

Class of
2013
Curriculum Meeting

Monday
February 2, 2009

Wootton High School
Department of
Counseling Services

WOOTTON HIGH SCHOOL
Class of 2013 Curriculum Meeting
Monday, February 2, 2009
Auditorium

7:00	Introductions/Welcome	Dr. Jay Bass, Director, Counseling Services
7:05	Remarks	Dr. Michael Doran, Principal, WHS
7:10	Welcome to the Class of 2013	M. Edward Owusu, Class of 2013 Admin.
7:15	Planning Issues to Consider	Staff, Dept. of Counseling Services
	<ul style="list-style-type: none">• Graduation Requirements• Academic Planning• High School Expectations & Responsibilities	Lynn Goodman, Dottie Wiseman Lynn Goodman
7:45	Department Curriculum Overviews	Department Resource Teachers
	<ul style="list-style-type: none">• Humanities & English• STARS & Science• Math & Technology• Foreign Language & Social Studies• Arts & Physical Education	Michelle Hanson, Kim Boldon Terri Norstand, Jackie Alton Chris Tucker, Monica Matthey Tony DeRosa, Gay Maslow Sue Thorpe, Paul Kirk
8:20	Final Questions & Answers	Wootton Staff
8:30	Adjournment/Visits to Department Resource Teachers	

Resource Teachers will be available to answer individual questions until 9:00 in the following rooms:

Special/Signature Programs: STARS, Humanities—Auditorium
Art/Education Academy—Media Center
P.E.—Room 184
Foreign Language—Room 185
Social Studies—Room 187
Math—Room 186
Technology/AOIT—Room 183
Science—Room 188
English—Room 189

Dr. Jay Bass, Director
Department of Counseling Services

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Dr. Michael Doran
Principal

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Class of 2013 Administrator

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Teacher - Humanities Coordinator

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English Resource Teacher

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Terri Nostrand
Science Teacher/STARS Coordinator

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Jackie Alton
Science Resource Teacher

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Chris Tucker
Math Resource Teacher

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Technology Resource Teacher/AOIT Coordinator

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Gay Maslow
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Sue Thorpe
Arts Resource Teacher/Education Academy Coord.

Susan_C_Thorpe@mcpsmd.org
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Paul Kirk
PE Department Chair

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GRADUATION REQUIREMENTS 2009-2010

Maryland Diploma Requirements

The state of Maryland authorizes one diploma for all high school graduates, based upon successful fulfillment in four categories of requirements: enrollment, course credit, student service learning (SSL), and Maryland assessments. MCPS requirements that extend state requirements are designated below with a double asterisk (**). All requirements are summarized below.

Enrollment

Students must satisfactorily complete four years beyond Grade 8. (For exceptions, see *Alternatives to Four-Year Enrollment*.)

Course Credits

A student shall be enrolled in a Montgomery County Public School and have earned a minimum of 22 credits (unless a pre-approved MCPS alternative is satisfied) that include the following:

GRADUATION REQUIREMENTS AT A GLANCE				
Subject Area	Specific Credit Requirements			
English	4 credits			
Fine Arts	1 credit (Selected courses in art, dance, drama/theater, and music that satisfy the fine arts requirement are marked FA)			
Health Education	0.5 credit			
Mathematics	4 credits** (1 credit algebra, 1 credit geometry) Students who successfully complete a calculus course may be exempted from this 4-credit requirement			
Physical Education	1 credit			
Science	3 credits (1 biology credit and 1 physical science credit must be included)			
Social Studies	3 credits (1 U.S. History credit; 1 World History credit; and 1 National, State, and Local Government credit)			
Technology Education	1 credit Courses in career and technology education that satisfy the new technology education requirement have changed. Specific information is available in the appendices of this bulletin			
The additional credits required for graduation may be fulfilled by one of the following three options:				
Electives	OPTION 1 2 credits in a foreign language and 2.5 credits in elective courses	OPTION 2 2 credits in advanced technology education and 2.5 credits in elective courses	OPTION 3 2 credits in American Sign Language and 2.5 credit in elective courses	OPTION 4 4 credits in a state-approved career and technology program and 0.5 credit in elective courses
Student Service Learning (SSL)				
Students must meet established service-learning requirements.				
GRADUATING CLASSES OF 2010 AND LATER				
Assessments				
High School Assessments	Students must pass the Maryland High School Assessments for English, algebra/data analysis, biology and government or earn a total of 1602. For the most recent information on the requirements visit the web site www.mcpslsa.org			

