

Tennis Intramurals

Open to all sixth, seventh, and eighth grade students who wish to learn more about tennis, including scoring and technique.

MORNINGS

Meeting Day: Tuesdays, Thursdays
Session: May 5—June 4
Staff Sponsor: Ms. Riegle
Room: Tennis Courts

Winter Conditioning: Basketball

Open to all sixth, seventh, and eighth grade students who wish to get in shape for the basketball season. The training will include conditioning and drills specific to basketball. This is highly recommended for seventh and eighth grade students who want to try out for basketball.

Meeting Day: Tuesdays, Thursdays
Session: Sept 29—Nov 5
Staff Sponsor: Mr. Khalouf
Room: Gym

Newport Mill Middle School

Extracurricular Activities

2009-2010



Panagiota Tsonis
Principal

Dear Parents, Guardians, and Students,

Thank you for expressing an interest in the extracurricular activities program at Newport Mill Middle School. Your input has allowed us to develop a comprehensive cadre of extracurricular activities. The activities address many student interests, including academics, sports, and personal hobbies. We hope we offer an extracurricular activity that is of interest to each student.

We anticipate that many of the students at Newport Mill Middle School will participate in extracurricular activities. Some activities, such as athletics, require select eligibility criteria. When reviewing this guide, please note this information. Athletics are competitive team sports for seventh and eighth graders only, and require a Health Inventory be completed prior to participation. Intramurals are open to all sixth, seventh, and eighth graders. If you would like further information on any of the extracurricular activities, see the activity sponsor or coach directly.

At the end of the school year, we will again examine the extracurricular activity offerings, and plan for the next school year. We welcome all parent and student input. It is through a strong school, community, and home bond that we will be able to develop a world-class extracurricular activity program that is of interest and meets the needs of all students at Newport Mill Middle School.

Should you have any questions about the extracurricular activity program, please do not hesitate to call the school.

Sincerely,

Panagiota Tsonis
Principal

Softball Intramurals

Open to all sixth, seventh, and eighth grade students who wish to enhance their softball skills, including scoring and practice games.

Meeting Day: Tuesdays, Thursdays
Session: Feb 5—March 6
Staff Sponsor: Mr. Barron
Room: Gym

Spring Conditioning: Soccer

Open to all sixth, seventh, and eighth grade students who wish to get in shape for the soccer season. The training will include conditioning and drills specific to soccer. This is highly recommended for seventh and eighth grade students who want to try out for soccer .

Meeting Day: Tuesdays, Thursdays
Session: Jan 26—Mar 3
Staff Sponsor: Mr. Khalouf
Room: Gym

Net Games

Open to all sixth, seventh, and eighth grade students who wish to enhance their volleyball and badminton skills.

Volleyball and Badminton

Meeting Day: Wednesdays, Thursdays
Session: March 9—April 26
Staff Sponsor: Mr. Howell
Room: Gym

Soccer Intramurals

Open to all sixth, seventh, and eighth grade students who wish to enhance their soccer skills, including scoring and practice games.

MORNINGS

Meeting Day: Tuesdays, Wednesdays, Thursdays
Session: Feb 5—March 6
Staff Sponsor: Mr. Glass
Room: Gym

Expectations

To ensure the success of extracurricular activities for every person involved, a few basic ground rules have been established.

All participants must remain in an extracurricular activity session through its entirety, unless dismissed early by a parent or approved guardian.

All students must come prepared with necessary materials for extracurricular activities.

Students may not participate in extracurricular activities on the same day they have been absent from school (in its entirety) unless they have documentation the absence was excused (i.e., doctor's appointment, court summons, etc.).

Written permission slips must be completed prior to student participation in extracurricular activities.

Student transportation arrangement plans are the responsibility of the parent and student (busses will be provided to select stops). Students who are not picked up in a timely manner may be ineligible to participate in future extracurricular activities.

Cellular phones and other portable communication devices should remain off during the extracurricular activity.

Students must meet all financial and other obligations (i.e., E.C.A. fee, materials fees, Health Inventories, etc.) to participate in extracurricular activities.

All students must adhere to all NMMS and MCPS rules and regulations, and are further subject to disciplinary action as outlined in the aforementioned documents for infractions.

Have fun and be an active learner.

Transportation

Extracurricular activities end at 4:10 p.m. on Tuesdays, Wednesdays, and Thursdays. All students participating in extracurricular activities are expected to leave the building by 4:15 p.m. Students may be transported home one of three ways: walking, parent/guardian pick-up, or by school bus. Students who are walkers or riding with a parent or guardian will exit through the main doors (nearest to the main office and staff parking lot). Bus riders will exit through the bus loop doors (nearest to the gymnasium and exterior canopy). All parents who are picking up students need to use the pick-up/drop-off lanes **only**, to ensure the safety of those students boarding busses. Students who are not picked up on time may be ineligible to participate in future extracurricular activities.

