

Cougar Courier

Cabin John Middle School

6300 Tilden Lane, Rockville, Maryland 20852

Dr. Paulette L. Smith, Principal

October 15, 2009

◆ **Principal's Message:**

The first marking period of the school year ends on Friday, October 30, 2009. We are pleased to announce our 2009 Fall conference format. Conferences will be held on November 11th, 2009. Teams will be inviting parents to attend conferences between 12:30 p.m. and 3:00 p.m. Teachers will be available for 5 minute informal conferences between 4:00 p.m. and 6:00 p.m. If you do not receive an invitation for a parent conference, please feel free to attend the 4:00 p.m. - 6:00 p.m. informal conference session. As always, teams are available for conferences during the school year upon special request through the guidance department.

◆ **Important Dates to Remember:**

- Friday, October 16, 2009 – MSTA Convention – No School for Students and Teachers
- Friday, October 23, 2009 – Individual Student Photo Make-Up Day during P.E. Class
- Thursday, October 29, 2009 – 7th Grade Field Trip to Medieval Times, Hanover, MD
- Friday, October 30, 2009 – First Marking Period Ends
- Monday, November 2, 2009 – Professional Day for Teachers, No School for Students
- Wednesday, November 11, 2009 – Parent Conference Day
- Wednesday, November 11, 2009 and Thursday, November 12, 2009 – Early Dismissal Days
- Friday, November 13, 2009 – PTSA Multi-Cultural Night – 6:00 p.m. – 8:00 p.m.

◆ **Final Frontiers:**

Ask your child about the opportunity to participate in the Final Frontiers. Please visit the website for more details:

<http://www.montgomeryschoolsmd.org/SCHOOLS/WOOTTONHS/academics/science/finalfront/>

◆ **International Night:**

The Cabin John Middle School (CJMS) PTSA has announced its plans for the 2009 CJMS International Night! Please be sure to mark your calendar for November 13, 2009, from 6:00 p.m. to 8:00 p.m., the PTSA invites you to attend this wonderful event that highlights the cultural diversity of our community. All families are invited to participate by having a display of arts and crafts, interesting facts, and performances that will show each country's rich culture. Please visit the CJMS website for more information:

http://www.montgomeryschoolsmd.org/schools/cabinjohnms/flyers/International_Night_09.pdf

◆ **H1N1 (Swine) Flu Update**

Please read the message from the Montgomery County Department of Health and Human Services (DHHS) regarding the availability of the seasonal flu and the H1N1 (swine) flu vaccination, which is on the reverse side of this page. The Centers for Disease Control and Prevention is recommending that *everyone* get vaccinated this year. If you wish to obtain the seasonal flu vaccine for your child, DHHS will be conducting clinics throughout the county. As we receive further details about the H1N1 (swine) flu community clinics, we will provide you with that information.

Recently, your child learned flu prevention tips in science class. We are hopeful the healthy tips they learned are practiced regularly at home and school. Remember, that children should be fever-free for 24-hours before returning to school, and have an absence note when he/she returns to school. If you have further questions, speak with your health care provider or school nurse.

*****PLEASE READ IMPORTANT INFORMATION ON THE REVERSE*****