

Guidance Resources A-Z – Telephone Numbers And Websites

ABUSE (see also: VICTIM ASSISTANCE)

Child Abuse: See MCPS Policy JHC, Regulation JHC-RA.

IMMEDIATELY Call Protective Services at:

(240) 777-4417

Adult Protective Services: For persons 18 or over who lack the capacity to provide for their needs, 24 hrs/day:

(240) 777-3000

Self Abuse (self cutting)

1-800-DONTCUT

ACT

ACT (American College Testing corp.): <http://www.act.org>

(319) 337-1270

Students taking a second ACT exam may re-register at:

1-(800) 525-6926

Information about testing students with disabilities:

(319) 337-1332

ADHD

ADHD: Hyperactivity/impulsivity type - DSM-IV:

<http://www.mastermind1.com/wwwfreelance/adhdpromise/index8.htm>

American Psychiatric Association's Diagnostic and Statistics Manual (DSM-IV) criteria for Attention Deficit (ADHD): http://www.chadd.org/dsm_iv.htm

Ritalin: HealthSquare: <http://www.healthsquare.com/pdrfg/pd/monos/ritalin.htm>

C.H.A.D.D. (Children and Adults with ADD)

(301) 869-3628

AFRICAN-AMERICAN

NAFEO (National Association For Equal Opportunity in Higher Education)

(301) 650-2440

NAACP ACT-SO (Afro-Academic, Cultural Technological and Scientific Olympics),

<http://www.naacp.org/programs/act-so/>

(301) 279-3010

Minority Colleges and Universities Directory: http://mcu_directory.tripod.com/index.html

Historically Black Colleges and Universities: <http://www.acq.osd.mil/ddre/edugate>

African American Resources (award winning gateway site to African American culture. Includes children's pages <http://www.aawc.com/aar.html>

MinorityCareer.com: <http://www.minoritycareer.com/>

UNCF (United Negro College Fund):

(215) 925-9048

<http://www.bin.com/assocorg/uncf/uncf.html>

INROADS – minority career development program:

(215) 282-3000

National Achievement Scholarship Program, see National Merit at:

<http://www.nationalmerit.org/> and at:

(847) 866-5100

National Council of Negro Women, Montgomery County:

(301) 589-0127

AIM HIGH! What Parents Of African American Children Should Know About Challenging Learning

Opportunities In: Elementary School, Middle School, High School –a publication of Montgomery County Public Schools <http://www.mcps.k12.md.us>

(301) 279-3391

ALCOHOL

Alcoholics Anonymous: <http://www.Al-Anon-Alateen.org>

(202) 966-9115

Alateen: <http://www.al-anon.org/alateen.html>

Alanon-Alateen D.C.

(202) 882-1334

MCPS Office of Safe and Drug Free Schools:

(301) 517-5910

Mothers Against Drunk Driving (MADD)

(301) 949-1222

Scared Stiff – Drinking and Driving program

(301) 762-4242

National Organization on Fetal Alcohol Syndrome: <http://www.nofas.org>.

Kathy Mitchell, **202-785-4585, 1-800-666-6327**
Alcohol Hotline: **1-800-527-5344**
National Association of Alcoholism and Drug Abuse Counselors <http://www.naadac.org/>
National Clearinghouse for Alcohol and Drug Information (NCADI) <http://www.health.org/>

AP (ADVANCED PLACEMENT) EXAMINATIONS

Information on College Board website: <http://www.collegeboard.com>
Counselor HOTLINE at: **(609) 771-7300** or **(888) Call4AP**
AP Exams, PO Box 6671, Princeton, NJ 08541-6677 apexams@ets.org
AP Grades by phone: **(888) 308-0013**
Fax: **(609) 530-0482** TTY/TDD: **(609) 882-4118**

ASIAN AMERICAN

Asian Pacific American Heritage Council <http://www.apahc.org>
Asian Pacific American Heritage Month <http://www.abcfash.com/apa/>
Coalition for Asian American Children and Families <http://www.cacf.org/>
Asian American Resources <http://www.ai.mit.edu/people/irie/aar/>
Asian Hotline (8 a.m. – 4:30 p.m.) **(301) 230-5436**

ASVAB

Armed Services Vocational Aptitude Battery: <http://www.ufrsd.k12.nj.us:443/ahs/events/asvab>