Student Withdrawals from Courses

A student-initiated withdrawal may occur when the student and parents/guardians determine that withdrawal will be beneficial to the student. The student's withdrawal request must be approved by parents/guardians in writing, reviewed by the counselor, and discussed with the student to ensure that there is understanding of a possible delay in meeting graduation requirements that may result if the student withdraws from a course. The counselor's recommendation is forwarded to the principal for approval or disapproval. The request to withdraw must be made by the 25th school day. If the student withdraws after 25 school days of the course, the date of the withdrawal and the achievement attained to the time of withdrawal will be entered on the report card and permanent record. Withdrawal grades are not used in computing GPA or WGPA. However, they are included to determine student academic eligibility for participation in extracurricular activities.

BALANCING YOUR LIFE: How to Find Time for School, Home, Leisure and Community

Living a balanced life limits the stress you feel in each of our life roles. You are less likely to burn out at work, scream at your family or feel used up by life's demands. Learn some ways to find time for life-balancing activities.



Wootton High School

Counseling Services Sentinel



February 2009

IMPORTANT DATES FOR THIRD QUARTER, 2009

FEBRUARY

- 2nd 8th Grade Parent Meeting with Counselors & RTs
- 3rd Report card distributed
- 7th ACT Administered
- 16th Holiday President's Day
- 27th Early release day - K to 12th grades

MARCH

- 2nd 11th Grade Parent Meeting to discuss college info
- 2nd Interims mailed home
- 14th SAT Administered @ WHS (7:30 - 12:30)
- 27th 3rd Marking period ends
- 31st 4th Marking period begins

April

- 4th ACT Administered
- 6-13th No School - Spring Break
- 15th National College Fair
- 15th Deadline for class changes
- 16th Report card distributed
- 17th AP Pre-Admin Meeting during all lunch periods
- 17-19th Mulch sale
- 20-23rd H.S.A. testing
- 29th SMOB election

2009 TESTING DATES

SAT: March 14th
May 2nd
June 6th

ACT: April 4th
June 13th

COLLEGE DEADLINE

March 1st

CHS DEADLINE

February 15th

Information on planning for college and Wootton's policies and expectations for applying will be shared at the Junior Parent College Night on March 2, 2009 at 7:00 p.m. in the auditorium.

NEW COUNSELING SERVICES STAFF MEMBER

We are very pleased to welcome Kellie Spivak to the Department to assume the responsibilities for the She - U students. Mrs. Stella Price retired from MCPS before the winter break and will be missed, but Ms. Spivak comes highly recommended and is eager to meet and support all of the students and their families on her caseload. Feel free to call her using the information below.

DEPARTMENT OF COUNSELING SERVICES

Jay Bass	301-279-8567
Laura Cope	301-279-4202
Phyllis Fagell	301-279-3048
Lynn Goodman	301-279-4206
Mitzi Kosciulek	301-279-4205
Rob Kurtz	301-279-4203
Roxanne Plummer	301-279-8565
Kellie Spivak	301-279-4207
Wendy Kiang-Spray	301-279-4208
Jen Taylor	301-279-4204
Dottie Wiseman	301-279-4209
Barbara Becker	301-279-8568

Registrar Office:

Antoinette Yanis	301-279-8570
Julia Walsh	301-279-8570

Career Center Coordinator:

Lynda Hitchcock	301-279-8579
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Message from the Director.....Dr. Jay Bass

With the passing of the winter holidays, we are already halfway through this school year. Freshmen have hopefully adjusted to their environment, schedules, and demands by now. Sophomores have settled in to the coming realization that this year is so important for their future planning. Juniors are focused on being successful in this most important academic year, many of them thinking about college visits and SAT's this spring. And seniors are stressing about college applications and admissions, deadlines, some hoping to meet graduation requirements, planning jobs and life after high school.

