

# Dr. Martin Luther King Jr. Middle School



## After-School Activities Handbook 2009-2010

## Contact Information

Main Office: 301.353.8080

- Mr. Marc Cohen, Principal
- Mr. Randy Gruber, Assistant Principal
- Mrs. Karen Bryant, Assistant Principal
- Mrs. Sally MacGregor, Administrative Secretary
- Ms. Julie Segel, After School Activity Coordinator
- Ms. Jennifer McCarron, After School Activity Coordinator
- Mr. Joe Kennedy, Athletic Coordinator
- Mr. John Glodek, Intramural Coordinator



## Dr. Martin Luther King Jr. Middle School

The staff at Dr. Martin Luther King Jr. Middle School encourages students to participate in extra curricular activities. After school activity hours run from 2:45 p.m. to 4:15 p.m., Tuesday through Thursday. A brief description of the activities, sponsors, and special requirements for participants are listed on pages 5-6. In many cases, students need to stay after or sign up to stay after for an activity when it is scheduled. However, in some cases students must try out or receive a special invitation to join. Transportation is available for students. Generally, we offer after school activity buses Tuesdays, Wednesdays and Thursdays.

## Eligibility for Intramural and Extracurricular Activities

Participation in intramural and extracurricular activities requires the payment of an annual activity fee of \$30.00. It is the student's responsibility to remain eligible. Students must meet the eligibility standard by earning a 2.0 grade point average for the previous marking period with not more than one failing grade (including a carry-over from the 4th marking period to the fall). Students may petition the activity sponsor for reinstatement 2 weeks after the report card is received. The principal has the final decision on each petition. Tutoring and instructionally related activities are the only exceptions for reinstatement.

## After School Rules and Regulations

All students must follow the school rules when staying for after school activities. Students may not leave the building between the end of the school day and the beginning of the after school activity. Students must report to the cafeteria if staying for an after school activity or the locker room if staying for athletics or intramurals. Attendance will be taken in the cafeteria and locker room before the students report to their activities. Sponsors will pick students up and walk them to their activities. All students who plan to take the activity bus home must have a bus pass.

|                       | <b>Expectations Map</b>  |  |   |
|-----------------------|--|--|---|
|                       | <b>Before Activity</b>   | <b>During Activity</b>   | <b>After Activity</b>                     |
| <b>Respect</b>        | Report to the cafeteria or the locker room on time.              | Listen to your activity sponsor.                                       | Leave the building when asked to.         |
| <b>Responsibility</b> | Check to see if your activity is cancelled before staying after. | Stay on task during the activity.                                      | Listen for the call for the activity bus. |
| <b>Integrity</b>      | Only stay for an activity if you are scheduled to.               | Have a valid hall pass if you are in the hallway during your activity. | Have a bus ticket when boarding the bus.  |

## Activity Bus Schedule 2009-2010

The activity buses will run every day after school on Tuesdays, Wednesdays and Thursdays from September 16<sup>th</sup> to June.

The activity buses will not run on half days and the Night of Excellence.

All activities begin the week of September 16<sup>h</sup> unless otherwise noted.

\*All dates are subject to cancellation due to weather or other unforeseen events.

# MLK ATHLETICS SCHEDULE

## 2009-2010

### SOFTBALL – Games Start @ 3:15

(Tryouts Begin September 2nd / Season Ends – October 29<sup>th</sup>)

| Date                | Opponent                   | Boys | Girls |
|---------------------|----------------------------|------|-------|
| Thursday – 9/24/09  | Neelsville                 | Home | Away  |
| Wednesday – 9/30/09 | Montgomery Village         | Away | Home  |
| Wednesday – 10/7/09 | Kingsview                  | Home | Away  |
| Tuesday – 10/13/09  | Poole (2:50 Start @ Poole) | Away | Home  |
| Thursday – 10/15/09 | Baker                      | Away | Home  |
| Tuesday – 10/20/09  | Clemente                   | Home | Away  |

