



## **Required Safety-Related Forms, Documents, and Courses**

Note: The following are available on the Athletics Section of the of the MCPS Website.

### **Required Forms / Information Completed and Submitted by Student-Athletes / Parents during the Athletic Registration Process**

1. Student-Parent Athletic Participation Contract and Parent Permission Form
2. Medical Card for Athletes (MCPS Form 560-30)
3. Consent Form ImPact Baseline Concussion Testing
4. MSDE Concussion Awareness and Sudden Cardiac Arrest Acknowledgement of Awareness Form
5. Pre-participation Physical Evaluation Form (MCPS Form SR-8)

### **Required Information Documents for Students/Parents**

*Note: Parents and student-athletes are required to review the following items. Numerous additional health and safety-related information and resources are available on the MCPS Athletics Web Page.*

1. Concussion Information for Parents (MCPS Letter)
2. Baseline Testing Parent Letter (MCPS)
3. *Head's Up Concussions: A Fact Sheet for Parents* (CDC)
4. *Head's Up Concussions: A Fact Sheet for Athletes* (CDC)
5. Sudden Cardiac Arrest Information for Parents
6. Sudden Cardiac Arrest Frequently Asked Questions

### **Required Forms Completed by Schools after an Injury Occurs**

1. MCPS Student Accident Report (MCPS Form 525-2)
2. Graduated Return to Play Protocol (MSDE Form)
3. MSDE Pre-participation Head Injury/Concussion Reporting Form for Extracurricular Activities
4. MSDE Medical Clearance for Suspected Head Injury Form

### **School System Plans and Procedures**

1. Injury Procedures for Coaches and Athletic Trainers
2. Athletic Trainer Scope of Services
3. MCPS Coach Health and Safety Expectations (Memorandum)
4. MCPS Fall Heat Plan
5. MCPS Concussion Plan
6. MCPS Baseline Testing Plan
7. Concussion Signs and Symptoms Quick Reference Card (MCPS/CDC)
8. MCPS Weather Guidelines
9. MRSA – Recommendations for Schools and Communities
10. Required Safety Related Forms, Documents, and Courses
11. MCPS Health and Safety PowerPoint
12. Athletic Trainer (ATC) Evaluation Form

## **Required Courses for Stipend Coaches**

1. Care and Prevention of Athletics Injuries (MSDE Course – one time)\*
2. Bullying, Hazing, and Inappropriate Behaviors (NFHS Course – one time)
3. Concussion in Sports (NFHS Course – every two years)
4. Heat Illness Prevention (NFHS Course – every two years)
5. Sudden Cardiac Arrest (NFHS Course – every two years)
6. Blocking, Shoulder Tackling, and Equipment Fitting (required by stipend football coaches only – one time)

\* *Also required for volunteer coaches*