The feedback from so many parents, students and staff so far is that this school year has begun and is continuing on a very successful and productive fashion. We continue to work to ensure that every Patriot is successful and well-balanced, but know that the some students who have had D's or E's during the first semester are struggling in many ways. We will encourage these students to work closely with teachers, counselors and other staff to turn this around, and help all students be challenged and get to where they want to go.

The stressors of daily life can weigh heavily on students and parents as we go through the year. Please do not hesitate to contact the counseling or instructional staff with any concerns or questions you may have. Heaven knows, there are many more questions than there are answers!

Happily,
Dr. Jay Bass

Wootton High School

Counseling Services Sentinel



ACADEMIC (FOUR YEAR) PLANNING

Shortly after you receive this newsletter, your students will begin meeting with their counselors to plan for next school year and beyond. **Please remember that we are requiring ALL students in grades 9 and 10 to have completed their four year plan on the Montgomery County Public Schools website (www.montgomeryschoolsmd.org) and printed out a copy to attach to their planning cards turned in on January 27.** The purpose of this requirement is to encourage students with their parents to visually lay out their course plans leading up to graduation, in hopes that this will facilitate ongoing discussions and insights into student strengths and interests and the subsequent fields of study that they may be best suited for in college and in careers. All current research into adolescent development and success argues for early high schools to engage in longer range planning and goal setting in order to shape their postsecondary studies and later career choices over a ten year period. Department of Counseling Services staff will continue to meet with students each year to review this plan, which is a continual work in progress. Feel free to have your student log in at home and change any future course plans on their worksheet, based on events, decisions, discussions, etc. that occur in school and at home. It is very important that dialogue continues about courses selected to achieve balance for a happy future.

FROM THE CAREER CENTER

It's an important month if you have a **SENIOR** that will be attending college this fall. Its FAFSA time which means time to work on your taxes. You should get things done as soon as possible so you are able to meet important financial deadlines for colleges. In order for a college to assist your son or daughter with loans or work study, and any type of grant, the FAFSA must be completed and sent to each school they have applied to. The State of Maryland's deadline is MARCH 1st. You should look at each college to make sure you meet their required financial aid deadline as well. Some schools have an earlier deadline. If you need more information about financial aid and completing FAFSA, listed below are some very helpful websites for you.

Another reminder for our seniors: PLEASE keep us informed regarding college application status. As you all know, using Naviance is very helpful, and without accurate information it can make the data incorrect.

For our juniors, it's time to focus on college testing and making sure you're registered to take exams. This year it has been proven that students who take BOTH the SAT and ACT have an advantage getting admitted to SOME schools. Also, many very selective schools will accept the ACT in place of SAT subject exams. This will save you money and valuable time. Make sure you know what a college requires before taking unnecessary exams. If you have any questions please feel free to call the career center or your counselor anytime or email. We are happy to help our students any way we can.

Career center services are free to everyone and you are welcome to make an appointment at anytime to come in and discuss the college process. Plus, the college career center is a place to get test preparation guides, and there are many other resources as well.

JUNIOR parents and students please put on your calendar a **VERY IMPORTANT** date- March 2nd 7:00-9:00 PM for our annual "College Night". We have admissions representatives from a variety of schools coming to discuss how college applications are reviewed, and answer your important questions about this process. The Counseling department will also give out our College Handbook that will give you information & necessary Wootton instructions. Watch for more information & details.

