

WINTER 2011 Schedule of Workshops

Parent Academy workshops give parents the tips and tools to help their children be successful in school.

All workshops are **FREE** and held at schools and locations throughout Montgomery County.

Child care and interpretation services are provided.



A program of the Department of Family and Community Partnerships

The MCPS Parent Academy would not be possible without the support of our generous partners:

- ABC 7 WJLA-TV
- Drive2Survive
- Education For All
- Guide Youth Services
- Mental Health Association of Montgomery County
- Mid-Atlantic Federal Credit Union
- Montgomery College
- Montgomery County Federation of Families for Children's Mental Health
- Montgomery County Police Department
- Montgomery County State's Attorney's Office
- Mount Calvary Baptist Church
- National Alliance on Mental Illness, Montgomery County
- National Institutes of Health
- Peer2Peer Tutors
- Wheaton Seventh Day Adventist Church
- Work Life Coaching
- YMCA Youth and Family Services

The MCPS Department of Family and Community Partnerships also would like to thank all MCPS staff members who donate their time and expertise to lead Parent Academy workshops.

What people are saying about the Parent Academy ...

- "Excellent program. Informative. Encouraging. Empowering!"*
—Parent, Argyle MS student
- "I'm so glad I had the opportunity to attend the workshop and bring my two kids with me. We left with so much to think about and discuss. I will definitely tell my friends to attend next time!"*
—Parent, Martin Luther King, Jr. MS and Seneca Valley HS students
- "These workshops motivate me to keep helping my child."*
—Parent, Georgian Forest ES student

Sign up for one or more workshops today!

There are 4 easy ways to register ...

ONLINE
Register at
www.mcpsparentacademy.org

BY PHONE
Call
301-517-5940

BY MAIL
Send to
Parent Academy
Department of Family and Community Partnerships
850 Hungerford Drive, Room 50
Rockville, Maryland 20850

BY FAX
Send to
301-279-3815

Registration Form

Last Name: _____ First Name: _____ Date: _____

Address: _____

City, State, ZIP Code: _____

E-mail: _____ Phone: _____

What school(s) do your children attend? _____

Do you need an interpreter? If yes: Amharic Chinese French Korean
 Spanish Vietnamese

Do you need child care? (ages 3-12) If yes, number of children _____

We will do our best to honor all requests for interpretation and child care, based on availability.

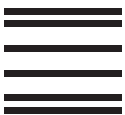
Workshop Title: _____ Date: _____ Location: _____

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If you need sign language interpretation, please call 301-517-5539 (Voice/TTY).

For more information, visit
www.mcpsparentacademy.org



BUSINESS REPLY MAIL

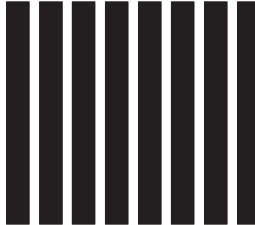
FIRST-CLASS MAIL PERMIT NO. 216 ROCKVILLE, MD

POSTAGE WILL BE PAID BY ADDRESSEE

Montgomery County Public Schools
Department of Family and Community Partnerships
850 Hungerford Drive, Room 50
Rockville, MD 20850



NO POSTAGE
NECESSARY
IF MAILED
IN THE
UNITED STATES



Keys to College and Workplace Readiness
WEDNESDAY, MARCH 2 7:00–8:30 P.M.
Learn about the keys to college readiness, a pathway that will help prepare students for college and the workplace, beginning in kindergarten and continuing throughout the school years.
Redland MS, 6505 Muncaster Mill Rd., Rockville 20855

Computer Smart 4
MONDAY, MARCH 7 7:00–8:30 P.M.
See January 24.
Earle B. Wood MS, 14615 Bauer Dr., Rockville 20853

Let's Get Organized!
WEDNESDAY, MARCH 9 7:00–8:30 P.M.
See February 23.
Rockville HS, 2100 Baltimore Rd., Rockville 20851

Computer Smart 5
MONDAY, MARCH 21 7:00–8:30 P.M.
See January 24.
Earle B. Wood MS, 14615 Bauer Dr., Rockville 20853

A Parent's Guide to Gangs
THURSDAY, MARCH 24 7:00–8:30 P.M.
Increase your awareness of gang activity in the community. Staff from the Mental Health Association of Montgomery County will help you recognize signs of gang involvement, and learn what to do if a child is involved in a gang.
John F. Kennedy HS, 1901 Randolph Rd., Silver Spring 20902

The Road to Independence
THURSDAY, MARCH 24 7:00–8:30 P.M.
What can parents do to raise dependable, responsible tweens and teens? Learn specific strategies to emphasize that independence is earned through the demonstration of responsibility. Discussion will explore the importance of giving choices and setting limits in areas such as curfew, driving, chores, and money. Presented by YMCA Youth and Family Services.
Paint Branch HS, 14121 Old Columbia Pike, Burtonsville 20866

Building a Positive School Climate Through PBIS
WEDNESDAY, MARCH 30 7:00–8:30 P.M.
Respect. Responsibility. Integrity. Those are the values emphasized by Positive Behavioral Interventions and Supports (PBIS), a framework used throughout MCPS to build a positive school climate. Come and learn more about PBIS, what it looks like in action in school, and how it can be supported and used at home.
A. Mario Loiederman MS, 12701 Goodhill Rd., Silver Spring 20906

