, all aspects of German culture and intercultural awareness. We are constantly looking for German-related events in the Washington D.C. area.

Muslim Student Association (MSA)/ Arabic Club: Sponsor - Mona Hamdy
Muslim Student Association (MSA)/ Arabic Club meet in room Room F 107 during lunch. The club meets once a week to give students the opportunities to serve their community in different projects. Students talk about their cultures and we celebrate different holidays along the school year. It is open to all Springbrook students.

The P.R.O.U.D (Black Student Union): Sponsor -Sarah Kinard
The purpose of the P.R.O.U.D is to increase awareness and appreciation for African American issues, history and culture among the student body at Springbrook High School

VIBE (Dance Group- Contemporary & Traditional): Sponsor - Hue (Julie) Tran
Come learn a mixture of contemporary and traditional dance.

Latin Dance Club: Brenda Barrera in collaboration with RecZone
It is our mission is to build strong Latin dance clubs in MCPS and to support the academic and social-emotional success of students. Come join the fun!
The Environment and the Outdoors

**The Green Team: Sponsor - TBD**

The Green Team works to promote appreciation of the environment, to cultivate and implement ideas to reduce waste, and to encourage students and staff to make choices that help reduce the carbon footprint of our school.

**Marine Biology Club: Sponsor - Amy Itwaru**

The Marine Biology Club is based on spreading information about the ocean and bay ecosystems and how to protect the ecosystems. We do community service actions and fundraisers to help the bay as well as field trips.

**Honor Societies**

**French National Honor Society** La Société Honoraire de Français: **Sponsor- Karen Willetts**

The criteria for membership are: Level 4 French and above; an A- average or above in French; a B (3.2) GPA or higher in all other subjects, and teacher recommendations. The aims of our organization are: to stimulate interest in the study of French, to promote high standards of scholarship, to reward scholastic achievements, to create enthusiasm for and an understanding of francophone culture and civilization, and to promote and perpetuate international friendship. Activities of the society include tutoring at Springbrook and at middle schools; participating in francophone community events; competing for travel grants from various organizations; participating in fundraising activities for charitable organizations, and promoting the study of the French language and cultures.

**Spanish Honor Society** La Sociedad Honoraria Hispánica: **Sponsor-Christopher Yep**

The criteria for membership are: Current junior or senior standing, have taken Spanish 4 Honors or above; an B average in Spanish class; a B (3.2) unweighted GPA or higher in all other subjects with a teacher recommendation. Our Mission is to encourage the study of Spanish through helping others to become successful learners of the Spanish language and create enthusiasm for and an understanding of Hispanic cultures and in order to promote global mindedness.
Membership benefits include: scholarship opportunities, field trips, being a tutor (earn community service hours) and recognition by colleges and universities

**National Honors Society: Sponsor-Sharon Cohen**

The National Honor Society (NHS) is the nation's premier organization established to recognize outstanding high school students. More than just an honor roll, NHS serves to recognize those students who have demonstrated excellence in the areas of scholarship, leadership, service, and character. **Scholarship:** Per national guidelines, at a minimum, students must have a cumulative GPA of a 3.0 or equivalent standard of excellence. **Service:** This involves voluntary contributions made by a student to the school or community, done without compensation. **Leadership:** Leadership experiences can be drawn from school or community activities while working with or for others. **Character:** The student of good character is cooperative; demonstrates high standards of honesty and reliability; shows courtesy, concern, and respect for others; and generally maintains a clean disciplinary record.

**Miscellaneous**

**Chess Club/”Knights of the Brook”: Sponsor - Mechande Manning**

Meets daily in G109 during the lunch hour for open play, chess lessons and discussions related to critical thinking and analytical skills.

If you know of any students that present with life challenges, or those who could benefit from learning and playing Chess, please encourage them to come visit me in G109 for an introduction to Chess.

**Game Design Club: Sponsor - Caitlin Brubaker**

Come meet friends on Tuesdays after school and play video games on the promethean board. This is a low key way to relax and have some fun!

**Model UN: Sponsor –Jeffrey Peang-Meth**

Springbrook’s Model United Nations club, Blue Devil MUN, is for students who are interested in global issues. Building on the IB theme of international-mindedness, students learn about global issues from the perspective of countries belonging to the United Nations. Blue Devil MUN meets
year-round to prepare for conferences with students from other schools. At these conferences, students take on the role of delegates from different countries, represent the interests of those countries, and advocate for solutions by negotiating with other delegates. Students who participate in conferences develop better research, writing, and public speaking skills while having a lot of fun with students who share a similar interest in the world.

Rec Zone: Sponsor – Montgomery County Parks and Recreation (Folasade “Sade” Campbell)
Who says fun is just for the weekends? RecZone brings the excitement you crave to your time after school. RecZone lets you get away from the pressures of school work, hang out with friends, get active, and even get to know some cool adults. RecZone is open to everyone. We want all kinds of young people to get into RecZone, which is why we’ve provided a wide variety of activities. Check out some of the opportunities listed below.

Tabletop RPG Club: Sponsor - Caitlin Brubaker
Meets on Wednesdays to play dice-centric role playing adventures! Come have fantastical adventures with other students who share your passion!

