

**Comprehensive Health Education
Grade 6 Family Life and Human Sexuality**

Goal:

Maryland Voluntary State Curriculum Content Standard 4: Students will demonstrate the ability to use human development knowledge, social skills, and health enhancing strategies to promote positive relationships and healthy growth and development throughout the life cycle.

Enduring Understanding:

Knowledge of puberty and reproductive health are foundations for lifelong wellness.

Performance Indicators:

4.6.A.3. Apply knowledge about puberty to the reproductive process.

4.6.A.3.a. Describe how the changes during puberty prepare the body for reproduction.

4.6.A.3.b. Describe the process of human reproduction.

Comprehensive Health Education Grade 6 Disease Prevention and Control

Goal:

Maryland Voluntary State Curriculum Content Standard 7—Students will demonstrate the ability to apply prevention and treatment knowledge, skills, and strategies to reduce susceptibility and manage disease.

Enduring Understanding:

Healthy lifestyle skills reduce the risk of disease and promote optimal well-being.

Performance Indicators:

7.6.A.1. Differentiate between communicable and non-communicable diseases.

7.6.A.1.a. Examine communicable and non-communicable diseases and describe how they are transmitted.

7.6.A.3. Explain HIV/AIDS as a communicable disease.

7.6.A.3.a. Describe how HIV is transmitted and ways to prevent transmission.

7.6.A.7. Evaluate media messages (example “flu epidemic”).

7.6.A.7.a. Describe the impact that media messages have on control of disease.

7.6.A.7.b. Explore the influence that the media have on public fear and the resulting changes on human behavior.

7.6.A.7.c. Explain how the media provide ways of coping with disease.

7.6.A.8. Demonstrate an increased knowledge regarding the dangers of excessive exposure to the sun and methods of protection.

7.6.A.8.a. Identify three negative effects of unprotected excessive exposure to the sun.

7.6.A.8.b. Identify three risk factors for skin cancer.

7.6.A.8.c. Describe at least three personal behavior changes that will decrease the risk for skin cancer.

7.6.A.9. Demonstrate an increased knowledge of the harmful effects of tobacco as it relates to disease.

7.6.A.9.a. Identify diseases that are linked to the use of tobacco products.

- Lung diseases
- Heart and circulatory diseases
- Oral (mouth, tongue, throat) cancer

**FAMILY LIFE AND HUMAN SEXUALITY AND HIV/AIDS PREVENTION
PERMISSION FORM**

Student Name: _____

Daytime Phone Number of Parent/Guardian: _____

Please check YES or NO for each of the questions below.

I give permission for my student to receive instruction on Family Life and Human Sexuality. YES_____ NO_____

I give permission for my student to receive instruction on HIV/AIDS. YES_____ NO_____

Signature of Parent/Guardian

Date

Please complete and return this form to school no later than October 1st.