

WESTLAND AFTER SCHOOL ACTIVITY PROGRAM

ALL CLASSES ARE HELD RIGHT AFTER SCHOOL AT WESTLAND
UNLESS OTHERWISE INDICATED 2:45PM - 4:05 PM.

After School Buses depart at 4:10pm

PLEASE NOTE: all communication for the program will be via the Westland net. Make sure that you join the net if you plan to participate. All notices of date/time changes come over the Westland net. To sign up for the Westland net go to <http://montgomeryschoolsmd.org/schools/westlandms/>

Click on "PTA" and follow instructions for signing up for the listserve.

FALL SESSION: 9/22 – 10/27

(some classes start or end on slightly different dates – please check individual class listing or contact teacher or vendor!)

HOW TO REGISTER:

There are fees associated with some classes. Some of the fees are payable directly to the vendor. Please see the payment information for each class. Students may be able to sign up for classes later in the session if there is space available. Please contact the individual teacher or vendor to find out about availability.

A registration and waiver form is included at the back of this brochure. The brochure and all registration forms are also available on the Westland MS Website. Look under "Activities". We will only contact you if the class is full and we need to refund your registration – if you have not been contacted please assume you are in the class. Class changes, start times, locations will be posted on the WESTLAND NET.

Back to School Night Registration: You can turn in your registration forms and payment to the front office at any time (before September 18). We will have a table on September 17, Back to School Night, from 5-6:30pm, to answer questions and accept registrations.

We'll be collecting scholarship funds for the After School Program on Back to School night. Please consider making an extra donation to the PTA for this wonderful program.

CONTACT INFORMATION:

For questions concerning the time/location/content of the classes please contact the individual teacher sponsor or vendor whose contact information is listed in this brochure. All classroom locations will be posted on the office door every Tuesday, Wednesday and Thursday. For other questions please contact:

Missy Reingruber mreingruber@verizon.net
Sarah Patton sarahpatto@aol.com
ASAP Westland Staff Contact: Jill Shultz (301) 320-6515

ASAP POLICIES AND PROCEDURES:

Cancellations: Sometimes outdoor classes are cancelled due to weather conditions. Students must listen to the announcements and have a back-up plan for that afternoon. Sometimes we must cancel vendor-led classes due to lack of enrollment. You will be notified and your money refunded.

Registration: Deadline for all forms and checks is 9/18. Students may register for a class that is already in session (on a space available basis), but fees will not necessarily be prorated.

Refunds: Refunds must be requested before 9 a.m. on September 18. **If you signed up for the class directly with a vendor (such as squash, tennis, kayaking, Chinese...) please contact the vendor directly for their refund policy.**

Drop-in: students may drop in at any point during the school year to any of the teacher-led clubs that are not fee-based or do not have a student maximum. Teacher approval may be required; registration is not required for the classes labeled **:WESTLAND MCPS CLASSES – DROP IN – NO FEE, NO REGISTRATION FORM NEEDED.”**

Class Minimum/Maximum: You will be notified if minimum registration is not reached, and your money refunded. Class may be cancelled at teacher’s discretion. If maximum is reached we will notify you and put your name on a waiting list.

Scholarships are available: contact Jessica Nachman at (301) 320-6515 or by email at jessica_r_nachman@mcpsmd.org The PTA and Westland MS are eager to have all students participate in the After School Activity Program. Cost should not be a consideration. If your child needs a scholarship, contact Ms. Nachman at (301) 320-6525 or Jessica_R_Nachman@mcpsmd.org. All requests will be kept confidential.

Free bus service for After School Classes Provided Bus Schedule Available on Westland MS Website under “Activities”

PTA SPONSORED CLASSES

There is a fee associated with these classes (scholarships are available.) Some of the classes require a Westland ASAP registration form, other classes do not, but you must register directly with the vendor.

