RCMS School Counseling Department 18808 Waring Station Road Germantown, MD 20874 (301) 601-0343

http://www.robertoclementems.com



Greetings Students and Parents:

Welcome to the Upcounty Center Program for the Highly Gifted at Roberto Clemente Middle School!

My name is Ms. Wendy Morris. I am the Highly Gifted Counselor at RCMS.

The Clemente School Counseling Department provides direct and referral services to meet our students' needs. We will also assist students with the transition from elementary to middle school. This is an exciting time, but it may also be a little stressful. Students may have concerns about friendships, schedules, lockers, and academics. These concerns are normal and our counseling team will work with students through this transition.

School counselors can help students to:

- ➤ Relate school performance to future opportunities
- Monitor grades
- ➤ Work with students on attendance issues
- Execute the registration and scheduling process
- Provide peer mediation
- ➤ Provide individual and group counseling. These groups may include friendship skills, personal adjustment, self-image, self-confidence and even organization.

Here are a few suggestions for students' success in middle school.

- > Get organized. It takes practice and it doesn't happen overnight
- > Set Goals (make them clear & attainable)
- Use a calendar to keep track of short and long term assignments
- Manage time wisely (break down large projects into smaller segments)
- Create a comfortable place and time to do homework daily
- Ask questions when you do not understand (teachers, counselors, friends, etc.)
- Review class notes daily
- > Use edline
- > Use the counseling department website as a resource (which includes tips for parents & timely topics)

I look forward to working with you. Enjoy your summer!

Ms. Wendy Morris
School Counselor
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http://montgomeryschoolsmd.org/schools

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