ATHLETICS

NCAA Clearinghouse: **(319) 337-1492**
http://www.oes.uc.edu/StateU/html/ncaa_eligibility.html
NCAA Online®: The official web site of the NCAA: <http://www.ncaa.org/>
Guide for the Collegebound Student Athlete <http://www.ncaa.org/cbsa>
Play Clean (Athletes and alcohol resource) <http://Playclean.org>

BIG BROTHERS & BIG SISTERS:

Big Brothers/Big Sisters of America: <http://www.bbbsa.org> **(215) 567-7000**
National Capital chapter: **(301) 587-0021**

BOYS' & GIRLS' HOMES

Boys' & Girls' Homes and Community Services, Inc. **(301) 589-8444**
<http://www.boysandgirlshomes.org>

CAREERS

Occupational Outlook Handbook: <http://stats.bls.gov/ocohome.htm>
Dictionary of Occupational Titles (DOT), 4th Edition <http://www.parinc.com/career/DOT164.html>
Self-Directed Search, available from Psychological Assessment Research, Inc. at:
<http://www.parinc.com> or at: **1-800-331-TEST**
The Career Interests Game: <http://web.missouri.edu/~cpcpwww/holland.shtml>
CareerWeb: <http://www.cweb.com>
USAJOBS - United States Office Of Personnel Management <http://www.usajobs.opm.gov/>
EXPLORE CAREERS: A Maryland Occupational Information Coordinating Council (MOICC):
<http://www.careernet.state.md.us/ExploreCareers.htm>
CareerNet – Montgomery County office: **(301) 929-4386**
Labor Market Information, Department of Labor, Licensing and Regulation,
Office of Labor Market Analysis & Information, 1100 N. Eutaw St., Balt., MD 21201 **(410)-767-2250**
<http://www.dllr.state.md.us/lmi/index.htm>
About.com Votech Education: <http://www.votech.about.com/msub1120>

America's Job Bank (America's Talent Bank): <http://www.ajb.dni.us/>
Job Shadowing Resources (National Groundhog Job Shadow Day site): <http://www.jobshadow.org/>
National Career Development Association: <http://www.ncda.org/>

CHILD

Child Care Subsidy programs (240) 777-1177
Child Welfare Services (240) 777-3500
Child Support Enforcement: (240) 453-4500
Child Center and Adult Services, Inc. (301) 279-5866
Child Find (MCPS programs for children with disabilities) (301) 929-2224
Child Welfare League of America: <http://www.cwla.org> (202) 942-0264
Institute for Child Health Policy <http://www.ichp.edu>
National Center for Missing and Exploited Children <http://www.ncmec.org/>
Children's Safety Zone <http://www.sosnet.com/safety/safety1.html>
FBI Crimes Against Children Program <http://www.fbi.gov/programs/cac/crimesmain.htm>

CLOTHING

C-4 Clothes Closet & Baby Closet (301) 989-8742
Interfaith Clothing Center (**free** with referral from MCPS!) (301) 424-3796
Montgomery County Thrift Association, Inc. (Bethesda) (301) 654-0003
Recovery Thrift Shop (Gaithersburg) (301) 947-2740
Goodwill Industries (Gaithersburg) (301) 527-0970
Alliance for the Mentally Ill (Kensington) (301) 949-5731
Best Kept Secrets (Germantown) (301) 916-9855

COLLEGES

Colleges and Universities in the United States. As home pages are found for American Universities, they are added to this list: <http://www.clas.ufl.edu/CLAS/american-universities.html>
Graduate School Guide Online: <http://www.schoolguides.com/>
National Association for College Admission Counseling (NACAC) <http://www.nacac.com/index.html>

COLLEGE SEARCHES

Free college search site at: <http://www.collegequest.com>
CollegeView: <http://www.collegeview.com:80/search/search>
Wired Scholar: <http://www.wiredscholar.com>
College is Possible: <http://www.collegeispossible.org>
Global Education Locator: <http://www.nces.ed.gov/globallocator>
FastWeb: <http://www.fastweb.com>

COMMON APPLICATION

Common Application for the 230 participating colleges is available at: <http://www.commonapp.org>