The BrOOK Club: Sponsor – Julie Simon
The BrOOK Club, Springbrook student’s book club, meets weekly during lunch and after school in the Library Media Center to discuss, share, and explore the books we read. Students select the books and students lead the discussions!

Yoga: Sponsor - RecZone
Come and join for an hour of relaxation. Yogan is good for the mind and body so come on out and try something new.

Service

Best Buddies: Sponsors- Lauren-Ashley Minor/ M. Stith Powell/ A. Malleck
Best Buddies is an international organization that works to promote friendship and acceptance between individuals with intellectual and developmental disabilities and those without. Best Buddies at Springbrook is an active and vibrant club that helps to promote acceptance of all individuals within our school. The club has social events (often on a monthly basis), attends State
events together, participates in volunteer work, and encourages buddies to get together individually to spend time together.

**Creative Activity Service CLub (CAS): Sponsor- Amanda Trivers**
The CAS club is for IB Diploma Programme Candidates who would like assistance, suggestions, and collaboration opportunities with CAS projects.

**Community Bridges: Sponsor- Karen Greger**
Community Bridges is a club for girls in grades 9-12. The group empowers girls from diverse backgrounds to become exceptional students, positive leaders, and healthy young women through a wide range of fun activities.

**Crossroads (Christian Student Group): Sponsor-Larosa Jones-Arroyo**
Crossroads is an organization where Christian students can get together and discuss their faith. It has its roots as an organization where believers and non-believers could come together for intellectual discussion around issues of faith.

**ESTAR Mentoring Club : Sponsors-Lulu Fetzer-Munoz/ Hue (Julie) Tran**
“To Be...” Come and be part of a mentoring group and get the support you need to be successful

**Freshman Class Sponsor: Sponsor-Nakesha Price/ David Moore**
The students come together under the direction of the sponsors and discuss class activities, fundraising and student life for the specific grades.

**Junior Class Sponsor: Sponsor-Mary Giddens/M. Stith Powell**
The students come together under the direction of the sponsors and discuss class activities, fundraising and student life for the specific grades.

**Project Linus Club: Sponsor TBD**
At Project Linus, a non-profit organization, we provide homemade blankets to children in need. Our blankets are lovingly made by adults and children from all walks of life and many different sources. Be part of our team!
Peace Club: Sponsor- Elizabeth Kelley
The Peace Club focuses on fostering understanding within and among different communities, with the goal of developing a more peaceful world. We have worked on learning about how homelessness impacts teens in our community. We are still developing our focus for this year.

Senior Class Sponsor: Sponsor-Hue (Julie) Tran/ Lindsey Ruhle
The students come together under the direction of the sponsors and discuss class activities, fundraising and student life for the specific grades.

SGA (Student Government Association)**: Sponsor-Jessica Abeshouse
The Student Government Association at Springbrook High School is an elected group of students that represent and lead the student body. However, all students are welcome to become involved and have their voice heard. The elected Executive board plans and conducts events including blood drives, pep rallies, food drives, general assemblies, spirit week, a heritage show, and more. For more information please see Ms. Abeshouse in G317.

Sophomore Class Sponsor: Sponsor-Melanie Moore/ Jamie Schmutter
The students come together under the direction of the sponsors and discuss class activities, fundraising and student life for the specific grades.

Sources of Strength: Sponsor- Sheri Lowe
Our mission is to reduce the risk of suicide, violence and substance abuse by providing health promotion and prevention programs led by trained peer leaders and supported by adult mentors and role models. Our goal is to positively impact all friendship networks at Springbrook with a message of hope, help and strength. Through our school wide activities we will have students identify a trusted adult in the building they could go to if they had a problem and to also reflect on their individual sources of strength. We have a lot of fun too.

Springbrook Ambassadors: Sponsor-Keisha Marvin
Springbrook Ambassadors are for students looking to represent Springbrook High School at all of community events from Freshman Orientation to Back to School Night to Open House. We are looking for outgoing students who want to demonstrate that Springbrook is the BEST!
Technology

Morning Announcements Crew: Sponsor- Ian Carpency
We shoot and edit the school's daily morning announcements. We also shoot video packages and put together video highlight reels of clubs sports and activities happening around Springbrook. We then air those videos on the morning announcements for all to see.

Robotics Club: Sponsor- Michael Price
Robotics Club members get the opportunity to build and program robots all year long. They learn basic robotic concepts and develop online virtual machines of their own. They build their own robots from scratch to complete certain task using our Lego NXT Mindstorms Kits. They compete against each other, and plan to compete in local robotics competition.

Springbrook Women In Technology (SWIT) Club: Sponsor- Michael Price
SWIT members are a community of women interested in any technological field, or even technology in general. They host guest speakers from different industry professionals who give advice on college, internships and applying for and having a successful career. They learn basic concepts of App development and Robotic programming. They participate in different competitions throughout the year, including regional “hack-a-thons”.

Visual and Performing Arts

Ceramics Club: Sponsor-Jennifer Earle
Ceramics Club is for students who want to explore new ways of working with clay not taught in Ceramics class; or students may have extended time to work on a class assignment.

