



Northwood High School Gladiators

2009 MPSSAA State Cross Country Championship Meet

Saturday, November 14, 2009












3A Girls Race 10:30AM 3A Boys Race 11:30AM

Cross-Country team caravan leaves the Northwood media center parking lot by 8:00AM.

Directions:

Total Time: 1 hour 6 minutes Total Distance: 54.71 miles

A: 919 University Blvd W, Silver Spring, MD 20901-1055

- | | | |
|---|---|------------|
|  | 1: Start out going LEFT out of the Northwood parking lot on UNIVERSITY BLVD W/MD-193 E toward CADDINGTON/GABLE AVE. | 0.4
mi |
|  | 3: Turn LEFT onto COLESVILLE RD/US-29 N. Continue to follow US-29 N. | 22.2
mi |
|  | 4: Merge onto I-70 E via EXIT 25A toward BALTIMORE. | 4.2
mi |
|  | 5: Merge onto I-695 N/BALTIMORE BELTWAY INNER LOOP via EXIT 91B toward I-95 N/NEW YORK/TOWSON. | 12.2
mi |
|  | 6: Merge onto I-83 N via EXIT 24 toward TIMONIUM/YORK PA. | 12.8
mi |
|  | 7: Take the MT CARMEL RD E exit, EXIT 27, toward HEREFORD. | 0.4
mi |
|  | 8: Turn SLIGHT RIGHT onto MT CARMEL RD/MD-137. | 0.4
mi |
|  | 9: Turn LEFT onto YORK RD/MD-45. | 0.5
mi |
|  | 10: End at 17301 York Rd Parkton, MD 21120-9757 Hereford High School Staff will direct you to parking in one of the fields adjacent to the school or across the street. | |

B: 17301 York Rd, Parkton, MD 21120-9757

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