COURTS

Montgomery County District Court: (301) 279-1406
Montgomery County Circuit Court: (301) 217-7202
Montgomery County Juvenile Court: (301) 279-1447
Montgomery County Teen Court: (301) 217-7439

CRISIS SERVICES

Montgomery County Crisis Center: (301) 315-4000
TDD line: (301) 315-4815

Montgomery County 24-hr. Hotline (301) 738-2255
Maryland Youth Crisis Hotline: 1-800-422-0009
Abused Persons Crisis Line (24 hrs.) (301) 315-4673
Rape-Sexual Assault Victim Crisis Line (24 hrs.) (301) 315-4357
National Youth Crisis Hotline 1-800-448-4663

DADS

Mental Health Association program for fathers: (301) 424-0656

DEPRESSION

National Mental Health Association depression screening website: <http://www.depression-screening.org>

DISABILITIES

Another is <http://www.familyvillage.wisc.edu> (an overall great site for parents and professionals working with children with disabilities)

CHADD – Children and Adults with Attention Deficit Disorders: 800-233-4050

website: <http://chadd.org/>

Council for Exceptional Children (CEC): 800-328-0272

website: <http://www.cec.sped.org/>

Department of Rehabilitation Services (DORS): (301) 949-3750

TDD: (301) 949-5226

Commission on People with Disabilities: (240) 777-1246

Child Find (programs for children with disabilities) (301) 929-2224

Developmental Disabilities Administration: (301) 362-5100

TDD: (301) 362-5131

HEATH Resource Center – clearinghouse on postsecondary education for Individuals with disabilities:

(202) 939-9320 or (800) 544-3284

ADA (Americans with Disabilities Act) – Mid-Atlantic office: (301) 217-0124

ADA Hotline (Disability Rights Education Defense Fund) (800) 949-4232

College Board Services for Students with Disabilities (609) 771-7137

PO Box 6226, Princeton, NJ 08541-6226, and at:

<http://www.collegeboard.com/disable/counsel/html/indx000.html>

DIVORCE

Children of Separation & Divorce, Inc. (301) 610-5666

Don't Divorce Us! Children's Advice to Divorcing Parents – American Counseling Association's book, is available to ACA members at a discounted price <http://www.acabooks.com> (800) 422-2648

DRUGS

MCPS' Safe and Drug Free Schools: (301) 517-5910

US Department of Substance Abuse and Mental Health Services Safe Schools/Healthy Schools Initiative

<http://www.samhsa.gov/sfsc0421.htm>

Narcotics Anonymous: (301) 731-7221 or (301) 399-5316

National Cocaine Hotline: (800) 262-2463

National Clearinghouse For Alcohol & Drug Information: (301) 468-2600

Cocaine Hotline: 1-800-262-2463 (1-800-COCAINE)

Inhalant Abuse: Join Together's Hot Issues

http://www.jointogether.org/sa/issues/hot_issues/inhalants

Drug street terms locator: <http://www.whitehousedrugpolicy.gov/streetterms/>.

American Council For Drug Education <http://www.acde.org/>

National Association of Alcoholism and Drug Abuse Counselors: <http://www.naadac.org/>

EDISON (Thomas Edison High School of Technology)Main Office: <http://www.mcps.k12.md.us/schools/edison/>**(301) 929-2175**

Guidance:

(301) 929-2182On-Line Application: <http://www2.mcps.k12.md.us/schools/edison/application.html>**ESOL (English for Speakers of Other Languages)**

Office phone:

(301) 230-0670

Testing Center:

(301) 230-0673

Parents Center:

(301) 230-0670/0674

Counseling:

(301) 230-0675

Bilingual Assessment:

(301) 230-0656

American Indian Program:

(301) 230-0659

International Student Admissions:

(301) 230-0686**FAMILY**

Catholic Charities Center in Montgomery County

(301) 434-2550

MCPS Family and Community Partnerships

(301) 279-3100**FARMS (Free And Reduced Meals)**

The Director of the Division of Food and Nutrition Services will review applications and determine eligibility.

