

Head Start Newsletter

September 2019

Dates to Remember

September 30th-No school October 4th-Early dismissal October 9th-No school

October 16th-No school for Head Start only(teacher training day)

October 28th-Field Trip to Sharp's Farm (see attached permission slip for more info)

Remember to check your child's folder daily!

Classroom News



September has been a great month of "firsts" for us!

First bus rides, first center time, first school lunch, first rest time, first friends, first learning! And the children have gotten so good at their daily routines that it feels like they have been in school forever!

We have been working hard at learning how to be a great student, follow directions and make good choices in school.

We have read many stories (<u>Owen</u>, <u>The Kissing Hand</u>, <u>Brown Bear</u>, <u>Brown Bear What Do You See?</u> and <u>Making Friends</u> to name a few. See if you can check them out at the public library!)

We have also been sorting objects and practicing counting and identifying numbers.

Literacy Tip: Reda and reread favorite stories with your child. When they are familiar with the story, encourage them to "read" it to you.

Please check the temperature and dress your child in layers for his/her comfort. We go outside every day. Tennis shoes are recommended so your child can avoid accidents on the playground. Please label all coats and jackets.



Lunch News

Family Style lunch is an important component of Head Start. The children are encouraged to ask each other for food and milk/water at the table, pour from pitchers by themselves and serve themselves fruit/side dishes. Try this out at home during a meal to encourage independence.



Reminders

October 4th is the first Early Dismissal of the year. These days are scheduled for teacher planning and preparation throughout the schoolyear, so expect more this year. Dismissal will be at 12:50, so you will need to adjust the time you meet your child's bus. Lunch will be served as usual on early dismissal days.

Behavior

We have been talking about rules in our classroom, on the bus and on the playground. We have discussed that rules help us stay safe, learn and have fun in school. As we continue to settle into our class and routines, please help your child remember these key rules that are applicable everywhere:

- Keep hands and feet to yourself at all times
- Use walking feet
- Listen and be respectful
- Use inside voices
- Be kind to everyone at all times



Thoughts

Sometimes in our newsletters I will be sharing some thoughts about our kids and being a parent and things to reflect as you are the first and most important teacher in your child's life. It is an overwhelming job to be a mommy or daddy and it's important for all of us to know that we aren't alone in this journey.

Stay tuned! 😊