An activity bus is provided free of charge.

Please note that **no crossing guards** will be on duty when the extracurricular activities dismiss. Students should develop a transportation plan with their parents prior to participation in extracurricular activities.

ACTIVITY BUS SCHEUDLE
TUESDAYS, WEDNESDAYS, THURSDAYS

Departs Newport Mill Middle School: 4:15PM



Advanced Speed and Agility

This is a an advanced intramural for 7th and 8th grade students who are seriously interested in training to increase speed and agility. Training will consist of weight training, plyometrics, and several speed drills at the track.

Meeting Day: TBD
Session: Feb 1 = April 1
Staff Sponsor: Mr. Howell
Room: Gym

Basketball Intramurals

Open to all sixth, seventh, and eighth grade students who wish to enhance their basketball skills, including scoring and practice games.

Meeting Day: Tuesdays, Thursdays
Session: Sept 22—Oct 29
Staff Sponsor: Mr. McLean
Room: Gym

Flag Football

Open to all sixth, seventh, and eighth grader students who wish to participate in playing and learning flag football. The intramural will also participate in the Football Passing League Tournament. .

Meeting Day: Tuesdays, Wednesday, Thursdays
Session: May 1– June 4
Staff Sponsor: Mr. Howell
Room: Gym

Boys Soccer

Date	Vs.	Location
Thursday, 4/15	Silver Spring Intn'l	HOME
Wednesday, 4/21	Lee MS	AWAY
Tuesday, 4/27	White Oak MS	AWAY
Tuesday, 5/4	Takoma Park MS	HOME
Thursday, 5/6	Key MS	AWAY
Wednesday, 5/12		HOME

Practice Days: Tuesday, Wednesday, Thursday

Season: Mar 9 — May 26

Coach: Mr. Serna

Eligibility: Students must be in the 7th and 8th grade
 ECA fee paid (after they make the team)
 Parent Permission Form
 Current Health Inventory
 Completed Athlete Medical Card
 Meet academic standards
 Meet age requirement

Girls Soccer

Date	Vs.	Location
Thursday, 4/15	Silver Spring Intn'l	AWAY
Wednesday, 4/21	Lee MS	HOME
Tuesday, 4/27	White Oak MS	HOME
Tuesday, 5/4	Takoma Park MS	AWAY
Thursday, 5/6	Key MS	HOME
Wednesday, 5/12	Sligo MS	AWAY

Practice Days: Tuesday, Wednesday, Thursday

Season: March 9 — May 26

Coach: Mr. Glass

Eligibility: Students must be in the 7th and 8th grade
 ECA fee paid (after they make the team)
 Parent Permission Form
 Current Health Inventory
 Completed Athlete Medical Card
 Meet academic standards
 Meet age requirement

Activity Bus Routes

BUS NUMBER 1—Route 3509

University Blvd and Drumm Ave
 McComas Ave and Bentley Lane
 Plyers Mill Rd and St Margaret's Way
 Dennis Avenue and Gardiner
 Dexter Ave and McKenney Ave
 Highland Elementary School

BUS NUMBER 2-Route 3204

Rockview Elementary School
 Oakland Terrace Elementary School
 Drumm Ave & Plyers Mill Road
 Drumm Ave & Blueford Ave
 Capitol View Ave & Meredith Ave
 Day Ave & Loma St
 Capitol View Ave & Grant Ave
 Capitol View Ave & Leafy Ave
 Glen Ave & Holman Ave
 Holman Ave & McMillan Ave
 Elkton Ave & Ellis St

After-school Activity Coordinator

Ms. Julie Gross is the After-school Activity Coordinator at Newport Mill Middle School. Ms. Gross is available Tuesdays, Wednesdays, and Thursdays from 3:00PM–4:30PM. Questions regarding after-school activities should be directed to Ms. Gross. She can be contacted at 301-929-2244 or by email at: julie_m_gross@mcpsmd.org.

Supervision

Students are supervised at all times while attending after-school activities. In addition to Ms. Gross, there is an administrator and security assistant at school during these activities. Students are only allowed to stay at school in a supervised activity. Sponsors of activities do take attendance and report the names to the coordinator. Students are escorted to the bus areas for dismissal.

Students that are not engaged in supervised activities are asked to leave the school premises.