Art: Draw, Color, Paint & Collage: This course is open to all students even if you've never done artwork outside of school. Using pencil, charcoal, pastels, paints and papers, we'll create all sorts of artwork, both realistic and imaginative. Learn principles of drawing with line, and shading; explore how color can be used both true to life and fancifully using still-life set-ups, landscapes, stamping, collages, portraits, fantasy settings, animal creatures and masks. Doodle with line, smudge with pastels, learn to "charge" colors using watercolors, build sculptures with paper and cardboard and more. All materials provided. Minimum 6.

Dates: Thursdays: 9/24, 10/1, 10/8, 10/15, 10/22, 10/29

Fee: \$125, check payable to Westland PTA

Register: Fill out ASAP registration on the back of this packet, turn into office by 9/18

Contact: Sara Sennet sara.sennett@verizon.net

Location: Room 223

Babysitting Essentials: Facilitated by Suburban Hospital's Safe Sitter Program. Learn about behavior management techniques, infant rescue breathing, even how to run your own sitting business! This is a great program that will give you and your employer confidence in your babysitting skills. The Safe Sitter class is a nationally recognized program developed by a pediatrician to teach children ages 11 to 13 years old how to be safe sitters. The course includes rescue choking, child care essentials, safety for the sitter, first aid, behavior management and babysitting as a business. Attendance is mandatory since there is a lot of information to cover in a short time.

Dates: Tuesdays, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3 6 sessions

Fee: \$95

Register: Pay Suburban Hospital directly. Parents can register with a credit card by calling Suburban On Call at 301 896-3939 Option 2, or call Eleni to arrange to pay by check.

Contact: Eleni Antzoulatos EAntzoulatos@suburbanhospital.org (301) 896-2999

Location: Room 218

(NOT OFFERED THIS FALL. WE NEED A PARENT SPONSOR FOR THIS CLUB)

Chess Club: Did you know that Westland used to be the Maryland state champion in chess? Help us regain that title! Taught by a chess master from the Victor Sherman Chess School. No need to be an expert chess player - beginners welcome

Chinese For Beginners: Intensive Chinese for Beginners! This class is being offered by BCC Chinese teacher Pu-Mei Leng for the first time as part of Westland's After School Activities program! This course will use intensive oral immersion techniques, and will focus on language acquisition that is relevant to the student's own everyday life. In addition to listening and speaking Mandarin Chinese, students will learn character writings from the very beginning. Classes will be offered all three semesters (fall, winter, and spring). This class will be offered on Tuesdays. Please contact Michelle Chua at mchua1@comcast.net or Pu-Mei Leng at pu-mei_leng@mcpsmd.org for more information and to register.

Dates: Tuesdays, starting 9/22 (fee will be prorated for students starting late)
Fee: \$240 (12 classes) **Checks payable to Pu-Mei Leng**
Register: Fill out ASAP registration on the back of this packet, turn into office by 9/18
Contact: Pu Mei Leng pu-mei_leng@mcpsmd.org
Location: Room 226

Cooking Club: Learn to cook with confidence in this 6-week series. Students will learn basic cooking techniques, knife skills, kitchen safety and more as they cook up a delicious dish each week.

DATES: Tuesdays starting 9/29 (A second session may be added on Wednesday afternoons (September 30 - November 4)

FEE: \$150 per student

REGISTER: <http://www.greatastepcs.com/Westland.html> or call (301) 352-3517

MAX # 12 students/ 10 students minimum

CONTACT: Danielle Turner ChefDanielle@GreatTastePCS.com

Location: Room 218

Debate Club: Do you want to be heard? Learn how to be persuasive, get your point across and think on your feet. You will have the opportunity to compete in tournaments – last year's team had 35 members and won many awards. Please remember that debate club is a fun and exciting activity, however students must be willing to commit their time and effort in order to have meaningful experience. Students who do not show an interest and willingness to participate constructively will not be allowed to participate.

Dates: Wednesdays, 2:45 - 4:00 PM;

Debate Tournaments (Saturdays (9AM - 4 PM)

October 14, 21, 28 October 24th

November 4, 18 No November Tournament December 2, 9 December 5th

Fee: \$70

Register: Fill out ASAP registration on the back of this packet, payment to Westland MS PTA, turn into office

Contact: Sheila Norris snorris@hrsa.gov

Field Hockey: Kate Finn, former assistant coach of winning BCC team will teach a clinic at Westland. All grades and skill levels are welcome. Sticks and balls will be provided. Wear shin guards if you have them. This is a great opportunity to check out this sport - BCC Field Hockey has a rich and successful tradition -- 14 State Championships!!

