 Welcome to the 2015-2016 School Year!  
  
As we begin the new school year, I want to say hello to all the returning Potomac families, and welcome the new families who have just joined us. I have the wonderful opportunity to work with all of the children as counselor at Potomac.  
  
My role as school counselor involves quite a variety of things. I support students in five key developmental areas: academic, personal, interpersonal, career and health.

The School Counseling Program at PES includes the following:  
• Monthly classroom guidance lessons based on the MCPS Guidance competencies   
• Short term individual counseling  
• Small group counseling  
• Attend parent conferences  
• Act as a liaison between the school and the community  
• Consult with teachers and parents  
• Act as a mediator when students have conflicts that need resolving  
  
I look forward to working with the PES Community to make this a successful year for each and every student. Please call me with any questions, or if I can be of assistance to you in any way!  
  
Liz Borra  
301-469-1042