SOPHOMORE students were introduced earlier in the first semester to several websites to help them in their ongoing development and insights into their strengths, interests and talents. One of these – www.bridges.com – can be visited often to explore careers, areas of specialization and professional development. Also, take some time to help your student further analyze their PSAT results to explore errors, strategies not used, etc. Go over student service learning (SSL) options and continue thinking about chances for next year as well as summer course work.

FRESHMEN students have just completed their first high school semester and have hopefully begun to find success with managing their time, staying organized and learning the best way to study. If they have not done so, encourage students to come in and meet their counselors and visit the career center to begin exploring all of the information available there.

AP registration is taking place the entire month of February. Please make sure you read the information sent home with your son or daughter. It will also be posted on the Wootton website.

IMPORTANT WEBSITE INFORMATION FOR FAFSA:

www.fafsa.ed.gov

www.pin.ed.gov

www.financialaidnews.com

<http://www.montgomeryschoolsmd.org/woottonhs/>, for current information on testing, graduation requirements, HSA requirements, career information, diploma types, college applications, scholarships and other information. The Wootton HS course catalogue and College Handbook is also available on the website.

English Department Grading Policy Thomas Wootton High School

Recognizing the varying needs and abilities of students at different proficiency levels, the English Department has three grading scales. As students acquire greater writing proficiency, the weight given composition increases.

Category	On-level	Honors	AP English
Homework/Classwork/Quizzes (Demonstrations)	30%	20%	10%
Projects	15%	15%	
Tests	15%	15%	
Composition	40%	50%	90% (60% out-of-class; 30% in-class)

What you see is that at each proficiency level, composition is emphasized. It counts for 40% of the grade in on-level classes, 50% in honors classes, and 90% in our Advanced Placement Language and Literature classes.

Composition is the key way we ensure that students are able to read and get at the meaning of the various texts that we have them examine. We practice and practice and practice these composition skills with our students because we want all students to be able to read critically, to think deeply about what they've read, and to write analytically. It is this ability to write analytically – to formulate a central idea and to document it with logical supports logically presented -- that is the key to writing the kind of academic arguments students will be asked to compose in college.

We think that all students should be able to construct a logical argument before they leave us. For us, it is a graduation skill and a life skill. By having your children structure writing assignments from the literature that we read, we develop and refine their reading, writing, and thinking skills, and we prepare them for the kind of writing they will encounter in college.

What we ask students to do is to sign up for the most demanding English course of which they are capable. **9th and 10th grade English courses are offered at the on-level and honors level.** 11th grade English offers on-level and honors level as well as AP Language. 12th grade English offers on-level and honors as well as an AP Language 12 course and AP Literature.

And while we're on the subject of writing, this summer we will offer a week-long course – Writing the High School Essay – for incoming 9th graders. Please look for this course and the dates on the Wootton website.

Mrs. Jackie Alton Science Resource Teacher

• 3 credits of science needed for graduation. (credit= full year class)

- 1 credit must be Physical Science (Matter & Energy or Chemistry usually)
- 1 credit must be Biology with required H.S.A. Test- grade 10 usually
- 1 other science credit



Many students take more science courses than required.



Science Courses Available to 9th Graders

SELECTION CRITERIA

Matter & Energy	<ul style="list-style-type: none"> •Students who will be enrolled in Algebra I for 9th grade •Students who are enrolled in Geometry but are having difficulty with the application of mathematics in problem solving.
Honors Matter & Energy	<ul style="list-style-type: none"> •Students who will be enrolled in H. Geometry for 9th grade •Students who have demonstrated good study skills. •Science teacher recommendation.
Honors Chemistry	<ul style="list-style-type: none"> •Students who will be enrolled in Honors Algebra 2 for 9th grade, after a full year course in geometry. (Not summer school) •Students who have received all "A's" in previous science and math courses. •Science teacher recommendation.
Summer Courses:	<ul style="list-style-type: none"> •ASTROS (Matter & Energy 0.5 Credit) approx. 6/25-7/17 •Introduction to Honors Chemistry Enrichment: 8/17-8/21 (8.1)

9th Grade Science Classes

Matter & Energy	215 students	37 % of current 9 th grade
Honors Matter & Energy	276 students	48 % of current 9 th grade
Honors Chemistry	86 students	15 % of current 9 th grade



(8th grade teachers might recommend a summer course to ensure students success in Honors Chemistry- ASTROS-3 weeks- 1st session of summer school)

Not in agreement with the 8th grade teacher's Recommendation?