To request an appeal of the decision, call:

301-840-8155

Information in alternate formats at:

301-840-8155

or Maryland Relay at:

1-800-735-2258**FINANCIAL AID**MCPS Scholarship database: <http://filemaker.mcps.k12.md.us/scholarships/>FAFSA (Free Application for Federal Student Aid): <http://www.fafsa.ed.gov>

Federal Student Aid Information Center:

(800) 4-Fed-Aid

Internal Revenue Service (answers to tax questions):

(800) 829-1040

College Scholarship Service:

(800) 239-5888

ACT Financial Aid Need Estimator (FANE):

(319) 337-1615

"The Student Guide" the U.S. Department of Education's student financial aid programs:

http://www.ed.gov/prog_info/SFA/StudentGuideFastWeb: <http://www.fastweb.com>Sallie Mae's College Answer: <http://www.salliemae.com>**1-888-888-3460****FOOD BANKS**

Emergency Food Information

(301) 907-9244

MANNA Food Center

(301) 424-1130

WIC (Women, Infants and Children) Program

(301) 762-9426**FOOD STAMPS**

MC Health and Human Services: Germantown

(240) 777-3420

Rockville

(240) 777-4600

Silver Spring

(240) 777-3100

Department of Health and Human Services (HHS)

(240) 777-4600**FOSTER CARE**

Foster Care:

(240) 777-3500

Foster Care homes information in Montgomery County:

(301) 217-1641

GED

General Educational Development (GED) program. Information available from Montgomery County Public Schools Adult Education: (301) 929-2025

Special college entrance testing for LD adults on the GED: (202) 939-9490

Download GED application at: <http://www.umbc.edu/alrc>

GED practice tests at: <http://www.gedpractice.com> and <http://www.gedtest.org>

GRIEF

St. Francis Center: (202) 363-8500

Hospice Caring, Inc. Hospice@hospicecaring.org (301) 869-4673

Compassionate Friends: (301) 299-7891

Montgomery County Emergency Services – a burial fund exists for families with no financial resources to provide burial services. Contact:

Silver Spring, Georgia Avenue (240) 777-3075

Rockville, Picard Drive (240) 777-4550

Germantown, Middlebrook (240) 777-4448

Association for Death Education and Counseling <http://www.adec.org/>

HEAD START

MCPS: (301) 230-0676

Totline: (301) 230-0688

HELPING HANDS

(301) 340-2796

HISPANIC

MCPS Hispanic Hotline number is: (301) 230-3073

ALCANZA: <http://www.geocities.com/CollegePrk/Grounds/3000>

National Hispanic Recognition Program: (202) 822-5900

MinorityCareer.com: <http://www.minoritycareer.com/>

ASPIRA of America: (202) 835-3600

INROADS – minority career development program: (215) 282-3000

Casa de Maryland, Inc. (help with immigration/home buying/employment,etc.)

Takoma Park: (301) 270-0442

Germantown: (240) 777-3499

TESS (Takoma – East Silver Spring) Center (301) 565-7675

Hispanics United of MD (301) 315-2245

Hispanic Heritage Youth Awards: <http://www.hispanicawards.org> (202) 861-9797

HOME AND HOSPITAL TEACHING

(301) 657-4963

HOME SCHOOLING (“Home Instruction” in MD State Law)

MCPS contact: Kris Leary: (301) 279-3150

National Homeschool Association: <http://www.n-h-a.org>

National Home Education Research Institute: <http://www.nheri.org/>

Homeschool Friendly Colleges: <http://rsts.net/colleges/>

Homeschooling and ADD: <http://www.mindspring.com/~jupton/jan4b.html>

Home Education Magazine: http://www.home-ed-press.com/wlcm_HEM.html

HOMELESS

MCPS Homeless Education Coordinator: (301) 279-3912

MSDE Homeless Education Coordinator: (410) 767-0293
Mont. Co. Dept. of Health and Human Services: (301) 315-4047

HOMEWORK HOTLINE (MCPS) (301) 279-3234

HONOR SOCIETIES

NHS selection criteria http://www.swopnet.com/ed/national_honor_society.html

HOSPITALS

Holy Cross Hospital (301) 754-7000
Montgomery General Hospital (301) 774-8882
Shady Grove Adventist Hospital (301) 279-3000
Suburban Hospital (301) 896-3100
Washington Adventist Hospital (301) 891-7600

