



DO YOU LIKE
TO RUN????



Come out for the CJMS

CROSS COUNTRY TEAM!

Cross Country practice times are 3:00 to 4:00 pm every Wednesday and Thursday.

Tryouts will begin Thursday, 9/4 at 3:00p.m.

Only 7th and 8th students who are academically eligible are allowed to tryout. **In order to participate the first day of tryouts you must have:**

- * Medical Evaluation (signed by a doctor and parent)
- * Parent Permission Slip (signed by parent)
- * Medical Card (signed by parent)

****See Srta. Scaringi in P102 if you have any questions****

