



Welcome to the Counselor's Corner at Woodfield ES! This site has been created to keep you informed about the counseling program at Woodfield ES, upcoming events interrelated with the counselor, and important resources for parents.

[Woodfield Counseling Brochure](#)

## Hot Topics

### Pediatric Anxiety Seminar

Parents will hear from Dr. Erin Berman, Ph.D from NIMH to gain helpful information regarding children with anxiety.

### Middle School Magnet Programs

Information went home with all 5<sup>th</sup> grade students. Please email Mrs. Jenkins for further information, meeting dates, and brochures. Applications are due on November 2, 2012.

### MSMC Open House Information Nights

Loiederman MS-Wednesday, October 10<sup>th</sup>, 7pm

Parkland MS-Wednesday, October 17<sup>th</sup>, 7pm

Argyle MS-Wednesday, October 24<sup>th</sup>, 7pm

### Application Program Parent Information Night

A Parent Information Meeting will be held on Thursday, October 11<sup>th</sup>, 7pm at Roberto Clemente MS.

## **Highly Gifted Center**

**All applications have been mailed home to 3<sup>rd</sup> grade students from MCPS. Applications are due on November 2, 2012.**

**A Parent Information Meeting will be held on Wednesday, October 10<sup>th</sup>, 7pm at Quince Orchard HS.**

## **Meet the Counselor**

**Welcome back to another school year!**

**My name is Mrs. Jenkins and I am the School Counselor here at Woodfield ES. I have thoroughly enjoyed becoming acquainted with so many amazing children and their families. I already feel like a part of the Woodfield family due to the warm, inviting welcome from all of the staff, students, & parents!**

**I began my career with MCPS in 1999 and have many years working in the elementary setting. I earned my Bachelor's Degree in Elementary Education at Virginia Tech "Let's Go HOKIES!" and my Master's Degree in School Counseling at Johns Hopkins University. I grew up in Montgomery County and currently live with my husband and two sons in Urbana.**

## **Counseling Mission**



**The counseling program at Woodfield ES encourages all students to achieve success through a comprehensive, developmental counseling program that focuses on academic, career and personal/social development. As an advocate and leader, the counselor is committed to removing systemic barriers and promoting positive changes. Through collaboration with the school and community stakeholders, student learning will be assured. Academic excellence will be achieved by encouraging access, equity and social justice for all students.**

## **Counseling Program**

### **Overview**

The counseling program at Woodfield is designed to provide support to every student, ensure equity, and provide tools to help students reach their academic potential. As the counselor, it is my goal to accomplish this by the 3 types of counseling.

## **Classroom Guidance**

Each month we will focus on a topic related to the Woodfield core values: respect, responsibility, and being ready to learn. Students will receive a lesson from the counselor twice a month for 45 minutes. Lesson topics will be based on the needs of the students and may include conflict resolution, empathy, bullying, self-esteem, anger management, testing preparation, and personal awareness.

## **Small Group Counseling**

Referrals and collaboration from teachers and parents will drive small group instruction. Students will be grouped together based on needs and age. With parent consent, students will be pulled for 6-8 sessions to discuss more specific and intensive needs such as social skills, changing families, self-esteem, organization/study skills, and more.

## **Individual Counseling**

Students are able to fill out a referral form "Note to the Counselor" from each classroom when needed throughout the school year as issues arise. Individual counseling is short term and does not require parent consent prior to counseling. If you would like your child to opt of individual counseling please contact the counselor. Teachers and parents can also be involved in referring a student for individual counseling.

## **[Student Referral Form](#)**

## **Bullying, Harassment, and Intimidation**

Bullying, harassment, or intimidation are serious and will not be tolerated. Bullying is a form of aggression in which one or more students physically and/or psychologically harass another student repeatedly over a period of time.

Here at Woodfield bullying is prevented with clear expectations regarding respectful, responsible, & ready to learn behavior. If you are unsure the situation involves bullying please consult with the School Counselor and/or Principal at school so that we can stop the bullying behavior when it occurs. The School Counselor will implement immediate remedial actions and collaborate with the Principal. Parents will be informed of the situation and outcomes. Parents can also help in prevention by helping their children understand the difference between bullying & teasing and appropriate problem solving strategies.

[Reporting Form](#)  
[Investigation Form](#)

## Resources & Helpful Information

### Emergency Phone Numbers

Crisis Center Hotline: 240.777.4000/240.777.4190  
Youth Crisis Hotline: 301.738.9697  
Child Abuse & Neglect Hotline: 240.777.4417  
Spouse Abuse/Abused Persons Crisis Line: 240.777.4673  
Emergency Shelter: 240.777.4000

### Parenting

[Jewish Social Service Agency \(JSSA\)](#)

[Children and Adults with Attention-Deficit/Hyperactivity Disorder](#)

### Parent Education Workshops



[Mental Health Resources for Montgomery County Residents](#)

[InfoMontgomery](#)

[Parent Education Program](#)

[Whole Child](#)

[The Anxious Child](#)

### Bullying

[Bullies 2 Buddies](#)

[Kids Against Bullying](#)

[Stop Bullying](#)

[Tolerance/Diversity](#)

[Teaching Tolerance](#)

[Autism Awareness](#)