

Hebrew Home Volunteers

Hebrew Home volunteers help in innumerable ways to make our residents feel comfortable, engaged with life, and happy. Here's a sample:

- Provide companionship.
- Read to residents.
- Take residents outdoors to enjoy our gardens.
- Help with activities -- art therapy, discussion groups, Sing-Alongs, picnics, crafts, exercise groups, trips, and more.
- Give manicures, write letters.
- Help with special events.
- Escort residents to clinics, synagogue services (daily, Shabbat, holidays), activities, or therapy sessions.
- Visit and translate for residents speaking Russian, Farsi and Yiddish.
- Work on computer or photography projects.
- Help in our soda shop.
- Sew walker bags or knit afghans.
- Play card games, Scrabble, chess, Mah Jongg, and poker.
- Participate in our pet therapy program.
- Participate in intergenerational activities.
- Welcome/orient new residents and their families to our residences.
- Help office staff: acknowledge donations, assemble mailings, answer phones, assist with clerical duties.
- Pitch in on holidays or during snow emergencies.
- Adopt a grandparent.



Not seeing the perfect role that calls upon your talents or interests? Here are more suggestions:

- Assist in our dining rooms; help serve breakfast (8 a.m.), lunch (noon), or dinner (5 p.m.).
- Help residents record their life lessons in the ["Ethical Will Project."](#)
- Escort residents to in-house physical therapy appointments, the beauty shop, etc.
- Sponsor or host "Sunday Sweets."
- Run Bingo games, Thursdays at 10 a.m.
- Assist at monthly birthday parties.

- Entertain residents: seeking musicians, comedians, dancers, magicians with a 40-minute program.
- Lead entertainment programs on weekends.
- Lead a book group or writing group.
- Assist at exercise classes.
- Help show movies on afternoons or weekends; stay to assist residents.
- Shop for residents or escort them on shopping excursions.
- Lead Shabbat services (Reform & Conservative): Friday evenings at 7:15 p.m. and Saturday, 10 a.m.
- Lead religious services on Jewish holidays.
- Serve as a "Patient Service Representative" to rehabilitation patients; healthcare or legal experience required.

We welcome all volunteers! Please [email us](mailto:volunteers@hebrew-home.org) at volunteers@hebrew-home.org or call 301.770.8332 to discover the opportunities that await you.