HOTLINES

Montgomery County Hotline: (301) 738-2255
National Cocaine Hotline: 1-800-262-2463 (1-800-COCAINE)
National Spinal Cord Injury Hotline: (800) 526-3456
Shelter Line: (301) 424-9190
Maryland Youth Crisis Hotline: (800)-422-0009
MCPS Homework Hotline: (301) 279-3234
Sports Injury Line (Union Memorial Hospital) 1-888-44-SPORT
National Runaway Hotline: 1-800-621-4000
Alcohol Hotline: 1-800-527-5344
Suicide Hotline: (301) 738-2255
National Suicide Hotline 1-800-SUICIDE
Safe Schools Hotline (301) 517-5995

HOUSING

Housing Opportunities Commission (HOC): <http://www.hocweb.org> (301) 929-6700

INFANTS

MCPS Infants and Toddlers Program (240) 777-3997
Upcounty: (301) 548-4942
MidCounty: (301) 279-1033
DownCounty: (301) 649-8075

INTERNATIONAL STUDENT ADMISSIONS OFFICE (301) 230-0686

JETS (formerly Junior Engineering Technical Society)

JETS Test Contact: <http://www.jets.org> or (703) 548-5387

JEWISH SERVICES

Jewish Community Center (JCC): (301) 881-0100
Jewish Social Services Association (JSSA): (301) 881-3700

JOB CORPS PROGRAM:

Washington office: (202) 724-7080
Greenbelt office: (301) 982-1150

JUVENILE

Juvenile Court: (301) 279-1447
Department of Juvenile Services (DJS): (301) 279-1580
Department of Juvenile Justice: Rockville (301) 279-1580
Silver Spring (301) 650-6760

LEARNING DISABILITIES (See also **Disabilities**)

Learning Disabilities Association (local area) (301) 933-1076
Learning Disabilities Association of America: <http://www.ldanatl.org/> (412) 341-1515 or 8077
LD Online Home Page: <http://www.ldonline.org/>
National Center for Learning Disabilities: <http://www.NCLD.ORG/> (212) 545-7510
What Teachers Can Do About Learning Disabilities:
http://www.ldonline.org/ld_indepth/teaching_techniques/teaching-1.html
Council for Exceptional Children: <http://www.cec.sped.org/>

LEGAL AIDE

Legal Aid: (301) 942-8100
The Legal Aid Bureau, Inc. – Main Office (Riverdale) (301) 927-6800 or 1-888-215-5316
Montgomery County Satellite (301) 879-8752
Bar Association Of Montgomery County: (301) 424-3454
Bar Association Pro Bono Program (301) 424-7651
Lawyer referral: (301) 279-3100
Maryland Disability Law Center (Baltimore) (800) 233-7201

LINKAGES TO LEARNING

Department of Health and Human Services Office: (240) 777-1731
Contact: Paul Scott <http://www.emontgomery.org>

MARYLAND, University of

University of Maryland website: <http://www.umcp.umd.edu/>
Undergraduate admissions: (301) 314-8385
Univ. of Maryland system college applications <http://www.umsa.umd.edu/index>

METRO

Metrobus, Metrorail and Ride-On schedules: (301) 217-2225
Metrobus information: TDD: (202) 638-3780), (202) 637-7000

MOMS

Mental Health Association program for mothers: (301) 424-0056

MONTGOMERY COLLEGE

Website: <http://www.montgomerycollege.com>
Tech Prep Web site: <http://www.mc.cc.md.us/departments/techprep>
Rockville campus: switchboard (301) 279-5000
admissions (301) 279-5045
counseling: (301) 279-5063
assessment center: (301) 251-7459
disability support: (301) 279-5058
financial aid: (301) 279-5100
scholars program: (301) 279-5039
Germantown campus: switchboard: (301) 353-7700

admissions:	(301) 353-7818
counseling:	(301) 353-7770
assessment center:	(301) 353-7772
disability support:	(301) 353-7767
financial aid:	(301) 353-7812
Takoma Park campus: switchboard:	(301) 587-7207
admissions:	(301) 650-1500
counseling:	(301) 650-1480
assessment center:	(301) 650-1555
disability support:	(301) 650-1473
financial aid:	(301) 650-1506

MOTOR VEHICLE

Motor Vehicle Administration (MVA), Gaithersburg:	(800) 950-1682
	TDD: (800) 492-4574

NATIVE AMERICAN

American Indian Education Program	(301) 230-0659
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NCAA (National College Athletic Association) (See also: Athletics)

