



2009-2010
GAITHERSBURG
MIDDLE SCHOOL
ATHLETICS &
INTRAMURALS
PROGRAM



ATHLETIC COORDINATOR – MS. KENEALY
INTRAMURAL COORDINATOR – MR. WHITLOW
PRINCIPAL – MS. GODDARD
SCHOOL PHONE NO. (301)-840-4554

GAITHERSBURG MIDDLE SCHOOL OFFERS INTRAMURAL AND ATHLETIC ACTIVITIES AFTER SCHOOL ALL YEAR TO GIVE STUDENTS THE OPPORTUNITY TO CONTINUE TO BUILD UPON THE FOUNDATIONS SET IN PHYSICAL EDUCATION CLASSES DURING THE DAY. THIS PROGRAM ALLOWS STUDENTS TO BE MONITORED IN A SAFE FRIENDLY ATMOSPHERE AND PROVIDES BOTH CONTINUED LEARNING AS WELL AS SOCIAL DEVELOPMENT THROUGH SPORTS.

THIS PACKET CONTAINS SOME GENERAL INFORMATION ABOUT THE PROGRAM AS WELL AS SOME FORMS THAT MAY BE COMPLETED IF YOUR CHILD WISHES TO TRY-OUT/PARTICIPATE. AS ACTIVITY SCHEDULES ARE CONSTANTLY CHANGING, STUDENTS ARE ADVISED TO LISTEN TO MORNING ANNOUNCEMENTS AND CHECK THE ACTIVITIES BOARD NEAR THE CAFETERIA AND BY THE GYM FOR UPDATED INFORMATION

IF YOU HAVE ANY QUESTIONS, FEEL FREE TO CONTACT MS. KENEALY (FOR 7TH & 8TH GRADE SPORTS TEAMS) OR MR. WHITLOW (FOR INTRAMURALS - ALL GRADES) AT 301-840-4554.

THANK YOU FOR YOUR SUPPORT!!

INTRAMURALS

PHILOSOPHY

The middle school intramural program is an extension of the regular physical education instructional program, involving sports and recreational activities conducted before and/or after-school among students in the same school.

All intramural activities are treated equally in terms of resources, facilities, selection of staff, and allocation of supplies and equipment.

Intramural programs should provide students with a variety of interesting, diverse, and challenging activities to accommodate differing levels of need, skill, readiness, and interests.

Each school's program should be individualized to reflect the needs and interests of all its students.

The primary reason for participation is enjoyment of the activity rather than pressure to win. Such an environment will enable students to grow, develop positive attitudes, increase self-esteem, and enjoy positive social interactions, and broaden their leisure horizons.

PROPOSED LIST OF ACTIVITIES FOR 2009-2010

- **Volleyball**
- **Basketball**
- **Flag Football**
- **Tennis**
- **Field Hockey**
- **Street Hockey**
- **Soccer**
- **Wrestling**

ATHLETICS

PHILOSOPHY

Montgomery County Public Schools (MCPS) includes thirty-eight middle schools, grades six through eight, with a total middle school enrollment of over 29,000 students. The middle school athletic program consists of three seasons and includes: boys' and girls' softball, and co-ed cross country in the fall; boys' and girls' basketball in the winter; and boys' and girls' soccer in the spring. Seventh and eighth grade students who meet the MCPS eligibility requirements are eligible to participate in the middle school athletic program.

Interscholastic sports are open to all Seventh and Eighth grade students.

- Students must have an 2.0 GPA
- Student activity fee paid
- Current medical on file with health room
- Parent permission
- Medical card form
- Health form

<u>Fall Sport</u>	<u>Winter Sport</u>	<u>Spring Sport</u>
<u>Boys Softball</u>	Boys Basketball	Boys Soccer
<u>Girls Softball</u>	Girls Basketball	Girls Soccer



***ALSO CO-ED CROSS COUNTRY
4 MEETS HELD IN THE FALL SEASON!!***

COACHES /TRY-OUT START DATES / ETC.

SOFTBALL – EARLY SEPTEMBER

BOYS COACH – MR. ERIC BRITTON

GIRLS COACH – MRS. JENNIE WOO

CO-ED CROSS COUNTRY – MR. ED MIEHLE

BASKETBALL – MID - NOVEMBER

BOYS COACH – MR. DEVON WILLIAMS

GIRLS COACH – TO BE ANNOUNCED

SOCCER – LATE MARCH

BOYS COACH – TO BE ANNOUNCED

GIRLS COACH – MR. ERIC BRITTON

If you have any questions about trying out for one of the teams, please **see the coach** or **Mrs. Kenealy** for more information.