

Counselor's Corner

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DuFief ES

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A publication of ideas, activities and information devoted to home and school connections.

Classroom Guidance

Classroom guidance is one part of the Comprehensive School Counseling Program at DuFief. I visit each classroom on a three-week rotation to teach them about a variety of skills in five areas of development: academic, personal, interpersonal, health and career. Lessons this first quarter will focus primarily on the interpersonal area of development. Strategies such as DeBug, I- Messages, Rules for Fighting Fair, and No Put Downs will be taught to different grade levels in an effort to improve peer relations, social skills, and problem solving skills. My lessons this year will also focus heavily on the different character pillars. These types of lessons will continue throughout the school year.

A description of the complete Comprehensive School Counseling Program at DuFief can be found on DuFief's website.

Character Counts!

As a city of Gaithersburg school, we focus on six pillars of character.
Each pillar is the focus of designated months.

October: **Responsibility**

January: **Caring**

March: **Fairness**

Nov./Dec.: **Respect**

February: **Trustworthiness**

April: **Citizenship**

Parent Education Information

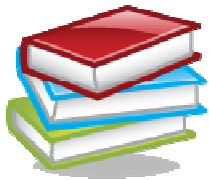
Parent Workshops

The below link connects to the MCSP Parent Academy workshops. Topics include helping your child succeed in middle school, managing your finances, navigating the school system, computer skills, understanding ADHD, bullying prevention, high school graduation requirements, helping teens make good decisions, and many more.

<http://www.montgomeryschoolsmd.org/departments/parentacademy/>

Parent Information Bulletin Board

Come take a look at the parent information bulletin board located right across from the PTA bulletin board. The bulletin board includes information about a wide variety of community services such as outside counseling resources, parent education/support, and extra-curricular opportunities for children.



Parent Lending Library

The parent lending library is in the Counselor's office on the bookshelf closest to the desk. Topics include: discipline, homework, ADHD, friendship and social skills, bullying, general parenting and more. Book titles can be found on the DuFief website.

Special Events

* DuFief's annual Career Day will be Friday, April 23, 2010.