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The Counselor's Corner October 2011

Dear Meadow Hall Parents and Guardians,

Each month you will get a brief summary of what your child is doing in the classroom as it relates to counseling. This month we will focus on what we learned about in the month of September. During the month of September, RESPECT was emphasized! The students learned that respect is treating others and yourself with kindness. Along with RESPECT we focused on our school wide behavior plan: PBIS. Two students from each class were "Caught in the act" of respecting the new PBIS plan by their teachers for the month! They will have their pictures displayed in the front lobby.

Congratulations to:

Kindergarten

Hellman- Astrid Espinoza & Angel Zelaya

McLain- Kyle Divita & Emily Molina-Meyer

Milke- Brandon Divita & Mi-Ka Lierato

Wensien- Tania Castro & Gabriela Romero

First Grade

King- Gerardo Reyes & Patricia Aguilar

Torcello- Daniel Espericueta & Sophia Quijada

Hummer- Andre Kessel & Kelvin Torres Zelaya

Werner- Alondra Sierra Paradis

Cybulski- Kyle Isaacs & Shelly Tu

Second Grade

Lasko- Bryan Cisneros & Tamara Gomez

Mees- Toofan Khosravian & Jennifer Ma

Sigelman- Izzie Heister & Zachery Raybalid

Third Grade

Callan- Gerald Voglezan & Karla Torres

Sargo- Claire Popson & A.J. McGurk

Wood- Kaliyah Dirk & Gabi Martinez

Fourth Grade

Fedder- Elenna Mach & Soroush Noktehdan

Stallings- Chris Ekanem & Carmela Suarez

Stone- Rowena Cording & Andy Monterrosa

Fifth Grade

Alexander- Elena Cording & Bagas Sitompul

Krupica- Jack Thompson & Karla Hunzellman

Lynch- Paris A-Sani & Juver Diaz

Mrs. Harris- Alan Shaw

Ms. Mejia-Antowan Moshi.

During the month of October we will be thinking about **Responsibility!** Being responsible means that others can count on you!

Guidance Lessons

This year Mrs. Tanen has an intern and her name is: Nidhi Patani. She will be helping Mrs. Tanen with lessons groups and a whole bunch of important things. Please welcome her when you see her in Mrs. Tanen's office. Each month we will go into every class twice. You will get a description of what we taught in your child's room that day. Please go over these skills and strategies so your child can get use to hearing the terminology we use here at school.

K-5th -For our introduction lesson all of the grade levels got to meet me and my intern and review what our roles are here at school.

K- During our second lesson, we focused on Respect. We read "What Is Respect?" and we filled in a web about how we show respect towards our friends, at home and at school.

1st- During our second lesson, we focused on Respect. We read "Do Unto Others.." Then, we discussed ways to be respectful.

2nd- During our second lesson, we focused on Respect and we watched a summary about a student who had autism and how not only should we have respect for our school rules and people who are like us but also others that are different. Then we discussed how we show respect others at school.

3rd- During our second lesson, we focused on Respect. Afterwards, we discussed how we show respect.

4th - During our second lesson, we focused on Respect. We came up with ways we were Respectful played a game named: Cross the Line. and We also discussed how we felt when people didn't show respect towards us.

5th-During our second lesson, we discussed how it feels when someone is different than you and read a book about Autism. The students had to make up a skit that came from a scenario. The class had to guess what conflict they were having and how to respectfully help solve the conflict.

Each month you can look at some of our work on our monthly bulletin board with our special character trait people!

Groups

Groups will begin October 7th. For the next 4 weeks, I will be running groups on:

1. Organization? Who needs it? - for students who need support with learning how to study and keep organized while finding out how important it is to have these skills.
2. But I've been friends with the same people for years!!! - for students who need some extra meeting people who are different than them and learning that they can be friends with anyone!
3. I Care About Myself- for students who need extra support learning how to put self first.
4. Sometimes I don't think about my Choices-for students who need extra support with learning how to make good choices and learning how to treat others.

Groups will meet a week at designated time for 4 weeks. After that, I will change group topics.

Permission slips will be sent home with each child for permission for individual or group counseling.

Individuals

I do see students individually for extended periods of time when the need arises. If you feel that your child needs this, please contact me so that we can discuss it. Permission slips will be sent home with each child for permission for individual or group counseling.



What's New This month?



RED RIBBON WEEK FUN

October 24th through 29th, Meadow Hall will join many other schools, business and communities nationwide in celebrating the 2009 **RED RIBBON** campaign co-sponsored by the Maryland Alliance for Drug-Free Youth and MCPS Safe and Drug-Free Schools.

Red Ribbon Week started in 1985 after a DEA agent was killed by people selling drugs. The week is meant to help citizens across the United States come together to keep children, families and communities safe, healthy and drug-free.

Red Ribbon Week is a time when we think about our responsibility (the word of the month for October) to make healthy choices. **Let the fun begin!**

Monday 24th: "Give Drugs the Slip Day" Wear **RED** and everyone wears slippers today.

Tuesday 25th: "Sock it to Drugs Day" Wear crazy socks today.

Wednesday 26th: "Hugs, not Drugs Day" Bring in your favorite stuffed animal today.

Thursday 27th: "Team-Up against Drugs" Wear your favorite sports team apparel today.

Friday 28th :TBA

5th grade parents- if you have any questions about the Middle School Magnet Open Houses, please come see my board outside of my office, contact me at school, or read the additional information sheet that I have attached.



Meadow Hall will be participating in a food drive to help feed people who may need help during the holidays.

This we will have our Annual Turkey Trot in addition to having a food collection outside of Ms. Tanen's. This will be on November 18th 2010. More information to come!

- Macaroni & Cheese
- Canned green beans, corn or peas
 - Canned Cranberry Sauce
 - Jello
- Canned Fruit (apple sauce, peaches, pears, fruit cocktail)
 - Turkey gravy (mixed or can)

We will be collecting items for the City of Rockville's Holiday Drive.
We are accepting donations from October 3th – November 18th
There will be a box labeled "Food Drive" in front of Ms. T's room.
Thanks for the support😊

Holiday Basket forms are available if you are interested in



receiving assistance during the holidays. (not available on
line) See attached papers and return to Ms. Tanen ASAP!

Next to my office there is a variety of information brochures, which are constantly updated about general parent support, mental health, parent workshops around the county and more!