

FALL 2011 Schedule of Workshops

Parent Academy workshops give parents tips and tools to help their children be successful in school.

All workshops are **FREE** and held at schools and locations throughout Montgomery County.

Child care and interpretation services are provided.



A program of the Department of Family and Community Partnerships

Community Listen and Learn

Come join us for one of the ten *Community Listen and Learn* events hosted by the new Montgomery County Public Schools (MCPS) Superintendent Joshua P. Starr. These events will provide Dr. Starr an opportunity to introduce himself to parents, students, staff, and community members and answer questions.

Date	Time	Location
Tuesday, Sept. 6	7:00–8:30 p.m.	Northwest HS
Thursday, Sept. 8	7:00–8:30 p.m.	Thomas S. Wootton HS
Monday, Sept. 12	7:00–8:30 p.m.	Springbrook HS
Monday, Sept. 19	7:00–8:30 p.m.	Albert Einstein HS
Monday, Oct. 3	7:00–8:30 p.m.	Watkins Mill HS
Monday, Oct. 10	7:30–9:00 p.m.	Bethesda-Chevy Chase HS
Tuesday, Oct. 18	7:00–8:30 p.m.	Long Branch Community Center
Tuesday, Nov. 1	7:00–8:30 p.m.	Damascus HS
Monday, Nov. 7	7:00–8:30 p.m.	Wheaton HS
Monday, Nov. 21	7:00–8:30 p.m.	Sherwood HS

Superintendent's Book Club

Dr. Starr also is hosting a webinar book club event on Monday, November 29, from 7:00–8:30 p.m. to give the community an opportunity to learn about his educational philosophy and approach to managing MCPS. He has selected *Mindset: The New Psychology of Success* by Carol Dweck. The webinar book club will be available for audience participation at the Carver Educational Services Center, 850 Hungerford Drive, Auditorium, Rockville 20850.

The 2011 Fall session of the MCPS Parent Academy would not be possible without the support of our generous partners:

Drive2Survive
Family Support Center
Idoneous Educational Services
Kaiser Permanente
Montgomery County Federation of Families for Children's Mental Health
National Institutes of Health
Project Management Institute—Silver Spring Chapter
Reid Temple AME Church North
Safe Routes to School
Work Life Coaching
YMCA Youth & Family Services
Your Life Simplified, Inc.

The MCPS Department of Family and Community Partnerships also would like to thank all MCPS staff members who donate their time and expertise to lead Parent Academy workshops.

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The Parent Academy invites you to attend these additional special events:

Elementary Integrated Curriculum Information Nights

The Elementary Integrated Curriculum (EIC) has been developed to create a more exciting learning experience for our students in Grades K-5. Built upon the existing Montgomery County Public Schools (MCPS) curriculum, the EIC blends reading/language arts and mathematics instruction with lessons in science, social studies, music, art, and physical education in a way that spurs creativity and critical thinking skills. Come learn about the new curriculum at one of the following sessions:

- Thursday, September 15—7:00-8:30 p.m.
Spark M. Matsunaga ES, 13902 Bromfield Rd., Germantown 20874
- Thursday, September 22—7:00-8:30 p.m.
Gaithersburg ES, 35 North Summit Ave., Gaithersburg 20877
- Thursday, October 6—7:00-8:30 p.m.
Bells Mill ES, 8225 Bells Mill Rd., Potomac 20854
- Thursday, October 13—7:00-8:30 p.m.
William B. Gibbs, Jr. ES, 12615 Royal Crown Dr., Germantown 20876
- Thursday, October 20—7:00-8:30 p.m.
Sherwood ES, 1401 Olney-Sandy Spring Rd., Sandy Spring 20860
- Thursday, October 27—7:00-8:30 p.m.
College Gardens ES, 1700 Yale Pl., Rockville 20850
- Thursday, November 17—7:00-8:30 p.m.
Arcola ES, 1820 Franwall Ave., Silver Spring 20902
- Thursday, December 1—7:00-8:30 p.m.
Sligo Creek ES, 500 Schuyler Rd., Silver Spring 20910
- Thursday, December 15—7:00-8:30 p.m.
Roscoe R. Nix ES, 1100 Corliss St., Silver Spring 20903

Consortia and Application Programs

Information nights and open houses for the following Consortia and Application Programs will be held throughout September and October:

