

**Are you caring for a frail senior citizen
or a loved one with disabilities?
Learn how you can get help!**

2017 Respite Resource Fair

*Respite means short-term, occasional breaks from caregiving.
We can help you learn more about respite care,
meet some potential respite care providers, and much more!*

**Saturday, March 25, 2017
10 am-2 pm**

Free Admission—Open to the Public

**Bethesda North Conference Center
5701 Marinelli Road, North Bethesda, MD 20852**

Get more details online at:
www.TheArcMontgomeryCounty.org/What-We-Do/Respite

