

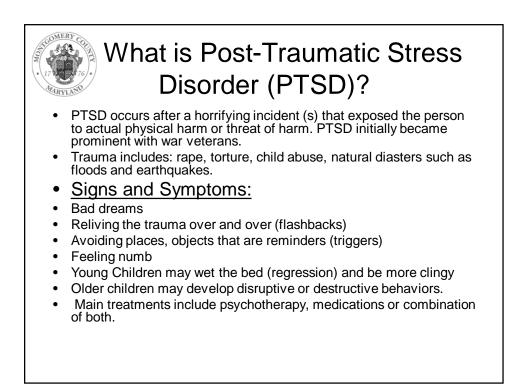


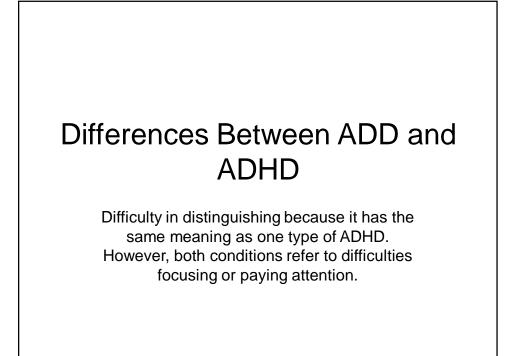
What is anxiety?

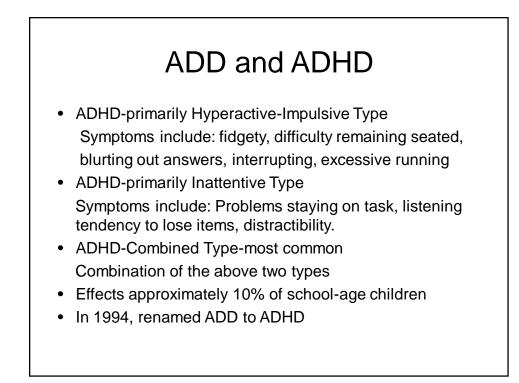


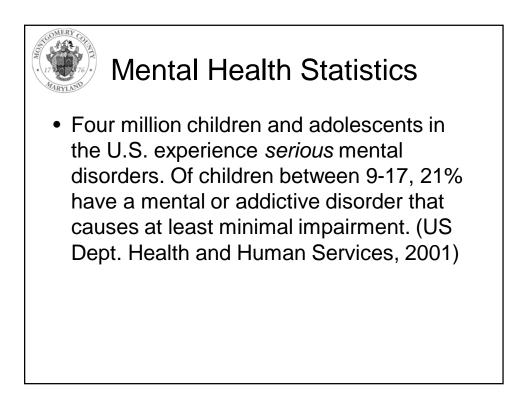
Anxiety is an experience of normal human beings. General symptoms of an Anxiety Disorder include:

Problems Sleeping Cold or sweaty hands and/or feet Heart Palpitations Unable to remain calm and still Excessive, irrational fear, dread, and uneasiness. National survey of adolescent mental health found that 8% of teens 13-18 had an Anxiety Disorder-symptoms began at 6yrs; only 18% sought treatment!









| Montgomery County, MD High School Survey | | | |
|---------------------------------------------------------------------------------------------------------------|------------------|-------|-------------|
| % of students who felt so sad/hopeless almost every day 2 wks or > they stopped usual activities past 12 mos. | | | |
| Grade: | | | |
| | 9 th | Total | 27.1(927) |
| | 10 th | | 27.7(1,153) |
| | 11 th | | 26.3(934) |
| | 12 th | | 25.5(976) |
| (2013 Youth Risk Behavior Survey Results) | | | |
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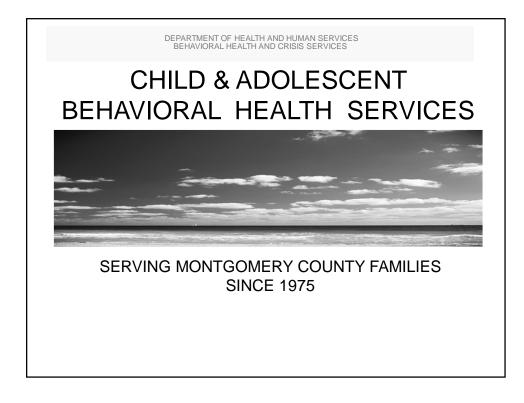


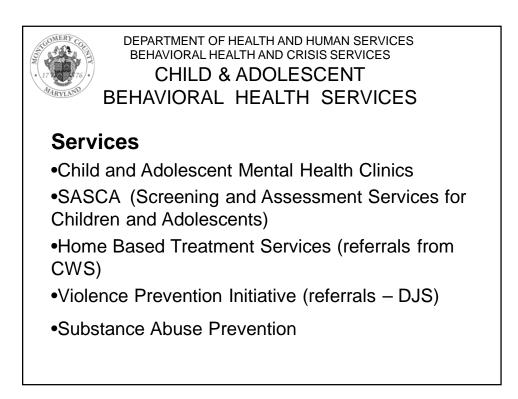
Montgomery County, MD High School Survey