Conquista tus Sueños (part 2 of 3) (Spanish)
THURSDAY, FEBRUARY 17 7:00–8:30 P.M.
See February 10. Presented in Spanish.
Col. E. Brooke Lee MS, 11800 Monticello Ave., Silver Spring 20902

Special Education: Parents as Advocates and the Family-School Partnership (part 4 of 4 Parent E.A.S.E. workshops)
THURSDAY, FEBRUARY 17 6:30–8:30 P.M.
See January 27.
Francis Scott Key MS, 910 Schindler Dr., Silver Spring 20903

Drive Smarter: Teens Behind the Wheel
WEDNESDAY, FEBRUARY 23 7:00–8:30 P.M.
Teen drivers can become distracted in the blink of an eye. Learn from Drive2Survive® about advanced driver safety and techniques to avoid collisions. Instruction includes minimizing in-car distractions, becoming a family committed to safety, and overcoming bad judgment behind the wheel.
Montgomery Blair HS, 51 University Blvd., East, Silver Spring 20901

Let's Get Organized!
WEDNESDAY, FEBRUARY 23 7:00–8:30 P.M.
Assignments, projects, schedules, papers, activities, and more—good organizational skills are important for learning. Help your child develop organizational skills that will increase academic success. Presented by Peer2Peer Tutors.
Sligo MS, 1401 Dennis Ave., Silver Spring 20902

Conquista tus Sueños (part 3 of 3) (Spanish)
THURSDAY, FEBRUARY 24 7:00–8:30 P.M.
See February 10. Presented in Spanish.
Col. E. Brooke Lee MS, 11800 Monticello Ave., Silver Spring 20902

Computer Smart 3
MONDAY, FEBRUARY 28 7:00–8:30 P.M.
See January 24.
Earle B. Wood MS, 14615 Bauer Dr., Rockville 20853

Can We Talk? Speaking Up for Your Children to Help Them Succeed (English and Spanish)
WEDNESDAY, MARCH 2 7:00–8:30 P.M.
Developed for parents by the MCPS Parent Advisory Council, this workshop offers information on how to talk effectively with teachers and principals and advocate for your children. Separate workshops will be presented in English and Spanish.
Neelsville MS, 11700 Neelsville Church Rd., Germantown 20876

Understanding the Maryland School Assessment (MSA)
WEDNESDAY, FEBRUARY 9 7:00–8:30 P.M.
The MSA is a test of reading, math, and science achievement taken by all students in Grades 3–8. Learn how you can help your child prepare for this important test.
Julius West MS, 651 Great Falls Rd., Rockville 20850

Breaking the Bullying Cycle
THURSDAY, FEBRUARY 10 7:00–8:30 P.M.
See January 27.
Rock View ES, 3901 Denfeld Ave., Kensington 20895

Conquista tus Sueños (part 1 of 3) (Spanish)
THURSDAY, FEBRUARY 10 7:00–8:30 P.M.
Parents play an important role in their children's education. Learn how to support your child's learning, speak up to help your child succeed, and access information and resources. Attendance at all three sessions (2/10, 2/17, and 2/24) is encouraged. Presented in Spanish.
Col. E. Brooke Lee MS, 11800 Monticello Ave., Silver Spring 20902

Special Education: Parents as Advocates and the Family-School Partnership (part 3 of 4 Parent E.A.S.E. workshops)
THURSDAY, FEBRUARY 10 6:30–8:30 P.M.
See January 27.
Francis Scott Key MS, 910 Schindler Dr., Silver Spring 20903

Ask MCPS: Coffee and Conversation
FRIDAY, FEBRUARY 11 8:00–11:00 A.M.
Drop by and talk with MCPS central office staff. Bring your questions, find out about programs and services in the school system, pick up resources, and take home tips on how to help your children succeed in school. Facilitated by Department of Family and Community Partnerships.
Carver Educational Services Center, Room 50, 850 Hungerford Dr., Rockville 20850

Special Education: Parents as Advocates and the Family-School Partnership (part 2 of 4 Parent E.A.S.E. workshops)
THURSDAY, FEBRUARY 10 6:30–8:30 P.M.
See January 27.
Francis Scott Key MS, 910 Schindler Dr., Silver Spring 20903

Summer Opportunities Fair
WEDNESDAY, FEBRUARY 16 7:00–8:30 P.M.
Explore summer opportunities for your children in kindergarten through Grade 12. Local and regional providers will be on hand to talk about summer camps, programs, and activities. Meet program staff, pick up applications, and get information on financial assistance.
Richard Montgomery HS, 250 Richard Montgomery Dr., Rockville 20852

Breaking the Bullying Cycle
THURSDAY, FEBRUARY 17 7:00–8:30 P.M.
See January 27.
North Chevy Chase ES, 3700 Jones Bridge Rd., Chevy Chase 20815