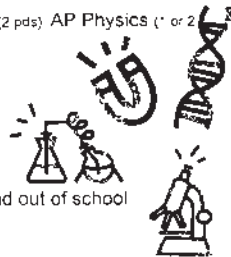
Student should pick up an appeal form from their science teacher.



Appeal forms are due with scheduling cards. I will review all appeals and gather more information from teachers.

Science Courses for 10-12th grade

- Biology (H and On-Level)
- Chemistry (H and On-Level)
- Physics (H and On-Level)
- AP Biology (2 pds), AP Chemistry (2 pds), AP Physics (1 or 2 pds) and AP Envir. Sci. (1 pd)
- Molecular Biology
- Forensics Science (Honors)
- Engineering Science
- Nutrition (H and On-Level)
- Anatomy & Physiology (Honors)
- Astronomy
- Internships- 1 pd and 2 pd- In and out of school



QUESTIONS

email:
Jacqueline_R_Alton
@mcpsmd.org
or call: 301-279-8594



AOIT (Academy of Information Technology) PROGRAM

Requirements	Student must currently be enrolled in or already completed Algebra I.	Application form must be completed and mailed to Wootton High School C/O Mrs. Matthey no later than February 9th.	One completed teacher recommendation (located under signature programs, AOIT applications on the Wootton website) must be submitted no later than February 17th.
Courses Available to 9 th graders	Programming 1 C++	Discovering Programming concepts	Advanced Software Apps
Three Different Pathways	Programming	Networking	Information Resources

National Academy Foundation Requirements:

- Students are required to take a one semester college course during their senior year at Montgomery College
- The Students are required to work a paid internship during the summer of their Junior and Senior year
- The paid internship introduces students to the broad career opportunities in today's digital workforce and in the process equips them with personal, analytical, technical and communications skills they need to thrive. We have an advisory board that we work with very closely to match the students needs for the paid internship

In addition to required courses, the AOIT students take one or two specialized courses each semester, a college-level course their junior or senior year, and participate in a paid internship. The Networking and information resource design pathways prepare students for industry-certification in networking and web page design. Other advantages include the opportunity to earn up to 10 college credits while in High School, paid 6-8 week summer internship, scholarship opportunities, fieldtrips, and current technology training.

The Application can be found at the following website:

<http://www.woottonwebdevclass.com/documents/aoitappform.pdf>

A recommendation must be filled out, also by their present Math and or Science teacher, when submitting the application. It can be found at the following location:

<http://www.woottonwebdevclass.com/documents/teachertec.pdf>

The different pathway descriptions can be found at the following website beginning on page 12.

http://montgomeryschoolsmd.org/schools/woottonhs/counseling/CourseList2009_10_Final.pdf

If you have any further questions please contact me at the following e-mail.

Monica M. Matthey@mcpsmd.org (two underscores between initials)