Middle School Magnet Choice Evening Information Meetings:

- Thursday, September 22—7:00 p.m.
Albert Einstein HS, 11135 Newport Mill Rd., Kensington 20895
- Tuesday, September 27—7:00 p.m.
Col. Zadok Magruder HS, 5939 Muncaster Mill Rd., Rockville 20855

Northeast Consortium and Downcounty Consortium Options Fairs (including information about special application programs):

- Monday, September 19—5:00 p.m. or 7:00 p.m.
Northwood HS, 919 University Blvd., West, Silver Spring 20901
- Monday, September 26—5:00 p.m. or 7:00 p.m.
Springbrook HS, 201 Valley Brook Dr., Silver Spring 20904

Registration Form

Last Name: _____ First Name: _____ Date: _____

Address: _____

City, State, ZIP Code: _____

E-mail: _____ Phone: _____

What school(s) do your children attend? _____

Do you need an interpreter? If yes: Amharic Chinese French Korean
 Spanish Vietnamese

Do you need child care? (ages 3–12) If yes, number of children _____

Please submit interpretation requests two weeks prior to the date of the workshop.

Workshop Title: _____ Date: _____ Location: _____

Workshop Title: _____ Date: _____ Location: _____

Workshop Title: _____ Date: _____ Location: _____

If you need sign language interpretation, please call 301-517-5539 (Voice/TTY).

There are 4 easy ways to register ...

ONLINE

Register at: www.mcpsparentacademy.org

BY PHONE

Call: 301-517-5940

BY MAIL

Send to: Parent Academy
 Department of Family and Community Partnerships
 850 Hungerford Drive, Room 50, Rockville, Maryland 20850

BY FAX

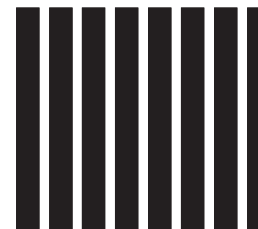
Send to: 301-279-3815



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 Department of Family and Community Partnerships
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 Rockville, MD 20850

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MCPS Salutes: A Special Evening for Military Families
 THURSDAY, NOVEMBER 3 7:00–8:30 P.M.
 In celebration of the month of military families, join us for an evening to honor and serve MCPS's own military families. This resource fair will provide information about school resources and community services. Military service members, school personnel, and community agencies will be on hand to assist military families with their needs and help answer their questions.
Richard Montgomery HS, 250 Richard Montgomery Dr., Rockville 20851

Computer Smart (part 4 of 5)
 MONDAY, NOVEMBER 7 6:30–8:30 P.M.
 See September 26.
Earle B. Wood MS, 14615 Bauer Dr., Rockville 20853

Social Bullies: Dealing with Exclusion and Cliques
 WEDNESDAY, NOVEMBER 16 7:00–8:30 P.M.
 People traditionally think of bullies as the big kid on the playground taking your lunch money. Today's students are using exclusion, rumors, and teasing to bully others. Come and explore these behaviors and discuss strategies for helping bullies, victims, and bystanders. Facilitated by YMCA Youth & Family Services.
Benjamin Banneker MS, 14800 Perrywood Dr., Burtonsville 20866

Computer Smart (part 5 of 5)
 MONDAY, NOVEMBER 21 6:30–8:30 P.M.
 See September 26.
Earle B. Wood MS, 14615 Bauer Dr., Rockville 20853

Understanding Severe Irritability and Bipolar Disorder in Children & Youth
 THURSDAY, DECEMBER 1 7:00–8:30 P.M.
 Kenneth Towbin, M.D will discuss what parents can do to help a child who is struggling with irritability (severe temper tantrums and rages) and "hyper" behavior (distractible, hyperactive, trouble sleeping), understanding treatment options, and current research in pediatric psychiatry conducted at the National Institutes of Mental Health (NIMH).
Westland MS, 5511 Massachusetts Ave., Bethesda 20816

Munch on a Healthy School Lunch!
 WEDNESDAY, OCTOBER 12 6:30–8:00 P.M.
 See September 22.
**Kaiser Permanente Medical Center
 12201 Plum Orchard Dr., Silver Spring 20904**

