

# DHS Boys Lacrosse 2009

## What We Stand For

**H**onor the game of lacrosse - no sport has a greater history or tradition.

**O**wn responsibility for your behavior on and off the field.

**R**espect your parents, your teammates, your coaches, your opponents, and the officials.

**N**ever is a word used by people who don't want it bad enough.

**E**ach and every player on this team matters; we're in it together.

**T**rust is the cornerstone of success for a team sport. The coaches trust you, so trust each other and your coaches.

**S**acrifice for the greater good, and you will benefit personally. Do the hard work in pre-season and during practice – it always pays off.