

Spring Sport Contact Information

The first day of Spring Sports is Monday, March 1, 2010. Paperwork should be turned in a week before the first day of tryouts to make sure that it is filled correctly and the student is able to participate, approximately Monday, February 22nd.

Baseball

Contact – Varsity Coach – Jason Gasaway - Jason_M_Gasaway@mcpsmd.org

JV Coach – Corey Simko - Corey_M_Simko@mcpsmd.org

Boys Lacrosse

Contact - Head Coach – Mike Kowalick - Michael_A_Kowalick@mcpsmd.org

JV Coach – Kevin Linton – CoachLinton@verizon.net

Girls Lacrosse

Contact – Head Coach – Amanda Arnoult – Amanda_Arnoult@mcpsmd.org

JV Coach - TBA

Softball

Contact - Varsity Coach – Ken Reading - Kenneth_S_Reading@mcpsmd.org

JV Coaches – Colleen Kelly – Colleen_M_Kelly@mcpsmd.org

Boys Tennis

Contact - Varsity Coach – Mike Balsley – Mikel_W_Balsley@mcpsmd.org (no JV team)

Track & Field

Contact - Head Coach – Seann Pelkey – Seann_P_Pelkey@mcpsmd.org - 301-926-4532

Boys Volleyball

Contact - Varsity Coach – Amir Mafinejad – amafinejad@hotmail.com (no JV team)

Coed Volleyball

Contact - Varsity Coach – Stacy Bureau – Stacy_Bureau@mcpsmd.org (no JV team)

Paperwork for Athletes

Students MUST have the following on file at QOHS to participate in a Sport. ALL paperwork must be correctly completed, signed and turned in to their coach before Friday, February 19th. Some coaches may require other paperwork, please contact them for more information.

_____ **Student-Parent Permission Form** (1 necessary for each sport)
(completed and signed by Parent AND Athlete)

_____ **Completed Health Inventory** OR
Student has Current Physical on file at QOHS
(Physicals are good for only 1 year from the date of the exam)

NOTE: All forms can be found online at http://www.qohs.org/athletics/athletic_forms.php

Questions? Contact a coach or call the AD at 301-840-4599.