



## ROSA M. PARKS MIDDLE SCHOOL

*Dr. Donna Redmond Jones, Principal  
Mr. James T. Heintze, Assistant Principal  
Ms. Holli B. Swann, Assistant Principal*

September 2, 2009

Dear Parent/Guardian:

Your student is scheduled to take the Grade 7 comprehensive health education units on Family Life and Human Sexuality (FLHS), and Disease Prevention and Control. Instruction in these units is designed to help students develop a foundation for making responsible choices of behavior that will reflect respect for the individual and for others in the family and community. The Maryland State Voluntary Standards and the Montgomery County Public Schools performance indicators have been enclosed to inform you of the desired outcomes of the units.

If you would like more information about this aspect of the comprehensive health education program, you are invited to attend an informational meeting at the school on Thursday September 24<sup>th</sup> at 6:30 p.m. in the Media Center (room A110). Instructional materials will be reviewed and you will have an opportunity to discuss the program with the teachers. If you are unable to attend this meeting, but would like to review the materials, please call the school at 301-924-3180 to arrange a time to do this.

In accordance with the Code of Maryland Administrative Regulations (COMAR 13A.04.18), a parent/guardian must give signed permission before a student under the age of 18 may receive instruction related to human sexuality and/or sexually transmitted diseases, including HIV/AIDS. Instruction on FLHS is scheduled to begin after the instructional unit on Alcohol, Tobacco and Other Drugs and instruction on sexually transmitted diseases, including HIV/AIDS, is scheduled to begin after the FLHS unit. You may choose to have your student excused from either or both of these units. If excused, the student will participate in units under the supervision of a professional in an instructional setting.

Please complete the enclosed permission form and return it to school no later than Monday October 5th. If this form is not returned, your student will not be permitted to receive instruction on FLHS or HIV/AIDS and will participate in alternative units. Thank you for your cooperation.

Sincerely,

Donna Redmond Jones, Ph.D.  
Principal

**Comprehensive Health Education  
Grade 7 Family Life and Human Sexuality**

**Goal:**

Maryland Voluntary State Curriculum Content Standard 4: Students will demonstrate the ability to use human development knowledge, social skills, and health enhancing strategies to promote positive relationships and healthy growth and development throughout the life cycle.

**Enduring Understanding:**

Family and culture affect interpersonal relationships and lifelong wellness.

**Performance Indicators:**

**4.7.A.1. Describe how family members influence the development of adolescents.**

4.7.A.1.a. Describe the relationships that exist within a family.

**4.7.A.2. Examine the elements that contribute to family structure.**

4.7.A.2.a. Discuss how culture and customs affect interpersonal relationships.

4.7.A.2.b. Analyze the effect of family values on children.

Maryland Voluntary State Curriculum Content Standard 7—Students will demonstrate the ability to apply prevention and treatment knowledge, skills, and strategies to reduce susceptibility and manage disease.

**Enduring Understanding:**

Disease prevention is the result of decision-making and risk avoidance skills that promote lifelong wellness.

**Performance Indicators:**

**7.7.A.1. Differentiate between communicable and non-communicable diseases.**

7.7.A.1.a. Examine the role of the immune mechanism in responding to disease.

**7.7.A.3. Explain HIV/AIDS as a communicable disease.**

7.7.A.3.a. Describe how HIV is transmitted and ways to prevent transmission.

**7.7.A.10. Recognize and describe symptoms, effects on the body, treatment, and prevention of Sexually Transmitted Infections (STI). (e.g., syphilis, gonorrhea, chlamydia, herpes, genital warts, hepatitis).**

7.7.A.10.a. Classify STI as bacterial, viral, or parasitic.

7.7.A.10.b. List specific symptoms of STI.

7.7.A.10.c. Explain the impact STIs have on the contraction of other STI and/or HIV.

7.7.A.10.d. Describe the effects of STI on the body.

7.7.A.10.e. Examine various modes of treatment.

7.7.A.10.f. Compare ways to prevent STI.

7.7.A.10.g. Discuss reasons for regular STI screening by health care provider.



**FAMILY LIFE AND HUMAN SEXUALITY AND DISEASE PREVENTION AND  
CONTROL  
PERMISSION FORM**

Student Name: \_\_\_\_\_

Daytime Phone Number of Parent/Guardian: \_\_\_\_\_

**Please check YES or NO for each of the questions below.**

I give permission for my student to receive instruction on Family Life and Human Sexuality. YES \_\_\_\_\_ NO \_\_\_\_\_

I give permission for my student to receive instruction on Disease Prevention and Control YES \_\_\_\_\_ NO \_\_\_\_\_

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

**Please complete and return this form to school no later than October 5<sup>th</sup>.**