NCAA Clearinghouse: http://www.oes.uc.edu/StateU/html/ncaa_eligibility.html	(319) 337-1492
NCAA Online®: The official web site of the NCAA: http://www.ncaa.org/	

PARENT

Parent Involvement program of MCPS:	(301) 279-3374
ESOL Parents Center:	(301) 230-0670
Parent Information and Training Center (PITC):	(301) 657-4969
Bethesda Youth Services (Parent groups)	(301) 229-1349
Can We Talk? Parent’s guide to talking with kids http://www.canwetalk.org	
The Parent Warmline	(301) 929-WARM
Florence Crittenton Services of Greater Washington:	(301) 565-9333
Parent’s Place of Maryland:	(410) 712-0900
National Parent Teachers Association (PTA) http://www.pta.org	
The Parent Pages http://www.parentpagesmetro.com	(703) 698-8066

POISON

National Capital Poison Center:	(202) 625-3333
	TTY: (202) 362-8563
	Alternate phone: (202) 362-3867
Poison Information Center, Maryland:	(800) 492-2414

PROJECT EXCELLENCE (Contact: Pam Paroline)	(202) 966-8668
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PSAT/NMSQT (Preliminary SAT/National Merit Scholarship Qualifying Test)

General phone line at: http://www.collegeboard.com	(609) 771-7070
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RECREATION

Montgomery County Department of Recreation	(240) 777-6804
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RED CROSS

Montgomery County Chapter: http://www.redcross.org/	(301) 588-2515
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RETARDATION

Family & Community Resources, ARC/MC: (301) 984-5792
The Arc of Montgomery County: <http://www.arcmontmd.org> (301) 294-6840
American Association on Mental Retardation: <http://www.aamr.org/>

RIDE ON BUS (240) 777-7433

RUNAWAYS

Operation Runaway: (301) 251-4545
Open Door: (301) 770-0193, or, 1-800-486-OPEN
National Runaway Switchboard: (800) 621-4000, or, 1-800-621-3230
Fax: (773) 929-5150
TTY: (800) 621-0394

SAT

Students may register with credit card or get scores at: (800) SAT-SCORE
Counselors' HOTLINE available at: (888) SAT-HELP
General information line for the SAT available at: <http://www.collegeboard.com> (609) 771-7600

College Board Services for Students with Disabilities:

<http://www.collegeboard.com/disable/counsel/html/indx000.html> (609) 771-7137

SAT Prep Course in MCPS: (301) 929-2025

SAT PREP COURSES

MCPS Adult Education courses. Contact: Martha Price (301) 929-2025

<http://www.mcps.k12.md.us/adulted>

Studyworks (301) 924-8304
Stanley Kaplan (301) 986-8012
Princeton Review (800) 2-REVIEW
Certified Learning Center (301) 593-3700
Tenley Study Center (202) 362-3470
Summit Educational Group (202) 745-9211

SCHOLARSHIPS (See also: **Financial Aid**)

MCPS' website at: <http://filemaker.mcps.k12.md.us/scholarships/>

SCHOOL HEALTH SERVICES

MCPS Office at Rocking Horse Road Center: (301) 468-4529

SELF INJURY

Self Abuse Finally Ends (SAFE) information line: <http://www.selfinjury.com> 1-800-DONTCUT

SEXUAL ASSAULT

Victim Assistance & Sexual Assault crisis line: (301) 315-4357

Rape-Sexual Assault Victim Crisis Line: (240) 777-3000

SHELTER

Caithness Shelter Home (301) 924-2514

SMOKING

Students Oppose Smoking (SOS) <http://www.SOSnow.org> (301) 469-8678

Campaign for Tobacco-Free Kids <http://www.tobaccofreekids.org>

Kick Butts Day <http://www.kickbuttsday.org>
Tobacco Bulletin Board Service <http://www.tobacco.org>

SOCIAL SECURITY

To obtain Social Security cards:

(301) 427-2637, or, (800) 772-1213
TDD: (301) 933-8853

SPORTS

Sports Medicine: <http://www.rothmaninstitute.com/sportsmed/home.htm>

Sports Injury Line (Union Memorial Hospital)

1-888-44-SPORT

SSL (Student Service Learning) (See also Volunteer)

SSL website: <http://www4.mcps.k12.md.us/departments/pupilservices/studentsevicelearning/>

STUDENT AFFAIRS

MCPS Office of, (includes info. on SGA's, SMOB elections, etc.)

