



What Is Your Learning Style?

Redland Time
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Why is it important to know your learning style?

- Each of us learns differently.
- Once you know your own learning style you can use study skills that are geared to that style of learning.
- These study skills will help you remember what you have learned.

What are the learning styles?

- ***Auditory*** – People that learn best by hearing what they need to learn.
- ***Kinesthetic*** – People that learn best by doing what they need to learn.
- ***Visual*** – People that learn best by seeing what they need to learn.

What kind of learner am I?

- Take a moment and fill out the learning style survey.
 - This will help you know the learning style that works best for you.
 - Do not think about your answer: select the answer that first seems to correctly describe you.
- Add up your score and find out your learning style.
- If you need help be sure to ask for it.

What does this mean for you?

- Take a moment and view the following video.
- Be sure to note the type of study skills that will work best for your learning style.
- <http://www.youtube.com/watch?v=cXoteReijUk>

What kind of learners are in my class?

- **Affinity Diagram:**
 - Write your name on the sticky you have been given.
 - Place your name under the learning style that was identified in the survey.
 - Take note of who has the same learning style as you.
 - Use these peers as a resource when it is time to study or do projects together.

So What Do You Think?

- Take a moment and fill out the reflection sheet.
- We care what you think and whether this will help you as you learn.
- Thank you for your time and participation.