Chamber Music Ensemble: Sponsor - Wyman Jones
The Chamber Music Ensembles include strings, woodwind, brass-wind, percussion and jazz combo. These performing ensembles are by audition only. Students must be currently taking private lessons in order to be considered. Student will receive service learning credit hours for
participation. Chamber ensembles perform seasonal concerts as well as selected activities as requested.

**Drama Club (Fall Play and Spring Musical): Sponsor-Joseph Bissex/Melanie Moore/Kat Pong/Nancy Blum**

The Drama Club performs two shows each year. The Fall Play (Dracula 2014, Alice in Wonderland 2015, Witness for the Prosecution 2016) has a one weekend run with upwards of 75 students involved in both stage and crew. The Spring Musical (Wizard of Oz 2016, High School Musical 2015, Little Shop of Horrors 2014) runs two weekend for a total of 5 shows and over 100 students being involved.

**Glass and Clay Club: Sponsor-Jennifer Earle**

Students can work on their artistic skills in a fun and informal setting! Students should come and see all the good work being done.

**International Thespian Society/Drama Club: Sponsor- John Weinshel**

The International Thespian Society is a drama organization for high-school theatre students. It is a part of the Educational Theatre Association. The mission of ITS is to honor student achievement in the theatre arts. The ITS Troupe here at Springbrook High School will work to support the school drama program in the areas of publicity and community outreach.

**Jazz Band: Sponsor - Wyman Jones**

The Jazz Band is an advanced level Honors course. Students will develop a high level of skill in the performance of popular music including; jazz, jazz-rock, blues, soul, swing, rhythm and blues, and many others. Participation in the Marching Band will be expected for students who play brass, woodwind and percussion instruments. Additional experiences will include conducting, as well as solo and small jazz combo performances

**Marching Band: Sponsor - Wyman Jones**

The Springbrook High School Marching Band is an important part of the instrumental music program. It is a combination of all symphonic band and jazz band members. Participating in
marching band is a requirement of all band members. The marching band participates in all home and selected away football games, as well as other school and community parades and activities.

**Pep-Band: Sponsor - Wyman Jones**

The Pep-Band is open to all band students. Students will receive service learning credit hours for participating in the pep-band. The pep-band performs at many home basketball games.

**The String Orchestra: Sponsor - Wyman Jones**

The String Orchestra is the premiere concert ensemble within the instrumental music department and is also an Honors Level ensemble for students in grades eleven and twelve. Additional experiences will include conducting, as well as solo, ensemble and chamber music performances. The String Orchestra is open to all string students and no audition is required.

**The Symphonic Band: Sponsor- Wyman Jones**

Open to all wind and percussion students, the emphasis in the Symphonic band is on the study of literature composed originally for band during the 20th century. Participation in the Marching Band is a requirement of the course. Additional experiences will include conducting, as well as solo and chamber performances. The Symphonic band is open to all students and No audition is required.
ATHLETICS

Fall Sports (August 10, 2016)

Varsity Cheerleading          Tameka Johnson
JV Cheerleading               Andrea Short
Cross Country                 Gary Face
Varsity Field Hockey          Rebekah Harrison
JV Field Hockey               Arturo Ho
Varsity Football              Jason Lomax
JV Football                   Miles Gray
Golf                          Ross White
Poms                          Nicole Burkhalter
Varsity Soccer                Darrell Gonzalez
JV Soccer                     Christian Castillo
Varsity Girls Soccer          Lauren Minor
JV Girls Soccer               Lindsey Ruhle
Girls Tennis                  Jacob Adams
Girls Volleyball              Stephanie Willis

Winter Sports (November 15, 2016)

Varsity Boys Basketball       Darnell Myers
JV Boys Basketball            Tommy Ridges
Varsity Girls Basketball      Lynette O’Reggio
JV Girls Basketball           Sunny Flores
Corollary Bocce               Doug Remer
Varsity Cheerleading          Tameka Johnson
Indoor Track                  Bryan Steele
Poms                          Nicole Burkhalter
Swim & Dive                   Matt Page
Varsity Wrestling             Rob Whittles
JV Wrestling                  Matthew Halkos
<table>
<thead>
<tr>
<th>Spring Sports (March 1, 2017)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Varsity Baseball</td>
</tr>
<tr>
<td>JV Baseball</td>
</tr>
<tr>
<td>Gymnastics</td>
</tr>
<tr>
<td>Varsity Boys Lacrosse</td>
</tr>
<tr>
<td>JV Boys Lacrosse</td>
</tr>
<tr>
<td>Varsity Girls Lacrosse</td>
</tr>
<tr>
<td>JV Girls Lacrosse</td>
</tr>
<tr>
<td>Allied Softball</td>
</tr>
<tr>
<td>Varsity Softball</td>
</tr>
<tr>
<td>JV Softball</td>
</tr>
<tr>
<td>Boys Tennis</td>
</tr>
<tr>
<td>Track &amp; Field</td>
</tr>
<tr>
<td>Boys Volleyball</td>
</tr>
<tr>
<td>Coed Volleyball</td>
</tr>
</tbody>
</table>