Boys Basketball

Date	Vs.	Location
Thursday, 1/7	Takoma Park MS	AWAY
Thursday, 1/21	Key MS	HOME
Wednesday, 1/27	Eastern MS	HOME
Wednesday, 2/3	White Oak MS	AWAY
Tuesday, 2/9	Sligo MS	HOME
Tuesday 2/16	Lee MS	AWAY
Tuesday, 2/23	Silver Spring Intn'l	AWAY

Practice Days: Tuesday, Wednesday, Thursday

Season: Nov 19 —Mar 3

Coach: Mr. McLean

Eligibility: Students must be in the 7th and 8th grade
 ECA fee paid (after they make the team)
 Parent Permission Form
 Current Health Inventory
 Completed Athlete Medical Card
 Meet academic standards
 Meet age requirement

Girls Basketball

Date	Vs.	Location
Thursday, 1/7	Takoma Park MS	HOME
Thursday, 1/21	Key MS	AWAY
Wednesday, 1/27	Eastern MS	AWAY
Wednesday, 2/3	White Oak MS	HOME
Tuesday, 2/9	Sligo MS	AWAY
Tuesday 2/16	Lee MS	HOME
Tuesday, 2/23	Silver Spring Intn'l	AWAY

Practice Days: Tuesday, Wednesday, Thursday

Season: Nov 19—Mar 3

Coach: Mr. Barron

Eligibility: Students must be in the 7th and 8th grade
 ECA fee paid (after they make the team)
 Parent Permission Form
 Current Health Inventory
 Completed Athlete Medical Card
 Meet academic standards
 Meet age requirement

Boys Softball

Date	Vs.	Location
Tuesday, 9/29	Sligo MS	HOME
Thursday, 10/1	Lee MS	HOME
Tuesday 10/6	White Oak MS	AWAY
Thursday, 10/8	Silver Spring Intn'l	HOME
Wednesday, 10/14	Key MS	AWAY
Wednesday, 21	Takoma Park MS	AWAY

Practice Days: Tuesday, Wednesday, Thursday

Season: Sept 9—Oct 29

Coach: Mr. Barron

Eligibility: *Students must be in the 7th and 8th grade
ECA fee paid (after they make the team)
Parent Permission Form
Current Health Inventory
Completed Athlete Medical Card
Meet academic standards
Meet age requirement*

Girls Softball

Date	Vs.	Location
Tuesday, 9/29	Sligo MS	AWAY
Thursday, 10/1	Lee MS	AWAY
Tuesday 10/6	White Oak MS	HOME
Thursday, 10/8	Silver Spring Intn'l	AWAY
Wednesday, 10/14	Key MS	HOME
Wednesday, 21	Takoma Park MS	HOME

Practice Days: Tuesday, Wednesday, Thursday

Season: Sept 9—Oct 29

Coach: Ms. Morris, Ms. Brandy

Eligibility: *Students must be in the 7th and 8th grade
ECA fee paid (after they make the team)
Parent Permission Form
Current Health Inventory
Completed Athlete Medical Card
Meet academic standards
Meet age requirement*

Opportunities

The Montgomery County Recreation Department sponsors many additional opportunities for students at Newport Mill Middle School. These opportunities are publicized at the school through the activity sponsor. Some of the activities that may be offered throughout the year include:

Ice Skating Parties

Bowling Parties

Health Club

Babysitting Classes

Sports Opportunities

Spring Break Camps

Winter Break Activities

Look for flyers regarding these activities throughout the year.

Art Club

The Art Club will allow artists to express themselves and be aware of the community. In the first half of the year the club will concentrate on various projects around the school and the community. During the second semester the artists will discover new talents and creativity that will help deepen existing strengths.

Meeting Day: Tuesdays
Session: Nov—May
Staff Sponsor: Mrs. Morris
Room: 309

Assignment Club—Grade 6

Assignment Club provides sixth grade students with a quiet place to work after school. The Assignment Club sponsors, teachers at Newport Mill Middle School, will be available to assist students with their assignments as necessary. Students who complete their assignments early will be given the opportunity to study, read, or complete other school related tasks in a quiet work environment.

Meeting Day: TBD
Session: Sept—May
Staff Sponsor: TBD
Room: TBD

Co-Ed Cross Country

Date	Vs.	Location
Tuesday, 9/29	Sligo MS	HOME
Tuesday, 10/6	Whit Oak MS	AWAY
Wednesday, 10/14	Key Ms	HOME
Wednesday, 10/21	Takoma Park MS	AWAY

Practice Days: Tuesday, Wednesday, Thursday
Season: Sept 9—Oct 29
Coach: Mr. Eaton

Eligibility: Students must be in the 7th and 8th grade
ECA fee paid (after they make the team)
Parent Permission Form
Current Health Inventory
Completed Athlete Medical Card
Meet academic standards
Meet age requirement

Athletics

Interscholastic Sports

Students must try-out for all interscholastic sport teams.

