



ROSA M. PARKS MIDDLE SCHOOL

*Dr. Donna Redmond Jones, Principal
Mr. James T. Heintze, Assistant Principal
Ms. Holli B. Swann, Assistant Principal*

September 2, 2009

Dear Parent/Guardian:

Your student is scheduled to take the Grade 6 comprehensive health education units on Family Life and Human Sexuality (FLHS), and Disease Prevention and Control. Instruction in these units is designed to help students develop a foundation for making responsible choices of behavior that will reflect respect for the individual and for others in the family and community. The Maryland State Voluntary Standards and the Montgomery County Public Schools performance indicators have been enclosed to inform you of the desired outcomes of the units.

If you would like more information about this aspect of the comprehensive health education program, you are invited to attend an informational meeting at the school on Thursday September 24th at 6:30 p.m. in The Media Center (room A 110). Instructional materials will be reviewed and you will have an opportunity to discuss the program with the teachers. If you are unable to attend this meeting, but would like to review the materials, please call the school at 301-924-3180 to arrange a time to do this.

In accordance with the Code of Maryland Administrative Regulations (COMAR 13A.04.18), a parent/guardian must be notified before a student in Grade 6 may receive instruction related to human sexuality and/or HIV/AIDS. Instruction on FLHS is scheduled to begin after the instructional unit on Alcohol, Tobacco and Other Drugs and instruction on HIV/AIDS prevention is scheduled to begin after the FLHS unit. You may choose to have your student excused from either or both of these units. If excused, the student will participate in units under the supervision of a professional in an instructional setting.

Please complete the enclosed permission form and return it to school no later than Monday October 5th. If this form is not returned, your student will not be permitted to receive instruction on FLHS or HIV/AIDS and will participate in alternative units. Thank you for your cooperation.

Sincerely,

Donna Redmond Jones, Ph.D.
Principal

**Comprehensive Health Education
Grade 6 Family Life and Human Sexuality**

Goal:

Maryland Voluntary State Curriculum Content Standard 4: Students will demonstrate the ability to use human development knowledge, social skills, and health enhancing strategies to promote positive relationships and healthy growth and development throughout the life cycle.

Enduring Understanding:

Knowledge of puberty and reproductive health are foundations for lifelong wellness.

Performance Indicators:

4.6.A.3. Apply knowledge about puberty to the reproductive process.

4.6.A.3.a. Describe how the changes during puberty prepare the body for reproduction.

4.6.A.3.b. Describe the process of human reproduction.

Goal:

Maryland Voluntary State Curriculum Content Standard 7—Students will demonstrate the ability to apply prevention and treatment knowledge, skills, and strategies to reduce susceptibility and manage disease.

Enduring Understanding:

Healthy lifestyle skills reduce the risk of disease and promote optimal well-being.

Performance Indicators:

7.6.A.1. Differentiate between communicable and non-communicable diseases.

7.6.A.1.a. Examine communicable and non-communicable diseases and describe how they are transmitted.

7.6.A.3. Explain HIV/AIDS as a communicable disease.

7.6.A.3.a. Describe how HIV is transmitted and ways to prevent transmission.

7.6.A.7. Evaluate media messages (example “flu epidemic”).

7.6.A.7.a. Describe the impact that media messages have on control of disease.

7.6.A.7.b. Explore the influence that the media have on public fear and the resulting changes on human behavior.

7.6.A.7.c. Explain how the media provide ways of coping with disease.

7.6.A.8. Demonstrate an increased knowledge regarding the dangers of excessive exposure to the sun and methods of protection.

7.6.A.8.a. Identify three negative effects of unprotected excessive exposure to the sun.

7.6.A.8.b. Identify three risk factors for skin cancer.

7.6.A.8.c. Describe at least three personal behavior changes that will decrease the risk for skin cancer.

7.6.A.9. Demonstrate an increased knowledge of the harmful effects of tobacco as it relates to disease.

7.6.A.9.a. Identify diseases that are linked to the use of tobacco products.

- Lung diseases
- Heart and circulatory diseases
- Oral (mouth, tongue, throat) cancer

**FAMILY LIFE AND HUMAN SEXUALITY AND DISEASE PREVENTION AND
CONTROL
PERMISSION FORM**

Student Name: _____

Daytime Phone Number of Parent/Guardian: _____

Please check YES or NO for each of the questions below.

I give permission for my student to receive instruction on Family Life and Human Sexuality. YES _____ NO _____

I give permission for my student to receive instruction on Disease Prevention and Control YES _____ NO _____

Signature of Parent/Guardian

Date

Please complete and return this form to school no later than October 5th.