Adolescence 101: What is Going On?
 WEDNESDAY, OCTOBER 19 7:00–8:30 P.M.
 Adolescent development is the time when adolescents acquire the cognitive, social, and emotional skills and abilities required to navigate life. We will look at and discuss some of the important transitions occurring during this phase of life, how their brains are (still) developing and how to maintain relationships with your teens. Facilitated by the Family Support Center.
Newport Mill MS, 11311 Newport Mill Rd., Kensington 20895

Navigating the College Application Process
 THURSDAY, OCTOBER 20 7:00–8:30 P.M.
 Remove some of the anxiety associated with the college application process by being prepared. Savena Allen, Founder and President of Idoneous Educational Services, will provide tips on surviving the college application process. Topics include evaluating your candidacy, school selection, understanding the Common Application, creating an application that will stand out, and writing an effective essay.
Reid Temple AME Church North, 12101 Tech Rd., Silver Spring 20904

Computer Smart (part 3 of 5)
 MONDAY, OCTOBER 24 6:30–8:30 P.M.
 See September 26.
Earle B. Wood MS, 14615 Bauer Dr., Rockville 20853

It's Due When?
 WEDNESDAY, OCTOBER 26 7:00–8:30 P.M.
 Are your kids always up late the night before a school project is due trying to finish it? Do they consistently turn in poor quality assignments late? Then come to this workshop to learn some techniques to help them make their deadlines and get a good night's sleep. Facilitated by the Project Management Institute—Silver Spring chapter.
White Oak MS, 12201 New Hampshire Ave., Silver Spring 20904

Korean Parent Information Night
 WEDNESDAY, OCTOBER 26 7:00–8:30 P.M.
 Korean parents are invited to a special evening of learning facilitated by the MCPS Department of Family and Community Partnerships and the Division of ESOL and Bilingual Programs. Parents will receive helpful information about navigating the school system, ways to support your child's learning, and effective parent/teacher conferences. Presented in Korean.
Festival Training Center, 311 Muddy Branch Rd., Gaithersburg 20878

Special Education: Parents as Advocates and the Family-School Partnership (part 4 of 4)
 MONDAY, OCTOBER 3 6:30–8:30 P.M.
 See September 14.
Galway ES, 12612 Galway Dr., Silver Spring 20904

Parenting Without Threats and Bribes
 WEDNESDAY, OCTOBER 5 7:00–8:30 P.M.
 Parenting tools will be the focus of this how-to workshop. While the use of rewards and threats in disciplining may be effective in controlling behavior in the immediate situation, over time it can decrease mutual respect in the relationship. Come learn alternative approaches. Facilitated by YMCA Youth & Family Services.
Montgomery Knolls ES, 807 Daleview Dr., Silver Spring 20901

Ask MCPS: Coffee and Conversation
 THURSDAY, OCTOBER 6 4:00-7:00PM
 Drop by and talk with MCPS central office staff. Bring your questions, find out about programs and services in the school system, pick up resources, and take home tips on how to help your children succeed in school. Facilitated by the Department of Family and Community Partnerships.
Carver Educational Services Center, Auditorium, 850 Hungerford Dr., Rockville 20850

Drive Smarter: Teens Behind the Wheel
 THURSDAY, OCTOBER 6 7:00–8:30 P.M.
 Teen drivers can become distracted in the blink of an eye. Learn from Drive2Survive® about driver safety and techniques to avoid collisions. Instruction includes minimizing in-car distractions, becoming a family committed to safety, and overcoming bad judgment behind the wheel.
Clarksburg HS, 22500 Wims Rd., Clarksburg 20871

Computer Smart (part 2 of 5)
 MONDAY, OCTOBER 10 6:30–8:30 P.M.
 See September 26.
Earle B. Wood MS, 14615 Bauer Dr., Rockville 20853

Understanding the Maryland School Assessment (MSA)
 WEDNESDAY OCTOBER 12 7:00–8:30 P.M.
 The MSA is a test of reading, math, and science achievement required by the state of Maryland taken by all students in Grades 3–8. Learn how you can help your child prepare for this important test.
Rosa M. Parks MS, 19200 Olney Mill Rd., Olney 20832