Technology Education Department

COURSE TITLE	GR	SEM	CODE	PREREQUISITE	COURSE ASSIGNMENTS/PROJECTS	WEEKLY STUDY HR(s) (Approx)	FEES
Foundations of Technology A (T)	9-10	1	5161	None	Use the design process with math and science principles to solve problems related to technology	2-3 hrs	\$10/sem
Foundations of Technology B (T)	9-10	2	5162	Foundations of Technology A	Use the design process with math and science principles to solve problems related to technology	2-3 hrs	\$10/sem
Introduction to Engineering Design A (T)	9-10	1	5152	None	Students develop problem-solving skills, with an emphasis on visualization and communication skills, using a computer and 3-D solid modeling software.	2-3 hrs	\$15/sem
Introduction to Engineering Design B (T)	9-10	2	5153	None	Same as above	2-3 hrs	\$15/sem
Principles of Engineering A (T)	9-10	1	5150	IED or Algebra 1 A/B	Students develop problem-solving skills by tackling real-world engineering problems	2-3 hrs	\$15/sem
Principles of Engineering B (T)	9-10	2	5151	Same as above	Same as above	2-3 hrs	\$15/sem
Designing Technology Solutions A	9-10	1	2812	None	Students are introduced to engineering design and development through software engineering and robotics technology.	2-3 hrs	None
Designing Technology Solutions B	9-10	2	2813	None	Same as above	2-3 hrs	None
Micro Technologies Tech Internship A	11-12	1	570610	Network Engineering & Management A	Assist User Support Specialist to maintain School network	None	None
Network Engineering and Management Tech Internship B	11-12	2	570620	Network Engineering & Management B	Assist User Support Specialist to maintain School network	None	None

Those students who graduate in 2012 or thereafter must take Foundations of Technology, Introduction to Engineering Design, Principles of Engineering or Designing Technology Solutions to fulfill the Maryland state technology credit for graduation.

WOOTTON HIGH SCHOOL
FOREIGN LANGUAGES



COURSES OFFERED 2009-10

- American Sign Language 1 and 2
- Chinese 1, 2, 3, 3 Honors, 4, 4 Honors, 5, and AP Language
- French 1, 2, 3, 3 Honors, 4 Honors, 4/5 (accelerated course), 5, 6, and AP Language
- German 1, 2, 3 Honors, and 4 Honors
- Latin 1, 2, 3 Honors, and 4 Honors
- Spanish 1, 2, 3, 3 Honors, 4, 4/5 (accelerated course), 5, AP Language, and AP Literature

FUTURE FRESHMEN MAY ELECT TO

- begin study of any of the languages listed above.
- continue with the language they may have begun in middle school.

N. B.

- It is no longer required that students continue to a higher level in high school in order to receive the credit(s) they earn in middle school.
- American Sign Language may be used to fulfill the state graduation requirement; however, both levels must be taken in order for it to do so. ASL cannot be combined with another language to fulfill the requirement.

HONORS VS. REGULAR?

Honors courses in Foreign Languages involve additional literature selections plus more frequent and in-depth projects and presentations.

NEED ADVICE?

Don't hesitate to contact Tony DeRosa,
Foreign Language Resource Teacher
Anthony_M_Derosa@mcpsmd.org
301 279 8587



Thomas S. Wootton High School

Social Studies Department

Resource Teacher:

Gay Maslow

301-279-8591

[Gaytania B Maslow@mcpsmd.org](mailto:Gaytania_B_Maslow@mcpsmd.org)

Required Courses

The following courses are required in a three year sequence and are offered in both on-level and honors levels:

US HISTORY A AND B (9th Grade)

A two-semester course in the study of United States History from the opening of the West in the 1870s through the present. Each semester carries ½ credit value.

NATIONAL, STATE, AND LOCAL GOVERNMENT A AND B (10th Grade)

A two-semester course in the study of the three branches of government at the national, state and local levels, and an overview of rights and responsibilities of citizens at each of these levels of government. Fair housing under the law, the electoral process, U. S. foreign policy, and the economy will also be studied. Each semester carries ½ credit value. At the completion of the second semester of study, students will sit for the High School Assessment test, passage of which will be a requirement of graduation.

MODERN WORLD HISTORY A AND B (11th Grade)

A two-semester course in the study of the history of the modern world beginning with the Italian Renaissance in the mid-1300s through the present. Each semester carries ½ credit value.