(301) 279-4957

www.mcps.k12.md.us/schools.sga/sao.html

MCPS policies concerning students: <http://www.mcps.k12.md.us/departments/policy/>

For "A Student's Guide to Rights and Responsibilities" <http://www.mcps.k12.md.us/info/randr/studntrr.html>

Montgomery County Region of the Maryland Association of Student Councils (the county-level high school student government organization) <http://www.mcps.k12.md.us/schools/mcr/>

Maryland Association of Student Councils <http://www.geocities.com/CapitolHill/Senate/7399/>

Maryland Leadership Workshops, Inc. (MLW) <http://www.mlw.org/>

SUICIDE

Suicide Hotline:

(301) 738-2255

National Suicide Hotline

800-SUICIDE

Maryland Youth Crisis Hotline

800-422-0009

American Association of Suicidology <http://www.suicidology.org>

American Foundation for Suicide Prevention <http://www.afsp.org>

National Alliance for the Mentally Ill (NAMI) <http://www.nami.org>

National Institute of Mental Health (NIMH) <http://www.nimh.nih.gov>

Suicide Awareness Voices of Education <http://www.save.org>

Suicide Prevention Advocacy Network USA <http://www.spanusa.org>

Surgeon General's Call to Action to Prevent Suicide, Washington, DC 1999

http://www.spanuse.org/HTML/SG_letter

TOEFL (Test Of English as a Foreign Language)

TOEFL <http://www.toefl.org>

1-(800) GO-TOEFL

VICTIM ASSISTANCE

Victim Assistance & sexual assault crisis line

(301) 315-HELP/(301) 315-4357

Victim Assistance & Sexual Assault Program, Mont. Co.

(240) 777-1355

National Organization For Victim Assistance:

(202) 232-6682

National Victim Center <http://www.nvc.org/>

VIOLENCE

Safe Schools Hotline

(301) 517-5995

UNICEF's site: <http://www.unicef-cdc.org/information/digests/violence/comba.htm>

Positive Behavioral Interventions and Supports: <http://www.pbis.org>

National Resource Center for Safe Schools <http://www.safetyzone.org>

1-800-268-2275

Crime Solvers (to report a crime or suspected crime):

(301) 217-2255

Keep Schools Safe (project of Attorneys General and National School Boards) <http://keepschoolssafe.org>
Warning Signs (project of American Psychological Association and MTV) **1-800-268-0078**
<http://helping.apa.org/warningsigns>

VISION

MCPS Office: **(301) 517-5070**
Columbia Lighthouse For The Blind: **(202) 462-2900**
Recording for the Blind & Dyslexic (recorded textbooks) <http://rfd.org/> **(609) 452-7990**
National Library Service for the Blind **(202) 707-5100**
Job Opportunities for the Blind (JOB) – National Federation of the Blind:
Baltimore office: **(410) 659-9314** Columbia office: **(410) 381-7171**

VOLUNTEER

MCPS SSL contact: Pam Meador at: **(301) 517-8225**
Volunteer Office at Family and Community Partnerships **(301) 279-3100**
Community Year of Montgomery County **(301) 424-0656**

VOTER REGISTRATION

Board of Supervisors of Elections: <http://www.co.mo.md.us/services/elections> **(301) 217-6450**

WOMEN

Commission for Women: **(301) 279-8301**
Counseling and Career Center: **(301) 279-1800**
American Association of University Women: <http://www.aauw.org>
Betty Anne Kranke Center – Domestic Violence **(240) 777-4210**

YMCA/YWCA

YMCA – Bethesda: **(301) 530-3725**
YWCA of the USA <http://www.ywca.org/>

YOUTH SERVICES

Bethesda Youth Services: **(301) 229-1347**
Gaithersburg GUIDE: **(301) 590-9864**
Kensington-Wheaton Youth Services: **(301) 933-2818**
Olney GUIDE **(301) 774-3581**
Rockville Youth Services **(301) 309-3390**
Silver Spring Youth Services **(301) 593-1160**
Upcounty Youth Services **(301) 353-9207**
Maryland Youth Crisis Hotline: **1-800-422-0009**