Dates: Tuesdays

Fee: \$60, check payable to Westland MS PTA

Register: Fill out ASAP registration on the back of this packet, **payment to Westland MS PTA**, turn into office by 9/18

Contact: Kate Finn kathleen_c_finn@mcpsmd.org

Location: Meet on blacktop

Kayaking: Note: This class starts earlier than the other ASAP activities – see below. There is no bus service home for this class as the kids arrive at Westland at 6:15pm. You must pick your child up at the school by 6:15 p.m.

Level 1 – For those with little to no experience. Here is your first kayaking class! In a six week program, you will paddle various moving water sections of the Potomac River working on your skills as we go. Students will be introduced to, boat control, rolling steps, safety awareness and rescue skills. Offered with Pyle and Westland MS.

Level 2 - For those who have already taken a class. Returnees from our after school programs or who have experience in other programs will be working to make their skills truly dependable and exploring more parts of the river with riffles and rapids. We work on skills in the slalom gates, and for fun surf the waves in the river.

Dates: Level 1 **Starts Thursday 9/17**, Level 2 **starts Wednesday 9/16**

Fees: \$150 for 6 sessions; **pay online at Liquid Adventures or contact Tom**

Registration: sign up on line at www.liquidadventures.org

Contact: Tom McEwan of Liquid Adventures tom@liquidadventures.org

Location: Potomac River

Additional Information: A Liquid Adventures bus picks students up at Westland at 2:45 p.m. and drops them back at the school at 6:15 p.m.

What to bring: All kayak equipment is provided, including boat, PFD (lifejacket), helmet, spray skirt, sprayjacket, and paddle. On chilly days, students should have one or two thick layers of synthetic pile or fleece shirts (depending on the temperature) to wear under a spray jacket. Students must have appropriate water shoes.

Photoworks: Are you interested in photography? Do you enjoy taking pictures? Want to learn even more about your camera? Taught by Rebecca Drobis, this class is specifically designed for middle school student photographers. It includes weekly photo shoots and assignments -- both directed and free choice. Whether you're interested in taking pictures for the yearbook, documentary photography, portraits, fashion photography or landscapes, Ms. Drobis provides practical, hands-on instruction. Students will create a portfolio of their best work, and the class will culminate in a slide show presentation (parents are invited). Ms. Drobis' is a teacher at Photoworks, and has led photo workshops at *The National Geographic Society*. Her images have appeared in *The Washington Post* and *The Washington Post Magazine*.

Dates: Thursdays starting 10/1, 10/8, 10/15, 10/22, 10/29, 11/5

Fee: \$140 (6 sessions) **Checks payable to Rebecca Drobis**

Registration: Fill out ASAP registration on the back of this packet, attach check to Rebecca Drobis. Turn into office by 9/18

Contact: Rebecca Drobis rebecca@rebeccadrobis.com

Location: Room 226

Rock Climbing: Climbing is a great form of exercise and a fun way to build strength. Calleva will provide all gear (helmet, harness, shoe ropes, belay devices) and transportation. Calleva's American Mountain guides certified staff will instruct students in rock climbing, including basic rock movement, rope management, knots and belay techniques. Bus service is provided from Westland at 2:40 and back to Westland at 6:30 pm. There is no transportation home. Calleva also has an indoor rock climbing gym, so bad weather days are not a problem. We will circulate the class list after registration so parents may organize a car pool.

Dates: Tuesdays, Starting 9/29 for 6 sessions

Fee: \$180 for 6 sessions

Register: Call Calleva office 301-216-1248 or email to Sally@calleva.org. They will send/email registration/waiver forms and collect payment by check or credit card.

Max. # students: 15 Min. 5

Contact: Sally Girts, email:sally@calleva.org

Location: Calleva's campus in Poolesville. Bus picks up at Westland and returns to Westland after each session. There is no transportation home.

