

Montgomery County
Department of Health and Human Services
School Health Services
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WHEN TO SEND A STUDENT TO THE HEALTH ROOM

The following signs and symptoms of illness serve as a guide in assisting school staff in determining when a student should be sent to the Health Room.

WHAT ARE IMPORTANT SIGNS AND SYMPTOMS OF ILLNESS?

- Fever
- Difficulty in breathing (i.e. shallow, rapid or “noisy” sounding breathing)
- Severe cough (deep, hacking, “wet” sounding)
- Unusual skin color
- Extreme pallor, flushed
- Changes in mental status or orientation (confused, lethargic, sleepy)
- Vomiting / diarrhea
- Red or pink eyes
- Rash or infection of the skin

Student complaint of:

- chest pain
- shortness of breath
- headache
- nausea
- stomachache
- earache
- sore throat
- dizziness

If these signs or symptoms are observed, the student should be sent to the Health Room for further health assessment and evaluation by the School Nurse or the School Health Room Aide.

If symptoms are severe or if the student is confused, he/she should be accompanied to the Health Room by a teacher or a responsible student.