1. Open to seventh and eighth grade students only
2. Students must have a 2.0 GPA
3. Student activity fee (ECA) must be paid to MCPS (form #280-37)
4. A current medical physical must be on file in the health room—Health Inventory
5. Parental permission form must be on file
6. Medical card form completed (MCPS form #560-30)
7. Students must adhere to the Newport Mill Middle
8. School Code of Conduct located in their Approaches to Learning Guide

Intramural Sports

There are no try-outs for intramural sports.

1. Open to all sixth, seventh, and eighth grade students
2. Students must have a 2.0 GPA
3. Parent permission form must be on file
4. Students must adhere to the Newport Mill Middle School

Assignment Club—Grade 7

Assignment Club provides seventh grade students with a quiet place to work after school. The Assignment Club sponsors, teachers at Newport Mill Middle School, will be available to assist students with their assignments as necessary. Students who complete their assignments early will be given the opportunity to study, read, or complete other school related tasks in a quiet work environment.

Meeting Day:	Wednesdays
Session:	Sept—May
Staff Sponsor:	Ms. Riegler Ms. Nystrom
Room:	407, 409

Assignment Club—Grade 8

Assignment Club provides eighth grade students with a quiet place to work after school. The Assignment Club sponsors, teachers at Newport Mill Middle School, will be available to assist students with their assignments as necessary. Students who complete their assignments early will be given the opportunity to study, read, or complete other school related tasks in a quiet work environment.

Meeting Day:	Thursdays
Session:	Nov—May
Staff Sponsor:	Ms. Brandy
Room:	TBD

Black Saga Club

Black Saga is a state-wide academic competition held at the University of Maryland each year in March. Competing students are responsible for knowing the answers to more than 800 questions about the African-American experience in the United States. *All* participants in the competition are awarded a trophy by the Black Saga Competition at the awards ceremony upon the conclusion of the competition and top finalists are awarded cash prizes. Black Saga Club will prepare interested students for the competition.

Meeting Day: Tuesdays
Session: Oct—May
Staff Sponsor: Ms. Delaney
 Ms. Wood
Room: 308

Critter Care Club

Students will help maintain a special "teaching aquarium" as well as organism habits in the classroom to help encourage and develop an interest in reading, writing, critical thinking, and science. Students will perform a variety of activities to aid in the care of plants and animals. Some activities include collecting data from an aquarium by measuring and recording water temperature, pH, ammonia, and nitrate levels. Moreover, through setting up and caring for a variety of organisms students learn about a variety of topics and gain valuable life lessons.

Meeting Day: 2nd and 4th Tuesday
Session: Oct—May
Staff Sponsor: Ms. Riegle
Room: 407

*Sponsored by the Recreation Dept:
 Registration Required*

Yearbook Club

The Yearbook Club is an excellent opportunity for students to develop a better understanding of photography and the layout process. Students will work with the photographer in designing the Newport Mill 2008-2009 Yearbook. Members of the club will focus on layout, editing, and commercial sales.

Meeting Day: Thursdays
Session: Nov—May
Staff Sponsor: Ms. Morris
Room: 309

Yoga Club

Yoga is co-ed after school program for Newport Mill students, grades 6-8. This program will iterate the importance of a balanced life by helping us connect our mind with our body, helping us focus on our breathing to learn to relax and stay centered, and stretch our body in ways we never thought we could. Let's all yoga!!

Meeting Day: Thursdays
Session: Oct—May
Staff Sponsor: Ms. Tebcherany
Room: Dance Studio

*Sponsored by the Recreation Dept:
 Registration Required*

Science Expo Club

The Science Expo Club provides students an opportunity to work on science fair projects. The sponsors, science teachers at Newport Mill Middle School, will be available to assist students with their science fair projects. All eighth grade students must submit a science fair project as part of the eighth grade science curriculum. The Science Expo will take place in February.

Meeting Day: *Twice a Month*
Session: **Nov—Feb**
Staff Sponsor: **Ms. Mucklow**
Room: **309**

Student Government Association

The Student Government Association (S.G.A.) provides students with the ability to better understand the democratic process, while becoming involved in school projects and initiatives. Elections are held for officers, and other students are encouraged to attend as part of the general assembly. The SGA sponsors great school-wide activities, such as community outreach programs, school dances, and school spirit days.