Squash: .Connie Barnes (Squash coach at Pyle and BCC) is continuing the Westland Squash Team. The team will train once a week, at Bethesda Sport & Health. Equipment and non-marking shoes can be purchased from Connie. Friendly competitive matches will be played against other local schools. There is no activity bus available to Bethesda Sport and Health. Limited availability. Equipment available from Connie Barnes.

Dates: Tuesdays starting 9/22 at Bethesda Sport & Health

Time: 3:30 – 4:40 p.m.

Fee: \$126, **check payable to Sport& Health.**

Register: register on line at

<http://www.aussienicksquash.com/juniors/schools/westland/09BETH-Squash-Westland.pdf> or email Connie for assistance.

Contact: Connie Barnes rodandcon@comcast.net

Location: Bethesda Sport and Health

Tennis: The Georgetown Prep Tennis Club is excited to provide tennis instruction at Westland Middle School. Intermediate/Advanced level classes will be offered on Tuesdays and Beginner/Advanced Beginner classes will be offered on Thursdays. Classes will emphasize technique improvement using a fun structured format. Payment for class must be paid in full

prior to the start of classes, no exceptions. Class requires a minimum enrollment by Thursday September 17th. E-mail Mark Schlossenberg, at mark@servicelinetennis.com no later than Thursday September 17, 2009 for proper class placement and payment instructions. Class size is restricted to insure continuity and learning. We look forward to seeing your children on the courts this Fall.

Dates for Intermediate/Advanced Level: Tuesdays starting 9/22 (6 Sessions)
9/22,9/29,10/6,10/13,10/20,10/27 Rain date 11/3

Fee: \$120.

Register: Contact Mark Schossenberg to register online with their club.

Contact: Mark Schlossenberg mark@servicelinetennis.com 301-816-9713 ext. 305

Location: Westland Tennis Courts

Dates for Beginner/Advanced Beginner Level: Thursdays starting 9/24 (6 sessions)
9/24, 10/1,10/8,10/15,10/22,10/29 Rain Date 11/5

Fee: \$120

Register: Contact Mark Schossenberg to register online with their club

Location: Westland Tennis Courts

WESTLAND MCPS CLASSES – DROP IN – NO FEE, NO REGISTRATION FORM NEEDED:

Chamber Chorus: The Chamber Chorus is an ensemble open to all Westland students in 6th, 7th, and 8th grade by audition only. This ensemble was created to allow students to participate in an advanced choral group. Members are required to attend Wednesday after school rehearsals and on additional dates which will be announced closer to the Fall and Spring shows. Auditions will held on 9/8, 9/9 and 9/10 before and after school. A sign up sheet will be posed in the chorus room.

Dates: Meets Wednesdays

Fee: None

Contact: Carrie Gelnar Carrie_L_Gelnar@mcpsmd.org

Location: Chorus room

Drama: Westland usually puts on a Fall and a Spring play. Listen for announcements for auditions. Speaking or singing parts available or work on scene and set design.

Dates: Listen for an announcement

Fee: None

Contact: Sherion Cosby Sherion_A_Cosby@mcpsmd.org

Location: Cafeteria

Flag Football: This super popular club is open to everyone. This year we will create a Westland NFL. Coached by Mr. Walker and Ms. Coleman.

Dates: Tuesdays, beginning 9/15

Fee: None

Contact: Jeff Walker Walker, Jeff_T_Walker@mcpsmd.org

Location: Field

Homework Club: Homework club will be open to students on Tuesdays and Thursdays, location will be in the Media Center. Students will ask the teacher whose assignment s/he plans to work on, for a pass or note. Students will bring that note to an administrator during lunch and sign up for Homework Club that day. . On Wednesdays, students can make an appointment for homework assistance with one of their teachers and will meet that teacher in a classroom

Dates: Tuesdays and Thursdays

Fee: None

Contact: Mr. Costa

Location: Media Center

Jazz Ensemble: Designed for 7th and 8th grade students who want to learn the basics of jazz harmonies, articulations, and improvisations. All students must audition and be able to read music. Must purchase a \$15 book and need to be committed to the ensemble. See Ms. Garay.