### COED CROSS COUNTRY – Meets Start @ 3:15

(Tryouts Begin September 8<sup>th</sup> / Season Ends – October 29<sup>th</sup>)

| Date                | Opponent                    |
|---------------------|-----------------------------|
| Wednesday – 9/30/09 | @ Montgomery Village        |
| Wednesday – 10/7/09 | Kingsview                   |
| Tuesday – 10/13/09  | @Poole (2:50 Start @ Poole) |
| Tuesday – 10/20/09  | Clemente                    |

### BASKETBALL – Games Start @ 3:00

(Tryouts Begin November 19<sup>th</sup> / Season Ends – March 3<sup>th</sup>)

| Date                | Opponent                   | Boys | Girls |
|---------------------|----------------------------|------|-------|
| Wednesday – 1/13/10 | Montgomery Village         | Home | Away  |
| Wednesday – 1/27/10 | Neelsville                 | Away | Home  |
| Tuesday – 2/2/10    | Clemente                   | Home | Away  |
| Thursday – 2/4/10   | Baker                      | Away | Home  |
| Thursday – 2/11/10  | Rocky Hill                 | Away | Home  |
| Thursday – 2/18/10  | Kingsview                  | Home | Away  |
| Wednesday – 2/24/10 | Poole (2:40 Start @ Poole) | Home | Away  |

### SOCCER – Games Start @ 3:15

(Tryouts Begin March 9<sup>th</sup> / Season Ends – May 26<sup>th</sup>)

| Date                | Opponent                   | Boys | Girls |
|---------------------|----------------------------|------|-------|
| Tuesday – 4/13/10   | Kingsview                  | Home | Away  |
| Tuesday – 4/20/10   | Clemente                   | Away | Home  |
| Wednesday – 4/28/10 | Poole (2:50 Start @ Poole) | Away | Home  |
| Wednesday – 5/5/10  | Neelsville                 | Home | Away  |
| Tuesday – 5/11/10   | Rocky Hill                 | Away | Home  |
| Thursday – 5/13/10  | Montgomery Village         | Home | Away  |

**\*\* Please make arrangements to pick up players at King following all games because there is no activity bus available after 4:15 and most games are not over in time for players to make the activity bus.**

## Intramurals Schedule 2009-2010

| Activity  | Sponsor     | Begins                                   | Ends                                       |
|---|-------------|--|--|
| <b>INDOOR SOCCER</b><br>Extension of P.E. curriculum.     | MR. GLODEK  | September 22 <sup>nd</sup><br>(Tuesday)  | END OF NOVEMBER<br>(Resumes in the Spring) |
| <b>INDOOR BASKETBALL</b><br>Extension of P.E. curriculum. | MR. GLODEK  | September 24 <sup>th</sup><br>(Thursday) | END OF NOVEMBER<br>(Resumes in the Spring) |
| <b>WEIGHT TRAINING</b><br>Extension of P.E. curriculum.   | MS. HARRELL | JANUARY<br>(Tuesdays or<br>Thursdays)    | MARCH                                      |
| <b>TABLE TENNIS</b><br>Extension of P.E. curriculum.      | MS. HARRELL | JANUARY<br>(Tuesdays or<br>Thursdays)    | MARCH                                      |

## After School Clubs and Activities

| Activity Name         | Activity Type | Sponsor     | Meeting Date |   |        | Location              | Description  |
|-----------------------|---------------|-------------|--------------|---|--------|-----------------------|--|
|                       |               |             | T            | W | T<br>R |                       |  |
| <b>Breakfast Club</b> | Rec-Extra     | Stacy Crowl | √            |   | √      | B107/<br>Computer Lab | Breakfast club meets in the mornings before school to enhance reading skills. Membership determined by teacher recommendations. Breakfast is provided. |