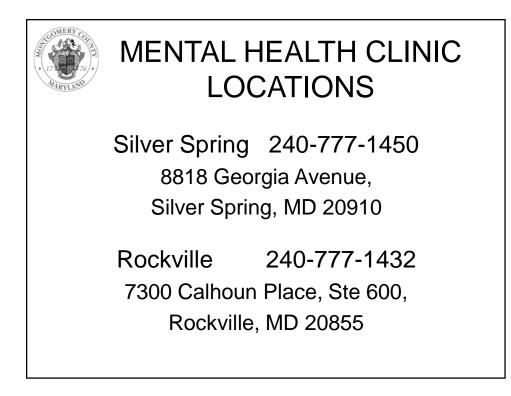
% of students who seriously considered attempting suicide during the past 12 months

Grade

9th 14.5(940) 10th 14.5(1,167) 11th 14.0(943) 12th 14.2(983)

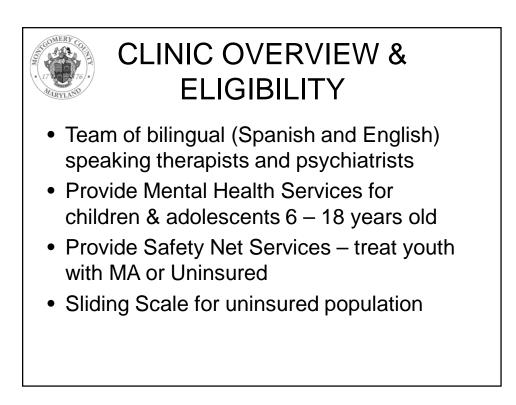


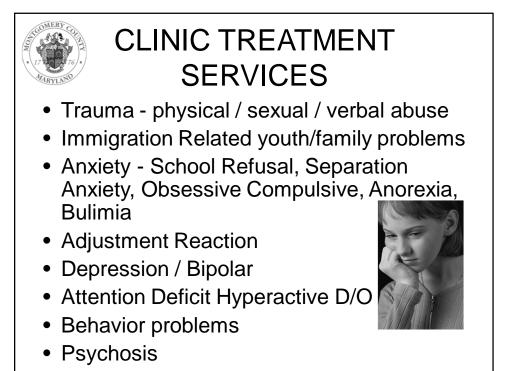


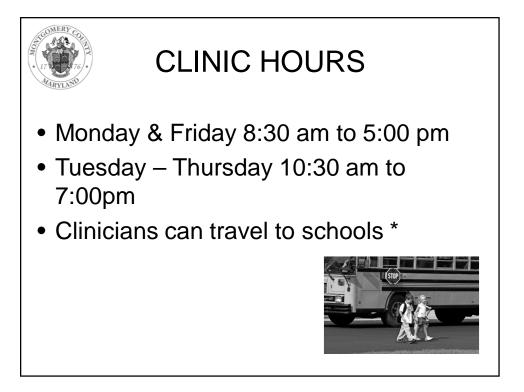


CLINIC SERVICES PROVIDED

- Individual, family, group therapy
- Psychiatric Assessment and Medication
- Treatment Coordination with schools
 & private and public sector agencies
- Advocacy Support for clients involved in Court proceedings, IEP's, and community based interventions

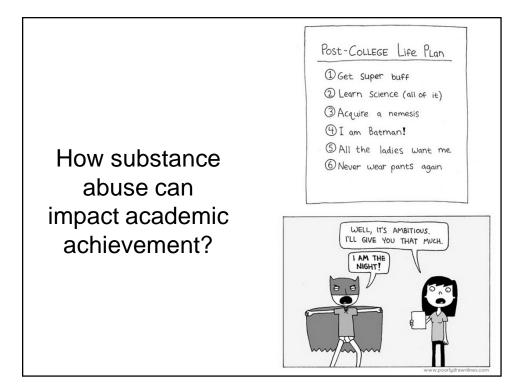






MENTAL HEALTH TRENDS AND NEEDS FOR SERVICES

- Unaccompanied Minors sharp increase in number of Central American students enrolled in MCPS this school year
- Need for mobile and multicultural mental health services for uninsured clients



What is a Psychoactive Drug?

 A psychoactive drug or psychotropic substance is a <u>chemical</u> that alters <u>brain</u> function, resulting in temporary changes in <u>perception</u>, <u>mood</u>, <u>consciousness</u>, or <u>behavior</u>. Such drugs are often used for <u>recreational</u> and <u>spiritual</u> purposes, as well as in <u>medicine</u>, especially for treating neurological and psychological <u>illnesses</u>.