Breaking the Bullying Cycle
THURSDAY, JANUARY 27 7:00–8:30 P.M.
Learn how to recognize the signs and effects of bullying, along with tips and strategies to help your child. Presented by the Mental Health Association of Montgomery County.
Eastern MS, 300 University Blvd., East, Silver Spring 20901

Special Education: Parents as Advocates and the Family-School Partnership (part 1 of 4)
THURSDAY, JANUARY 27 6:30–8:30 P.M.
Learn about the special education process and how to advocate for your child. Topics include the Individual Disabilities Education Act, Individualized Education Plan (I.E.P.), resolving issues, community resources and support. Learn, network, and share tips with other parents. This is the first of a series of four Parent E.A.S.E. workshops facilitated by the Montgomery County Federation of Families for Children's Mental Health.
Francis Scott Key MS, 910 Schindler Dr., Silver Spring 20903

Preparing Your Child for College (Spanish)
WEDNESDAY, FEBRUARY 2 7:00–8:30 P.M.
Get information from a Montgomery College admissions recruiter on how to help your child prepare for college, how to pay for higher education, and how to support your students as they work toward a diploma. Presented in Spanish.
Wheaton HS, 12601 Dalewood Drive, Silver Spring 20906

Anxiety in Children and Adolescents
THURSDAY, FEBRUARY 3 7:00–8:30 P.M.
Do your children or adolescents suffer from anxiety? An NIH psychologist will take you through the biology behind both normal and excessive anxiety, and discuss interventions that can be used at home and in school.
Tilden MS, 11211 Old Georgetown Rd., Rockville 20852

Special Education: Parents as Advocates and the Family-School Partnership (part 2 of 4 Parent E.A.S.E. workshops)
THURSDAY, FEBRUARY 3 6:30–8:30 P.M.
See January 27.
Francis Scott Key MS, 910 Schindler Dr., Silver Spring 20903

Computer Smart 2
MONDAY, FEBRUARY 7 7:00–8:30 P.M.
See January 24.
Earle B. Wood MS, 14615 Bauer Dr., Rockville 20853

Raising Responsible Children
MONDAY, FEBRUARY 7 7:00–8:30 P.M.
How can you get your kids to cooperate with chores and take responsibility for homework? Discuss parenting skills such as setting limits, applying logical consequences, and instituting an allowance plan. Presented by YMCA Youth and Family Services. For parents of elementary school students.
Cresthaven ES, 1234 Cresthaven Dr., Silver Spring 20903

Understanding Your Child's Personality Type
WEDNESDAY, JANUARY 26 7:00–8:30 P.M.
What motivates your children? A certified Myers-Briggs Type Indicator practitioner will help you improve your effectiveness as a parent by understanding your children's learning styles, ways of working with others, ability to build relationships, and responses to discipline.
Dr. Martin Luther King, Jr. MS, 13737 Wisteria Dr., Germantown 20874

Understanding the MCPS Operating Budget in Tough Economic Times
TUESDAY, JANUARY 18 7:00–8:30 P.M.
See January 11.
Baker MS, 25400 Oak Dr., Damascus 20872

Boost Your Child's Self-Esteem (Spanish)
WEDNESDAY, JANUARY 19 7:00–8:30 P.M.
Get tips on how to help your child feel great in school and personal life, and encourage positive decisions. In addition, learn how to take advantage of community resources that will help you help your child.
Gaithersburg MS, 2 Teachers' Way, Gaithersburg 20877

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TUESDAY, JANUARY 18 7:00–8:30 P.M.
See January 11.
Carver Educational Services Center, Auditorium, 850 Hungerford Dr., Rockville 20850

Getting Kids Up and Out: Mastering the Daily Routine
THURSDAY, JANUARY 20 7:00–8:30 P.M.
Stressed out by the time you leave for work? Explore simple ways to add structure to your family's day to help with getting up and out, homework, chores, dinner, and bedtime. Presented by YMCA Youth and Family Services.
White Oak MS, 12201 New Hampshire Ave., Silver Spring 20904

Computer Smart 1
MONDAY, JANUARY 24 7:00–8:30 P.M.
Explore the MCPS website and online resources, set up an Edline account, and learn about Microsoft Office programs in this beginning-level workshop. Facilitated by a MCPS technology teacher. Attend one session or all five.
Earle B. Wood MS, 14615 Bauer Dr., Rockville 20853

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Stressed out by the time you leave for work? Explore simple ways to add structure to your family's day to help with getting up and out, homework, chores, dinner, and bedtime. Presented by YMCA Youth and Family Services.
White Oak MS, 12201 New Hampshire Ave., Silver Spring 20904

Computer Smart 1
MONDAY, JANUARY 24 7:00–8:30 P.M.
Explore the MCPS website and online resources, set up an Edline account, and learn about Microsoft Office programs in this beginning-level workshop. Facilitated by a MCPS technology teacher. Attend one session or all five.
Earle B. Wood MS, 14615 Bauer Dr., Rockville 20853

Understanding the MCPS Operating Budget in Tough Economic Times
TUESDAY, JANUARY 18 7:00–8:30 P.M.
See January 11.
Carver Educational Services Center, Auditorium, 850 Hungerford Dr., Rockville 20850

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