Dates: Listen for an announcement!

Fee: None,

Contact: Mary_Garay@mcpsmd.org

Location: Band room

Math Team: Listen to announcements for start date. Great opportunity to be part of Westland's dynamic team and compete in area-wide math competitions. The Math Team goes to MCPS Middle School Math Competitions. Open to 7th and 8th graders and 6th grade IM students.

Dates: Begins in November. Listen for an announcement or contact Ms. Walstein.

Fee: None,

Contact: [Alyssa C Walstein@mcpsmd.org](mailto:Alyssa_C_Walstein@mcpsmd.org)

Location: Room 216

Student Government Association: SGA enables students to participate in an effective and flexible governing system. It provides opportunities to discuss policies, create projects, and make recommendations to promote school spirit and positive peer interaction at Westland. Open to all students, grades 6 - 8. SGA officers are elected by the student body; must be in good academic and disciplinary standing.

Dates: TBA,

Fee: None,

Contact: Chanda Stephens [Chanda M Guitano-Stephens@mcpsmd.org](mailto:Chanda_M_Guitano-Stephens@mcpsmd.org)

Location: Room 215

Fellowship of Christian Athletes (FCA) Huddle at Westland

Student Leader: Justin Elwell

Faculty/Coach Sponsor: Ms. Katherine Killmon

Contact: Christine Elwell christineelwell@yahoo.com, 202-468-7244

Dates: First and Third Thursdays each month after school

Location: Room 151

Fee: Free

FCA huddles are a student initiated and student lead opportunity to provide fun and positive fellowship in a relaxed atmosphere where athletes and non-athletes, Christians and non-Christians can join together in exploring their faith questions. Huddles are committed to growing spiritually and reaching out to others in both word and deed. More information is available at www.metromdfca.org.

Interscholastic Sports Teams

Softball, Basketball, Soccer and Cross Country. These teams are open to 7th and 8th grade boys and girls only. Listen to announcements for tryouts throughout the year.

Softball:

Girls –Ms. Maureen Kellerman Maureen_Kellerman@mcpsmd.org

Boys - Nick Arnone Samuel_Arnone@mcpsmd.org

Cross Country:

Chana Stevens

Basketball:

Girls - TBA Boys – Steve Katz Steven_Katz@mcpsmd.org

Soccer: Girls - Rob Kurtz [Robert J Kurtz@mcpsmd.org](mailto:Robert_J_Kurtz@mcpsmd.org)

Boys - Tim Crane Timothy_J_Crane@mcpsmd.org

MONTGOMERY COUNTY 'REC EXTRA' PROGRAMS – NO FEE BUT MUST FILL OUT A REC EXTRA FORM TO ENROLL

Rec Extra form is posted on the Westland website

Art: Focus is on a monthly theme! May include drawing with chalk and charcoal, photography, scratchboard, printmaking, Chinese brush painting, collage, oil pastels, computer art, and needlework.

Dates: Wednesday

Fee: None

Registration: Must fill out Rec Extra form (see back) course code: 266196

Contact: Fontaine Rodgers Elizabeth_f_rodgers@mcpsmd.org

Location: Art Room

Bay Savers Club: If you have an interest in the environment and nature and want to participate in activities to share that interest with others, consider joining the Bay Savers Club. This year we will focus on several different projects that help the environment and people both locally and around the world. Ideas from the students will be welcomed. Suggested projects are: A Waterless Car Wash to raise money for water pump projects in Africa, a Student Led Tire Pressure Measuring Clinic to improve our cars' efficiency and reduce air pollution, and a Westland Campus Invasive Plant Removal day. Come find out how these fun and cool activities can help make the world a greener place!