|                             |           |                   |  |   |   |                   |  |
|-----------------------------|-----------|-------------------|--|---|---|-------------------|--|
| JLI                         | Club      | Officer Wodjen    |  |   |   | A102<br>A113      | Junior Leadership Initiative- provides students with leadership development opportunities that will enable them to achieve their dreams and become influential members of the community. Membership selection based on teacher recommendation.   |
|                             |           |                   | Starting date to be determined   |   |   |                   |  |
| Recycling/<br>Green Schools | Rec-Extra |                   | √  |   | √ | Guidance          | Students will help with the recycling program and <i>earn student service learning hours</i> . Students will learn the benefits recycling can have within our school and on the environment as a whole!  |
| Homework Help               | Academic  |                   | √  | √ | √ | Media Center      | Homework Help is to assist students with their homework and give them a comfortable place to work. The homework can be from any class or subject. Students will have access to the internet for projects, color pencils, pens, poster paper and other supplies. Homework help is a quiet and resourceful environment to complete your assignments.   |
| Jazz Ensemble               | Club      | Mr. Szczubleweski |  |   | √ | C138<br>Band Room | The Jazz Ensemble provides students with opportunities to develop a high level of skill in the performance of popular music, including such styles as jazz, blues, jazz-rock, soul, Latin, and others. Students will develop skills of jazz phrasing, interpretation, and improvisation necessary to perform for this ensemble. Membership is determined by audition and may be limited by instrumental needs. This ensemble represents the school in public performances. |
|                             |           |                   | Begins October 1st   |   |   |                   |  |
|                             |           |                   | *beginning October 31st  |   |   |                   |  |
| SGA                         | Club      | Mr. Caruso        | Meeting dates will vary throughout the year-see monthly activity calendar. |   |   | B110              | Students interested in running for office in the SGA should speak with Ms.. Caruso. The Student Government Association will help provide input on school functions. The SGA will also organize and plan the school dances and spirit week.   |
| STEP                        | Rec-Extra | Mrs. Hampton      |  | √ | √ | Cafeteria         | Step is an after school activity performed by students using a variety of vigorous dance routines. Students must have  |

|                                       |       |               |                                  |   |   |   |   |
|---------------------------------------|-------|---------------|----------------------------------|---|---|---|---|
|                                       |       |               |                                  |   |   | excellent coordination in order to execute these dance steps. Students must tryout in order to be selected for the step team. Students must also meet and maintain the academic requirement with a C or above and demonstrate our school core value at all times. |   |
| <b>Yearbook</b>                       | Club  | Ms. Herring   | √                                |   |   | A204  | The yearbook club is looking for 15 dedicated and hard-working students and who consistently demonstrate MLK's core values. All club members will be involved in photography, page making, writing and other organizational duties. This is an excellent opportunity to learn skills and become involved in an activity that you can continue in high school and even in college. Students may obtain applications from the front office. Students who participated last year are encouraged to reapply. Turn in applications by Friday, September 18, 2009 to Ms. Herring in A204. |
| <b>Algebra Help</b>                   | Extra | Ms. Cho       |                                  | √ |   | B210  | Ms. Cho will provide assistance to students taking Algebra on Wednesdays in her classroom.  |
|                                       |       |               | Wednesdays beginning in October. |   |   |   |   |
| <b>Knitting &amp; Crocheting Club</b> | Extra | Ms. Allred    | √                                |   |   | B104  | Learn how to make presents for your friends and family by joining the Knitting and Crocheting Club. Ms. Allred will teach you the basics of knit and purl and how to do single and double crochet. You can make lots of things with those simple steps. No experience required and Mrs. Allred will provide the needles and yarn.   |
| <b>Dance Club</b>                     | Extra | Ms. Merritt   | √                                |   |   | B207  | This club will be a hip/hop-jazz-step style dance club that will perform at basketball games and assemblies. It will be an open club although there will be an audition process.  |
| <b>Comic Book Club</b>                | Extra | Ms. McNellage |                                  |   | √ | A207  | The comic Book Project is an arts-based literacy initiative that engages students in the process of writing and designing original comic books.   |

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