MCPS Safety and Security Codes
 MONDAY, SEPTEMBER 19 7:00–8:30 P.M.
 For well over a decade, Code Blue and Code Red procedures have been used to keep students safe during emergencies that occur on or near school grounds. New federal safety guidelines contained in the National Incident Management System (NIMS) have since been adopted by both Maryland and Montgomery County. Come learn about the new guidelines as well as Lockdown—Evacuate—Shelter (LES), MCPS' updated emergency preparedness program. The program complies with NIMS guidelines and will be implemented in the 2011-2012 school year.
Thomas W. Pyle MS, 6311 Wilson Ln., Bethesda 20817

Help! My Child is Disorganized!
 WEDNESDAY, SEPTEMBER 21 7:00–8:30 P.M.
 Is your child's backpack ready to burst? Are her assignments often overdue? Does he lose his homework? Does she put off her research project until the last minute? An expert from Your Life Simplified, Inc. will discuss the factors that may be contributing to your child's disorganization. You also will learn skills that you can teach your child to be organized for success in school.
Argyle MS, 2400 Bel Pre Rd., Silver Spring 20906

Munch on a Healthy School Lunch!
 THURSDAY, SEPTEMBER 22 6:30–8:00 P.M.
 Bring your children with you to learn more about how to select healthy school lunch options that pack a punch for school and sports performance. Activities include a fun healthy eating video, games, Q & A with doctors and nutritionists from Kaiser Permanente, and much more! This interactive session will be offered in both English and Spanish.
**Kaiser Permanente Germantown Medical Center
 20407 Seneca Meadows Pky., Germantown 20876**

Special Education: Parents as Advocates and the Family-School Partnership (part 3 of 4)
 MONDAY, SEPTEMBER 26 6:30–8:30 P.M.
 See September 12.
Galway ES, 12612 Galway Dr., Silver Spring 20904

Computer Smart (part 1 of 5)
 MONDAY, SEPTEMBER 26 6:30–8:30 P.M.
 Explore the MCPS website and online resources, set up an Edline account, and learn about Microsoft Office programs in this beginning-level workshop. Facilitated by an MCPS technology teacher.
Earle B. Wood MS, 14615 Bauer Dr., Rockville 20853

Outdoor Education: No Child Left Inside
 THURSDAY, SEPTEMBER 1 5:30–8:00 P.M.
 Come learn about MCPS's residential Outdoor and Environmental Education Program, where the outdoors is the classroom! Tour facilities and grounds of the Lathrop E. Smith Environmental Education Center and hear about environmental field lessons that Grade 6 students experience when they attend a program. For parents of Grade 6 students. Wear comfortable shoes.
Lathrop E. Smith Center, 5110 Meadows Ln., Rockville 20855

Special Education: Parents as Advocates and the Family-School Partnership (part 1 of 4)
 MONDAY, SEPTEMBER 12 6:30–8:30 P.M.
 Learn about the special education process and how to advocate for your child. Topics include the Individual Disabilities Education Act, Individualized Education Program (IEP), resolving issues, community resources and support. Learn, network, and share tips with other parents. This is the first of a series of four Parent E.A.S.E. workshops facilitated by the Montgomery County Federation of Families for Children's Mental Health.
Galway ES, 12612 Galway Dr., Silver Spring 20904

Understanding Your Child's Personality Type
 WEDNESDAY, SEPTEMBER 14 7:00–8:30 P.M.
 What motivates your child? A certified Myers-Briggs Type Indicator practitioner will help you improve your effectiveness as a parent by understanding your child's learning style, ways of working with others, ability to build relationships, and responses to discipline.
Shady Grove MS, 8100 Midcounty Hwy., Gaithersburg 20877

Safe Routes to School: Walking and Biking Safety
 WEDNESDAY, SEPTEMBER 14 7:00–8:30 P.M.
 Get out the walking shoes and pump up your bike tires! The responsibility of teaching students to safely navigate traffic on foot and by bicycle is a responsibility shared between the home and school. The beginning of a new school year is a good time for students and families to set safe habits when traveling to and from school. This workshop will give you tips on how to teach and encourage safe walking and biking behaviors with your children. Facilitated by the Montgomery County Government's Safe Routes to School Program.
Strawberry Knoll ES, 18820 Strawberry Knoll Rd., Gaithersburg 20879

Special Education: Parents as Advocates and the Family-School Partnership (part 2 of 4)
 MONDAY, SEPTEMBER 19 6:30–8:30 P.M.
 See September 12.
Galway ES, 12612 Galway Dr., Silver Spring 20904