Authorized Substitutions for Required Courses

The following Advanced Placement (AP) courses may be substituted for the required courses:

1. AP US History A and B for US History A and B
2. AP NSL Government A and B for NSL A and B*
3. AP World History A and B for Modern World History A and B

WHAT TO EXPECT IN AN AP HISTORY COURSE

1. Reading Load: At least one 30 – 40 page chapter per week
2. Lectures cover material in text and bring in ancillary information as well
3. Primarily a lecture course. Advanced Placement is very content driven
4. Emphasis is placed on primary source documents and document-based questions (DBQs)
5. Within the DBQs, emphasis is placed on writing and the analysis of primary documents
6. Homework is assigned every night. Approximately 15 – 18 hours per week
7. Analytical approach to questioning is used
8. Students must take responsibility for their own learning
9. All students are required to take the Advanced Placement Test in May

WHAT TO EXPECT IN ON-LEVEL AND HONORS COURSES

1. Easier reading load: One chapter per unit. Each unit approximately three (3) week long
2. Most of all of the information is covered in class
3. On-level class approach is less analytical; in honors, more so
4. More hands on, more time given to projects and class time given to work on projects
5. Textbooks are differentiated between on-level and honors courses
6. Honors and on-level assignments are differentiated

* Students taking AP NSL Government will sit for the AP American Government Test given in May

Social Studies Electives Open To Students in Junior/Senior Year

AP Comparative Government
AP European History
AP Human Geography
AP Psychology
AP Macroeconomic Theory
AP Microeconomic Theory
AP National, State and Local Government
AP US History
AP World History
The African American Experience
Comparative Religions
Influence of the Media on American Society
Law
Philosophy: Ethics
Sociology

Wootton Physical Education

A standard's based approach

The mission of the physical education department at Wootton High School is to provide students with the knowledge, skills and opportunity to be a physically educated person, not just for the present, but for a lifetime. Physical Education is an integral part of the educational process. In addition to physical well being, physical education assists the child in emotional and social growth.

A Physically Educated person:

- Has learned skills necessary to perform a variety of physical activities
- Is physically fit
- Does participate regularly in physical activity
- Values physical activity and its contributions to a healthful lifestyle

Graduation Requirement

The Montgomery County Public Schools graduation requirement for all students is two semesters of physical education in grades 9-12 for one full credit. Wootton students are required to take a Principles of Physical Education Class as their first half credit in P.E. The second half credit, students have their choice of P.E. electives. Students with special needs are accommodated in the program and are not excused from the requirement.

Ninth grade student's should take one of the four Principles of Physical Education classes in the fall semester. Students should then choose a specialty or concentrated class for their second P.E. class, as thr Principles of Physical Education class would be a repeat.

All physical education classes address each of the six State Standards to varying degrees based on the content of the class. For a full description of individual courses please consult the course bulletin.

State Standards:

Standard I: Exercise Physiology – Students will demonstrate the ability to use scientific principles to design and participate in a regular, moderate to vigorous physical activity program.

Standard II: Biomechanical Principles-Students will identify the effects of forces on different types of sports and activities

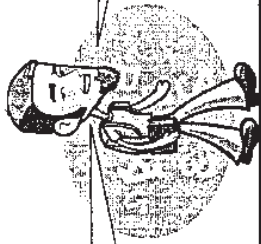
Standard III: Social Psychological Principles- Students will experience the benefits of teamwork and working together toward a common goal.

Standard IV: Motor Learning Principles- Students will Perform activities in a variety of ways to create "Motor Memory"

Standard V: Physical Activity- Students will illustrate knowledge of the principles of exercise physiology, social psychology, and biomechanics by designing and adhering to a regular, personalized, purposeful program of physical activity.

Standard VI: Skillfulness- Students will demonstrate the ability to enhance their performance in a variety of sports

All students first class must be one of the 4 Principles of P.E. classes!



Students may take any of the electives after taking a Principles of P.E. class!

Thomas Wootton High School Physical Education

