

## **Richard Montgomery High School's Boy's Indoor Track Record**

<b>EVENT</b>	<b>NAME</b>	<b>TIME</b>	<b>DATE</b>
55m	<b>Frazier, Gary</b>	<b>6.50</b>	<b>1/24/08</b>
60m	<b>Crutchfield, Keenan</b>	<b>7.10</b>	<b>1/06/06</b>
60mh	<b>Jackson, Tyler</b>	<b>8.48</b>	<b>3/14/08</b>
55mh	<b>Mcguire, Matt</b>	<b>7.5</b>	<b>2/25/98</b>
200m	<b>Etzel, Brendan</b>	<b>22..78</b>	<b>3/11/07</b>
300m	<b>Etzel, Brendan</b>	<b>34.47</b>	<b>1/31/08</b>
400m	<b>Etzel, Brendan</b>	<b>50.70</b>	<b>1/12/08</b>
500m	<b>Ligon, Bret</b>	<b>1:05.79</b>	<b>1/27/06</b>
800m	<b>Ligon, Bret</b>	<b>2:01.79</b>	<b>1/14/06</b>
1000m	<b>Sickles, Brian</b>	<b>2:41.95</b>	<b>1/27/06</b>
1600m	<b>Rogers, Davy</b>	<b>4:32.7</b>	<b>2/25/98</b>
3200m	<b>Pins, Tony</b>	<b>10:23.5</b>	<b>1/11/03</b>
4 x 200	<b>Etzel, Crutchfield, Ligon, Pinchinat</b>	<b>1:31.07</b>	<b>1/27/06</b>
4 x 400	<b>Pinchinat, Ligon, sickles, Crutchfield</b>	<b>3:23.69</b>	<b>1/27/06</b>
4 x 800	<b>Hoyt, Ryan, Kroeker, Sickles</b>	<b>8:15.16</b>	<b>1/26/07</b>
1600 Sprint Medley	<b>Ligon, Sickles, Crutchfield, Etzel</b>	<b>3:40.1</b>	<b>12/10/05</b>
300,100,200,400 Sprint Medley	<b>Crutchfield, Frazier, Etzel, Ligon</b>	<b>2:03.4</b>	<b>12/10/05</b>

<u>EVENT</u>	<u>NAME</u>	<u>TIME</u>	<u>DATE</u>
DMR	<b>Hoyt, Taugner, Ryan, Sickles</b>	<b>11: 32.7</b>	<b>12/20/05</b>
4 x 1600	<b>Sickles, Hoyt, Long, Kroeker</b>	<b>19:32.48</b>	<b>12/9/06</b>
55m Shuttle Hurdle	<b>Pace, Sheng, Jackson, Rodriguez</b>	<b>35.84</b>	<b>12/20/06</b>
55m Shuttle	<b>Pace, Etzel, Evans-Chase, Pinchinat</b>	<b>26.14</b>	<b>12/20/06</b>
Long Jump	<b>Frazier, Gary</b>	<b>21'10.00"</b>	<b>1/31/08</b>
Triple Jump	<b>Wreh, Tuan</b>	<b>49'05"</b>	<b>1/14/98</b>
Shot Put	<b>Miller, Matt</b>	<b>51'10.25</b>	<b>2/21/06</b>
Pole Vault	<b>Downs, Tim</b>	<b>14'03.00</b>	<b>2/77</b>
High Jump	<b>Wreh, Tuan</b>	<b>6'07</b>	<b>1998</b>
Shot Put 3 Relay	<b>Lazerow, Peyton, Lee</b>	<b>128'00.00</b>	<b>12/20/06</b>
High Jump 2	<b>Frazier, Etzel</b>	<b>11-02.00</b>	<b>12/10/05</b>
Long Jump 3	<b>Frazier, Etzel, Pace</b>	<b>56'11.07"</b>	<b>12/20/05</b>
Triple Jump 3	<b>Etzel, Evans-Chase, Jackson</b>	<b>119'09.5</b>	<b>12/9/06</b>