Counselor Connection



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Mrs. Rebecca Lavo Rebecca_K_Lavo@mcpsmd.org Grades 3, 4, 5

Welcome back to another exciting school year! We look forward to working with you and your children!



If your child needs a backpack and/or school supplies, please call the office to let us know!

REMES will continue our social emotional learning (SEL) program called Leader in Me. Students will review the 7



Habits (Be Proactive, Begin with the End in Mind, Put First Things First, Think Win-Win, Seek First to Understand and Then to be Understood, Synergize, Sharpen the Saw) all year long!

REMES School Counseling Program CLASSROOM GUIDANCE LESSONS

Each counselor teaches one lesson per month in each classroom. Topics vary by grade level but may include: personal body safety, gratitude, kindness, respect, and growth mindset.

INDIVIDUAL COUNSELING

If your child is struggling with a particular issue, we can help. We are happy to work with students. If we feel that your child needs more assistance, we have a wealth of local resources to offer you.

LUNCH BUNCHES/GROUPS

Lunch bunches and small groups are a popular part of our counseling program. These occur as a way to increase social skills, work on a specific topic, help students meet more peers, or just to hang out and have fun.

SCHOOL-WIDE PROGRAMS

We run a variety of programs including Student Government Association (SGA), Student Ambassadors, and the Kindness Challenge. We look forward to creating more opportunities for your children as the year progresses.



Please give us a call or email if you have concerns about your child or need assistance of any kind.