Meeting Day: **TBD**
Session: **Sept—May**
Staff Sponsor: **Ms. Knafelc, Ms. Tebcherany**
Room: **1221**

Engineering Club

The engineering club is a structured pre-college program dedicated to supporting and developing the interests, skills, and abilities of middle school students in science, technology, and engineering, . Also, students will work in teams to demonstrate their skills and abilities as they learn from and motivate each other.

Meeting Day: **Thursdays**
Session: **Oct—May**
Staff Sponsor: **Mrs. Abiodun**
Room: **411**

Fitness Club

Students will work on improving their personal fitness levels through participation in a variety of activities. Students will determine individual fitness levels and will make specific goals. They will learn about proper exercise techniques and will receive nutritional guides. Students will create food contracts to monitor good eating habits. Groups will meet in three sessions, one each quarter with a total of fifteen students per session.

Meeting Day: **Tuesdays and Thursdays**
Session: **Oct—May**
Staff Sponsor: **Mr. Khalouf**
Room: **305**

*Sponsored by the Recreation Dept:
 Registration Required*

Green Schools Club

Students will learn how to protect the environment and save money for Newport Mill Middle School by lessening the amount of energy the school uses on a daily basis. They will work with teachers and building service workers to collect data about the school's energy use. The more money the club saves for the school, the more money they are given to expand their efforts in energy conservation including field trips.

Meeting Day: Thursdays
Session Dates: Oct– May
Staff Sponsor: Ms. Riegle
Room: 407

Health Fair Club

The Health Fair Club will give students the opportunity to plan a health fair. Participations will learn all aspects of organizing a large event to include: advertising, donations, researching and creating health booths, creating news flashes for the school, and working at the actual event. Students may then receive Student Service Learning hours for actually volunteering at the event.

Meeting Day: Wednesdays
Session: Oct—May
Staff Sponsor: Mr. Khalouf
Room: Room 305

*Sponsored by the Recreation Dept:
 Registration Required*

Pep Band

The Pep Band provides the instrumental music students an opportunity to play during the home basketball games at Newport Mill Middle School. Anyone interested in participating in this exciting new opportunity, please contact Mr. Campagna in the music room for more details.

Meeting Day: TBA
Session: Basketball Season
Staff Sponsor: Mr. Campagna
Room: Band Room

Pupil Enrichment

Pupil enrichment is an educational venue that provides students with opportunities to receive additional individualized instruction in all necessary subject areas with a concentration in building background knowledge and vocabulary terminology in science and world studies. In addition, students will also develop an array of academic studying skills that are necessary to maintain an organized upkeep on completing assignments in a timely manner. Students will strengthen their academic attitude with a positive outlook by setting and fulfilling short-term and long-term academic goals.

Meeting Day:
Session: Sept—May
Staff Sponsor: Ms. Yee
Room: 212

Literary Magazine Club

The Literary Magazine provides an excellent opportunity for students to enhance their creativity through writing. All students at Newport Mill will have the opportunity to write poems, short stories, and other literary works for submission to Mr. Ehrhardt. During the spring months, the Literary Magazine staff will work on the layout of Newport Mill Literary Magazine. The magazine will be distributed to students at the school.

Meeting Day: **Thursdays**
Session: **Nov—Mar**
Staff Sponsor: **Mr. Ehrhardt**
Room: **223**

Peer Elegance

Peer Elegance is a girls only after school program for Newport Mill students grades 6 – 8. This program promotes positive relationships, builds communication skills, and encourages healthy decision making. Through the use of group activities and self-reflection, Peer Elegance aims to enhance self-esteem and support academic achievement. Girls rule!

Meeting Day: **Wednesdays**
Session: **Sept—May**
Staff Sponsor: **Ms. Greenberg, Ms. Putney**
Room: **Parents' Place**

*Sponsored by the Recreation Dept:
 Registration Required*

Hype Squad

The Hype Squad will consist of sixth, seventh, and eighth grade students who are the loudest and most spirited students for our basketball games. The purpose of the club is to cheer and support our team at the highest level. If you love basketball and you have tiger pride, the hype squad is for you. Tryouts will begin in December.

Meeting Day: *Basketball Games*
Session: **Jan—Mar**
Staff Sponsor: **Mr. Howell**
Room: **Gym**

*Sponsored by the Recreation Dept:
 Registration Required*

Jazz Ensemble

The NMMS Jazz Ensemble provides an excellent opportunity for students to develop a better understanding and appreciation for jazz music of the twentieth century. Students will practice and perform a variety of jazz compositions from the following genres: ragtime, blues, swing, be-bop, salsa, funk, and fusion. Members of the band will spend considerable time learning how to improvise because improvisation is the essence of jazz!

Meeting Day:
Session:
Staff Sponsor: **Mr. Campagna**
Room: **Band room**