Dates: Every third Wednesday, starting 9/23

Fee: None

Registration: Must fill out Rec Extra form (see back) course code: 266194

Contact: Jennifer Brown jennybrown@verizon.net; Alison Lepard

Alison_J_Lepard@mcpsmd.org

Location: Room 210

Dance Team: Starts in the Fall. Look for sign-up sheet in cafeteria on. Learn dance routines from Westland's own professional dancer and teacher, Ms. Ruth. Guest choreographers will also teach their hottest dance routines. Students in all grades have a chance to enhance motor and coordination skills through dance, and will benefit from the team work and esprit de corps that result from learning exciting jazz, hip hop and ballet dance routines.

Dates: Tuesdays, Listen for an announcement for start date

Fee: None

Registration: Must fill out Rec Extra form (see back) course code: 266197

Contact: Danielle Ruth danniruth@gmail.com

Location: Cafeteria

Step Club: Listen for announcements in the fall. Learn step routines! Those who join Wildcat Step Club will perform at the Westland Talent show and during the half time of ballgames. Students in all grades have a chance to enhance motor and coordination skills through dance, and will benefit from the team work and esprit de corps that result for learning exciting step routines. Even if you miss the start date come by the gym and talk to Ms. Ruth.

Dates: Wednesdays, listen to announcements for start date

Fee: None

Registration: Must fill out Rec Extra form (see back) course code: #266195

Contact: Danielle Ruth danniruth@gmail.com

Location: Main gym

Talent Show: Each Spring, Ms. Cosby sponsors a Variety Show featuring talented students who perform for the Westland community. Start preparing for auditions in January – open to everyone.

Dates: 1/5 and 1/6 and 1/28 are practices. 1/29 will be the Talent Show

Fee: None

Registration: Must fill out Rec Extra form (see back) course code: 266198

Contact: Sherion Cosby Sherion_A_Cosby@mcpsmd.org

Location: Cafeteria

Registration Form

Student Name:

Address:

Phone and Emergency Contact info:

Email address (very important, please print legibly):

Class Name

Session (Fall, Winter or Spring)

Fee:

Tax Deductible Donation for Scholarships:

TOTAL:

Please make checks out to Westland PTA or vendor – please read instructions carefully! Remember all class announcements will be made on the Westland net, you will not receive individual emails UNLESS the class is full.

Cancellations: Sometimes outdoor classes are cancelled due to weather conditions. Students must listen to the announcements and have a back-up plan for that afternoon. Sometimes we must cancel vendor-led classes due to lack of enrollment. You will be notified and your money refunded.

Registration: Deadline for all forms and checks is 9/18. Students may register for a class that is already in session (on a space available basis), but fees will not necessarily be prorated.

Refunds: Refunds must be requested before 9 a.m. on September 18. **If you signed up for the class directly with a vendor (such as squash, tennis, kayaking, Chinese...) please contact the vendor directly for their refund policy.**

Drop-in: students may drop in at any point during the school year to any club that is not fee-based or does not have a student maximum. Teacher approval may be required; registration is not required.

Scholarship Funds Are Available. Please Contact Guidance Counselor

Jessica Nachman at jessica_r_nachman@mcpsmd.org, 301-320-6515

After School Activities Waiver

**** This form must be signed by a parent/guardian before a student can attend any club associated with the Westland PTA's After School Activity Program (ASAP).**

The parent or guardian of participant _____ assumes on behalf of themselves and all heirs and assignees all risks associated with participation in the ASAP. The members of the ASAP Committee, Westland Middle School staff, the Westland PTA and/or the County assume no liability for injury or damages arising from participation in the program. Many activities involve inherent risks of death or serious bodily injury to the eye, head or other sensitive parts of the body. Participants expressly assume the responsibility for obtaining and correctly using appropriate protective gear for all activities. Such protective gear may include eye protection, mouthpieces, helmets or other equipment designed to mitigate the risk of injury inherent to a particular activity. The participant consents to emergency treatment if deemed necessary. Neither the club instructor, the Westland PTA, Westland Middle School and/or members of the ASAP Committee are responsible for the students once they have departed the school property after the scheduled activity whether they are walking or being transported by automobile. Due to the strenuous nature of some activities, each participant is encouraged to consult his or her physician concerning fitness to participate in the program. The participant also consents to Westland Middle School's use of any photographs taken or video made of the program.

Parent/Guardian Signature

Print Name

Date

