

Sports Information – Coaches Information, Start Dates

More information including paperwork is also available on our webpage: <http://www.qohs.org> > Athletics

Sport	Season-Start	Varsity Coach	JV Coach
Cheerleading	Fall-8/13	Laura Durkin ldurkin0@gmail.com	Alexa Way Alexa_S_Way@mcpsmd.org
Cross Country	Fall-8/13	Seann Pelkey – 301-367-2997 Seann_P_Pelkey@mcpsmd.org	No JV Team
Field Hockey	Fall-8/13	Laura Williams – 301-943-1667 Laura_S_Williams@mcpsmd.org	Brook Franceschini Brook_Franceschini@mcpsmd.org
Football	Fall-8/13	Dave Mencarini – 301-693-7855 David_A_Mencarini@mcpsmd.org	Paul Foringer Paul_E_Foringer@mcpsmd.org
Coed Golf	Fall-8/13	TBD	No JV Team
Poms	Fall-8/13	Tiffany Workman – tworkman25@gmail.com	No JV Team
Boys Soccer	Fall-8/13	Kirk Myers-240-271-2698 qosoccer@gmail.com	Mike Doggett – 240-483-1446 Michael_I_Doggett@mcpsmd.org
Girls Soccer	Fall-8/13	Peg Keiller qosoccer@comcast.net	Kathleen Tiedemann Kathleen_L_Tiedemann@mcpsmd.org
Girls Tennis	Fall-8/13	Mitchell Duque – Mitchell_B_Duque@mcpsmd.org	No JV Team
Girls Volleyball	Fall-8/13	Sarah Watson Sarah_S_Watson@mcpsmd.org	Angela Giuffreda Angela_Giuffreda@mcpsmd.org
Boys Basketball	Winter-11/15	Paul Foringer Paul_E_Foringer@mcpsmd.org	Tony Leone Anthony_A_Leone@mcpsmd.org
Girls Basketball	Winter-11/15	Colleen Kelly Colleen_M_Kelly@mcpsmd.org	Russell Doane Russell_E_Doane@mcpsmd.org
Swim & Dive	Winter-11/15	TBD	No JV Team
Indoor Track	Winter-11/15	Seann Pelkey-301-367-2997 Seann_P_Pelkey@mcpsmd.org	No JV Team
Wrestling	Winter-11/15	Chris Tao Christopher_N_Tao@mcpsmd.org	Tim Tao ttao@fitnessfirstclubs.com
Baseball	Spring-3/1	Jason Gasaway Jason_M_Gasaway@mcpsmd.org	Corey Simko Corey_M_Simko@mcpsmd.org
Boys Lacrosse	Spring-3/1	Mike Kowalick Michael_A_Kowalick@mcpsmd.org	AJ Heiney-Gonzalez Andres_J_Heiney-Gonzalez@mcpsmd.org
Girls Lacrosse	Spring-3/1	TBD	TBD
Softball	Spring-3/1	Colleen Kelly Colleen_M_Kelly@mcpsmd.org	Brook Franceschini Brook_Franceschini@mcpsmd.org
Outdoor Track	Spring-3/1	Seann Pelkey-301-367-2997 Seann_P_Pelkey@mcpsmd.org	No JV Team
Boys Tennis	Spring-3/1	Mikel Balsley- Mikel_W_Balsley@mcpsmd.org	No JV Team
Boys Volleyball	Spring-3/1	Karen Jones – Karen_E_Jones@mcpsmd.org	No JV Team
Coed Volleyball	Spring-3/1	TBD	No JV Team

Additional questions? Contact a coach or the AD at 301-840-4599 or Lisa_J_Schrader@mcpsmd.org